



KLİNİK
ONKOLOJİ
DERNEĞİ



BCC 2013

13th St. Gallen International Breast
Cancer Conference 2013

Primary Therapy of Early Breast Cancer
Evidence, Controversies, Consensus

13–16 March 2013, St. Gallen/Switzerland



Dr. Adnan Aydiner
Dr. Ahmet Kizir
Dr. Vahit Ozmen
Dr. Merdan Fayda

Summary of St Gallen consensus 2013
Istanbul University Institute of Oncology, 29 Mart 2013

Geographical and professional composition of the consensus panel at St Gallen 2013

A total of 48 breast cancer experts (including 2 chairmen) from 21 countries worldwide

Europe	25
USA, Canada and South America (Peru)	17
Austal-Asia (Australia, China and Japan)	6

Professional composition

Medical oncology	27
Surgery, gynaecology	13
Pathology, basic research	4
Radio-oncology	2
Statistics, epidemiology	2

Conference Topics

Surgery

Radiation therapy

Pathology

Adjuvant systemic therapy

Follow up

Conference Topic

Surgery

**When considering
breast conserving surgery
which factors are
contraindication?**

Selection Criteria for BCT

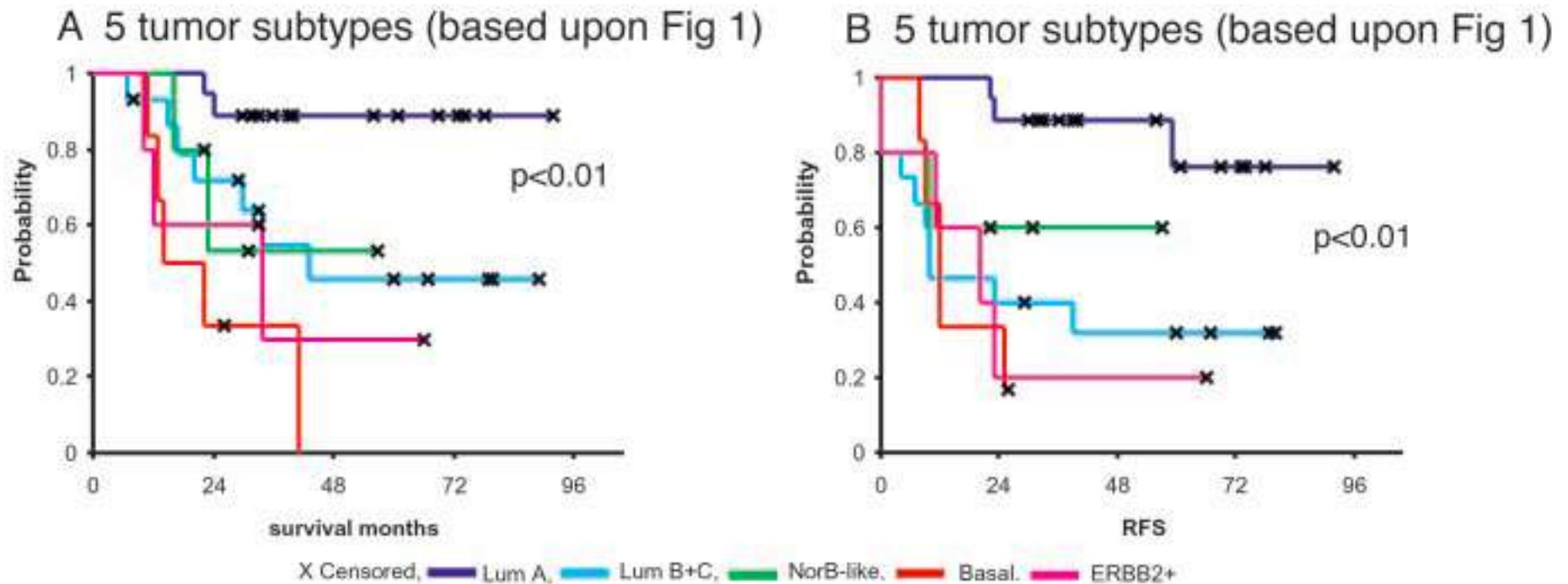
Biological

- Histology
- Grade
- Nodal status
- ER
- HER2

Mechanical

- **Extent of disease in breast**
 - Negative margins
 - Diffuse calcifications
 - Multicentricity
- **Ability to give RT**
 - Prior RT
 - Active SLE, scleroderma

DFS and OS by Subtype



Characteristics By Subtype

n=6072

	ER/PR+ HER2-	ER/PR+ HER2+	ER- HER2+	ER/PR- HER2-	P-value
%High Grade	29	62	88	85	<.0001
%Multifocal/cen tric	27	30	37	22	<.0001
%EIC	15	25	27	9	<.0001

Molecular Subtype and LR After BCT

Study	Time	n	%LR			
			Lum A	Lum B	HER2*	Basal
Millar	5 yr	498	1.0	4.3	7.7	9.6
Voduc	10	1461	8	10	21	14
Arvold	5yr	1434	0.8	2.3	10.9	8.8

* No adjuvant trastuzumab

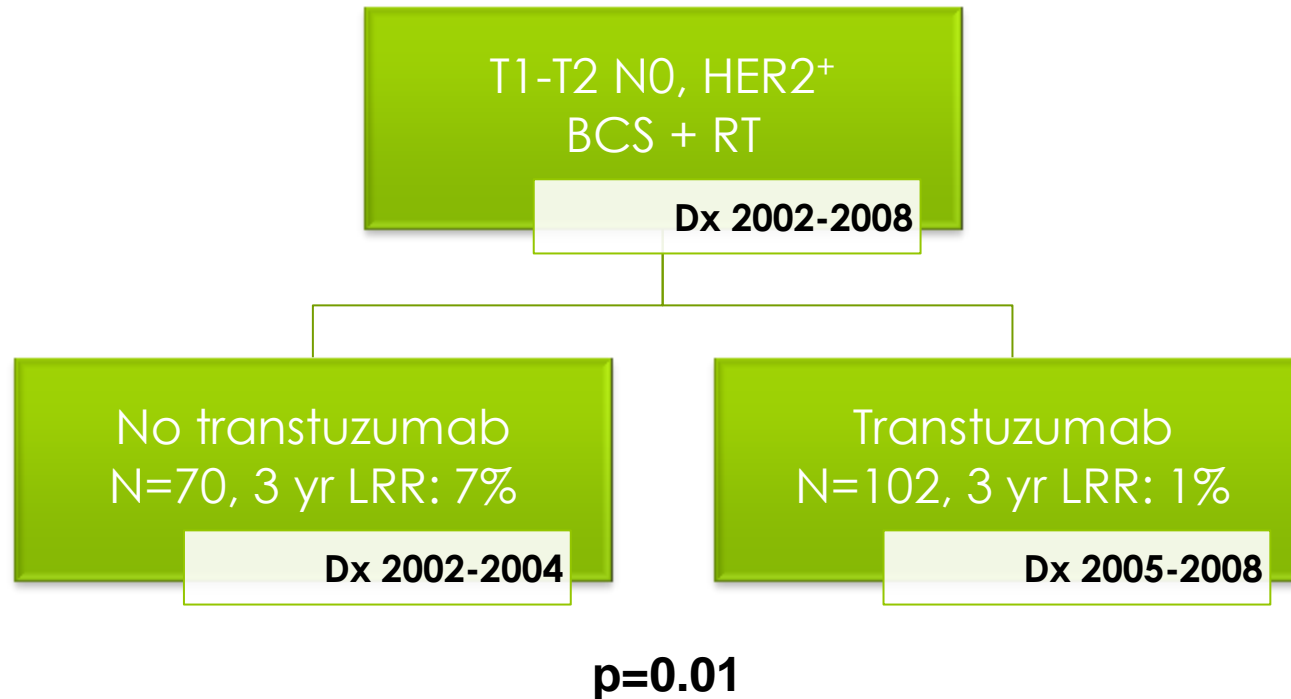
Molecular Subtype and LR After Mastectomy

Study	Time	n	%LR			
			Lum A	Lum B	HER2*	Basal
Kyndi	5 yr	498	2	3	13	21
Voduc	10	2985	8	14	17	19

* No adjuvant trastuzumab

Effect of Trastuzumab on LRR in HER2+ Patients

Memorial Sloan-Kettering Cancer Center



Is there evidence in the higher-risk triple negative subset that bigger surgery is better surgery?

LRR in triple negative Breast Cancer T1, T2 N0

	BCT (n=223)	MRM, No RT (n=235)	p
5 yr LRR free survival	96%	90%	0.022

○ Multivariate HR: MRM vs BCT

- 2.52, 95% CI 1.11-5.72; p=.027
- 2.53, 95% CI 1.12-5.75; p=.026

The proven risk factors for LR after BCT (HR>2)

- Gross incomplete resection (invasive and DCIS): everybody knows
- No radiotherapy
- Young age (<35 yrs)
- Biology: BRCA1/2, gene signature?

Conclusions

- Locoregional outcomes vary by molecular subtype.
- Bigger surgery does not overcome bad biology.
- Effective systemic therapy decreases LR.
- Increasingly effective multimodality therapy offers
- The chance to decrease surgical morbidity.

Who should not have BCT?

To conclude for coming Monday:

Family history of BC:

- No

BRCA1/2 mutation carrier:

- Not in itself, risk must be discussed

Involved margins:

- YES, after maximal/optimal attempt to achieve clear margins

Who should not have BCT? To conclude for coming Monday:

No possibility for adequate radiotherapy:

- YES

Unfavorable biology on gene expression profiling:

- ?, needs further research

Patient prefers mastectomy:

- YES, provided patient is informed well in a neutral way

When considering breast conserving surgery which of the following factors are basic contraindication?

1

Young Age <35; <40

2

Extensive or diffuse microcalcifications

3

Multifocal disease

4

Multicentric disease

5

Tumor close to nipple

7

Extensive vascularization

8

Extensive intraductal component

9

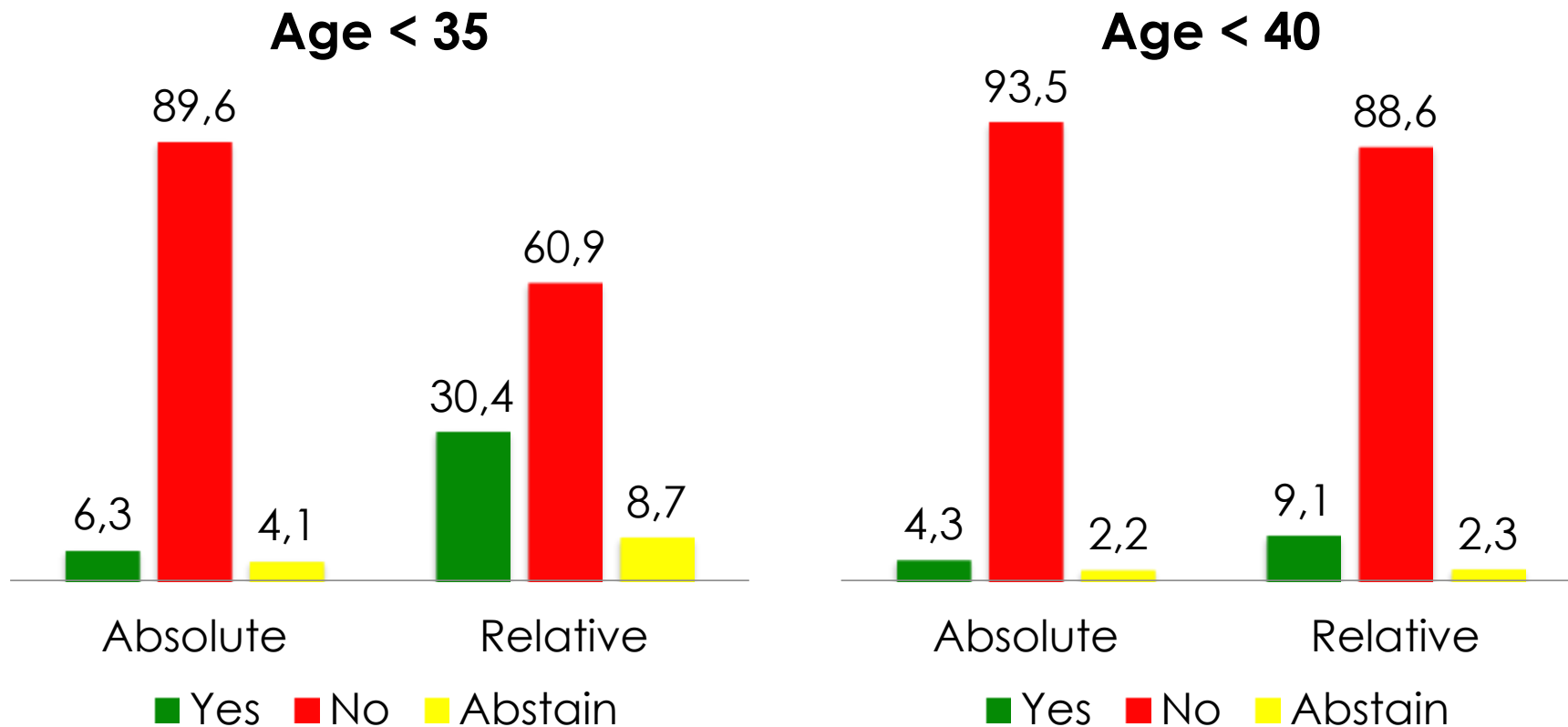
Lobular histology

When considering breast conserving surgery the following factor is contraindication

Important: In the following questions, answering Yes in "Absolute" meant that the panelist had to abstain in the subsequent question on "Relative".

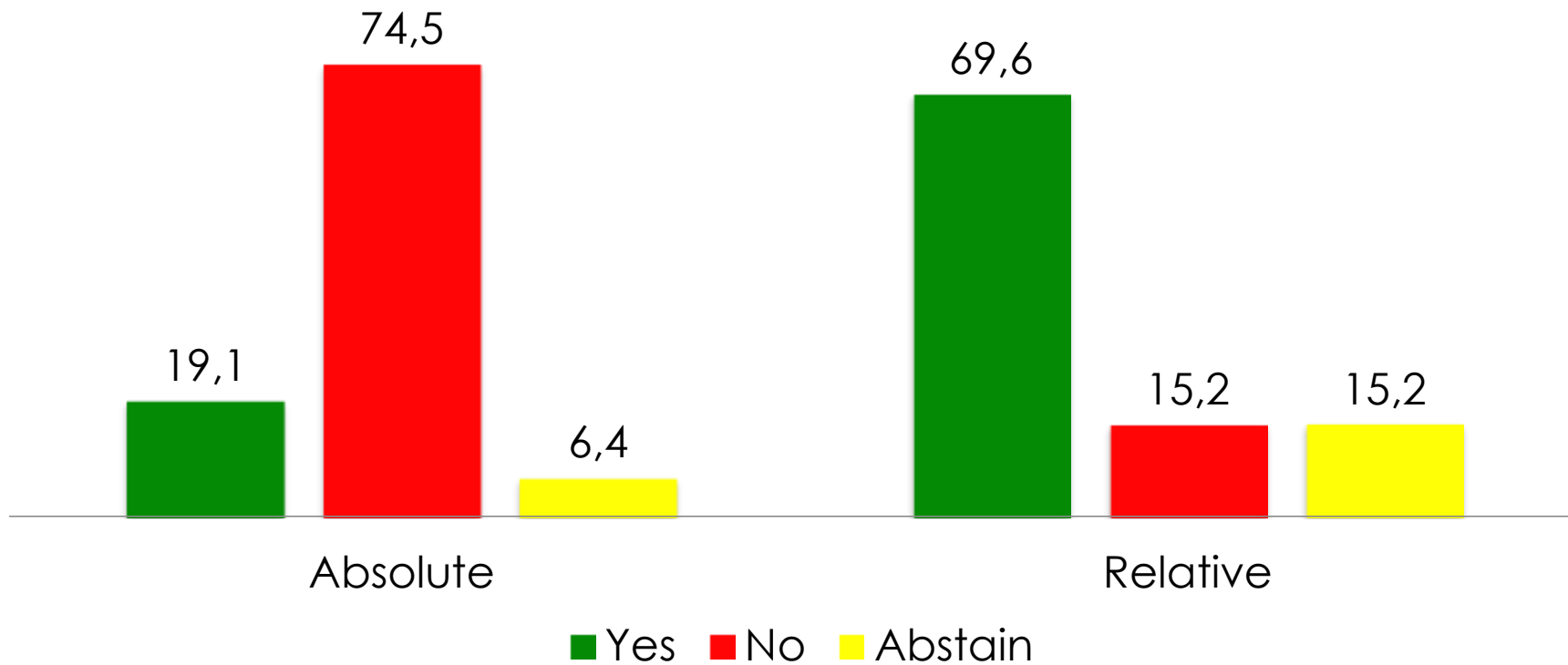
For abstain: Panelists were advised to abstain if they felt that the issue had insufficient data, or if the panelist did not consider themselves an expert in that particular issue, or if there was a potential conflict of interest.

When considering breast conserving surgery the following factor is contraindication



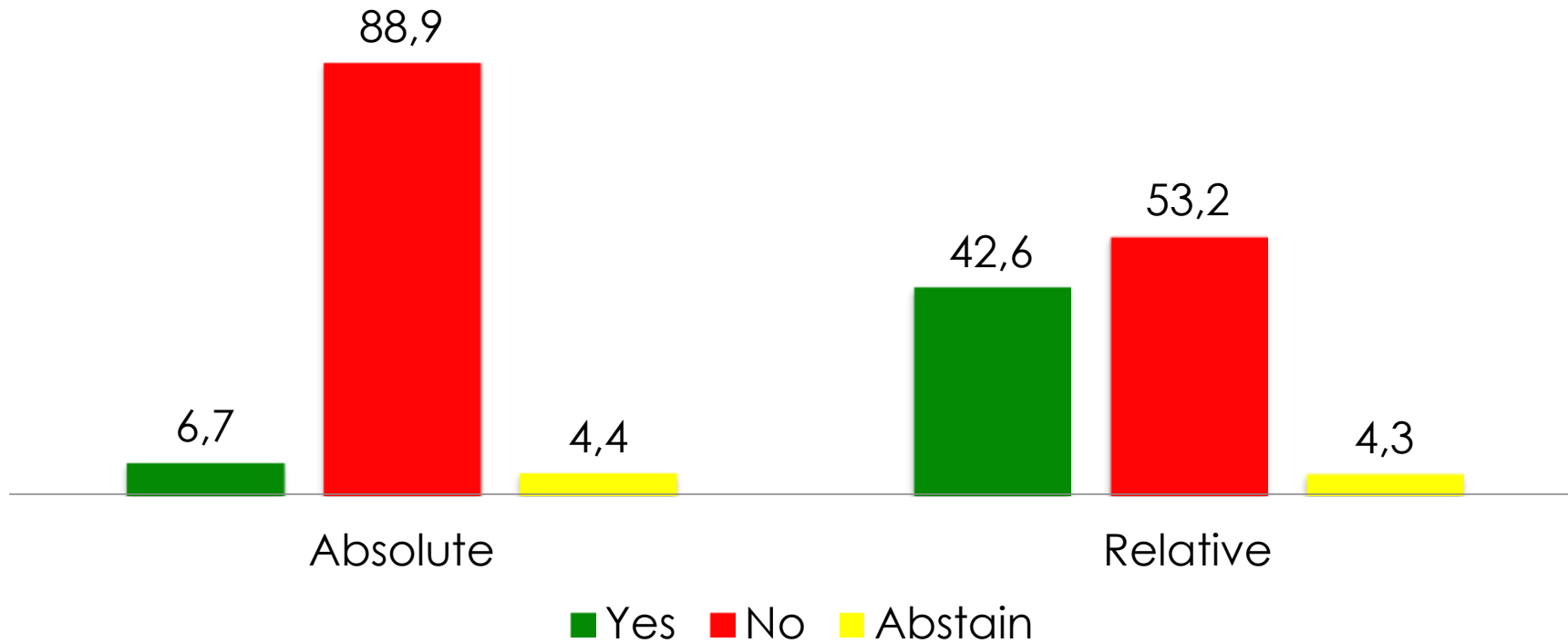
When considering breast conserving surgery the following factor is contraindication

Extensive or diffuse microcalcifications



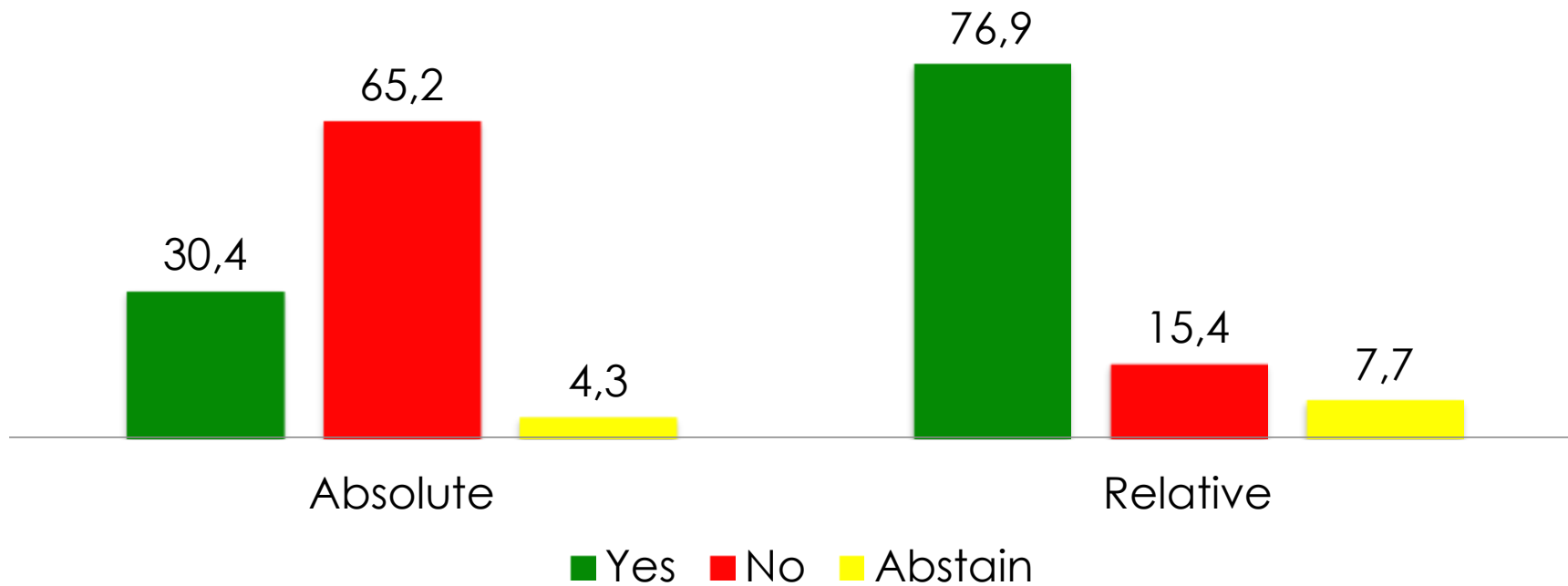
When considering breast conserving surgery the following factor is contraindication

Multifocal Disease



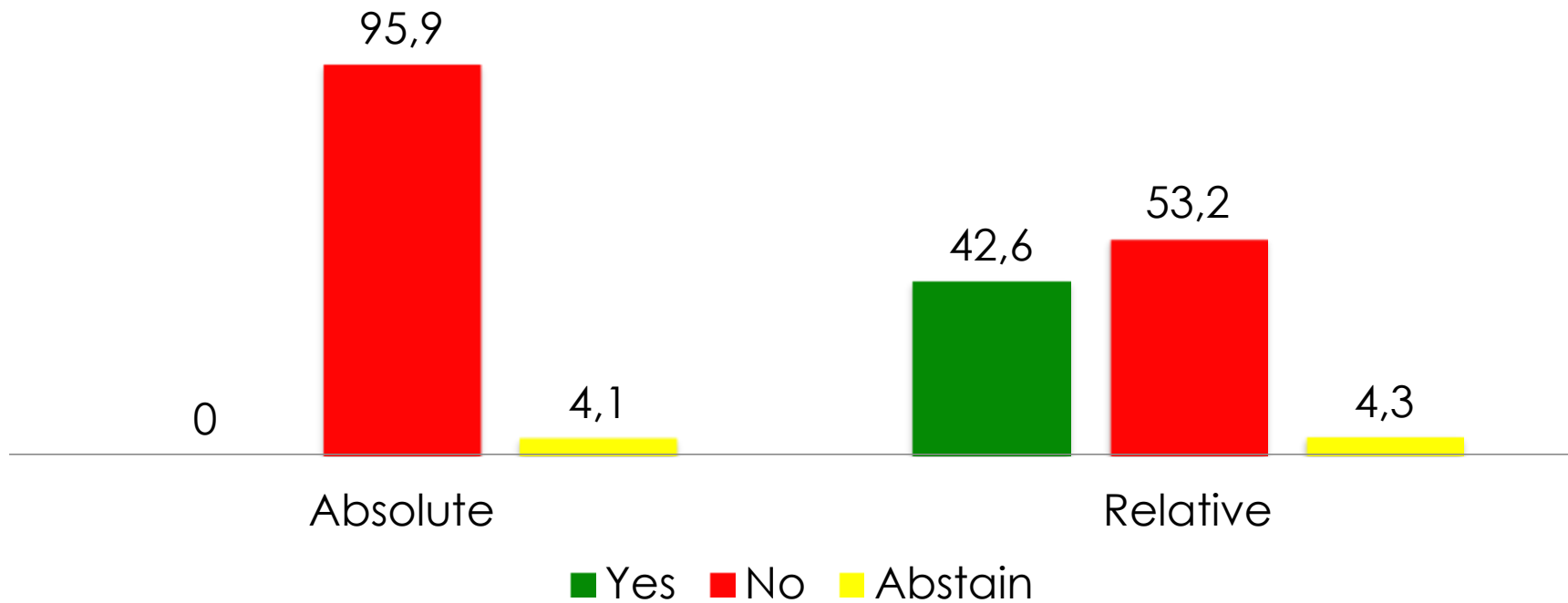
When considering breast conserving surgery the following factor is contraindication

Multicentric Disease

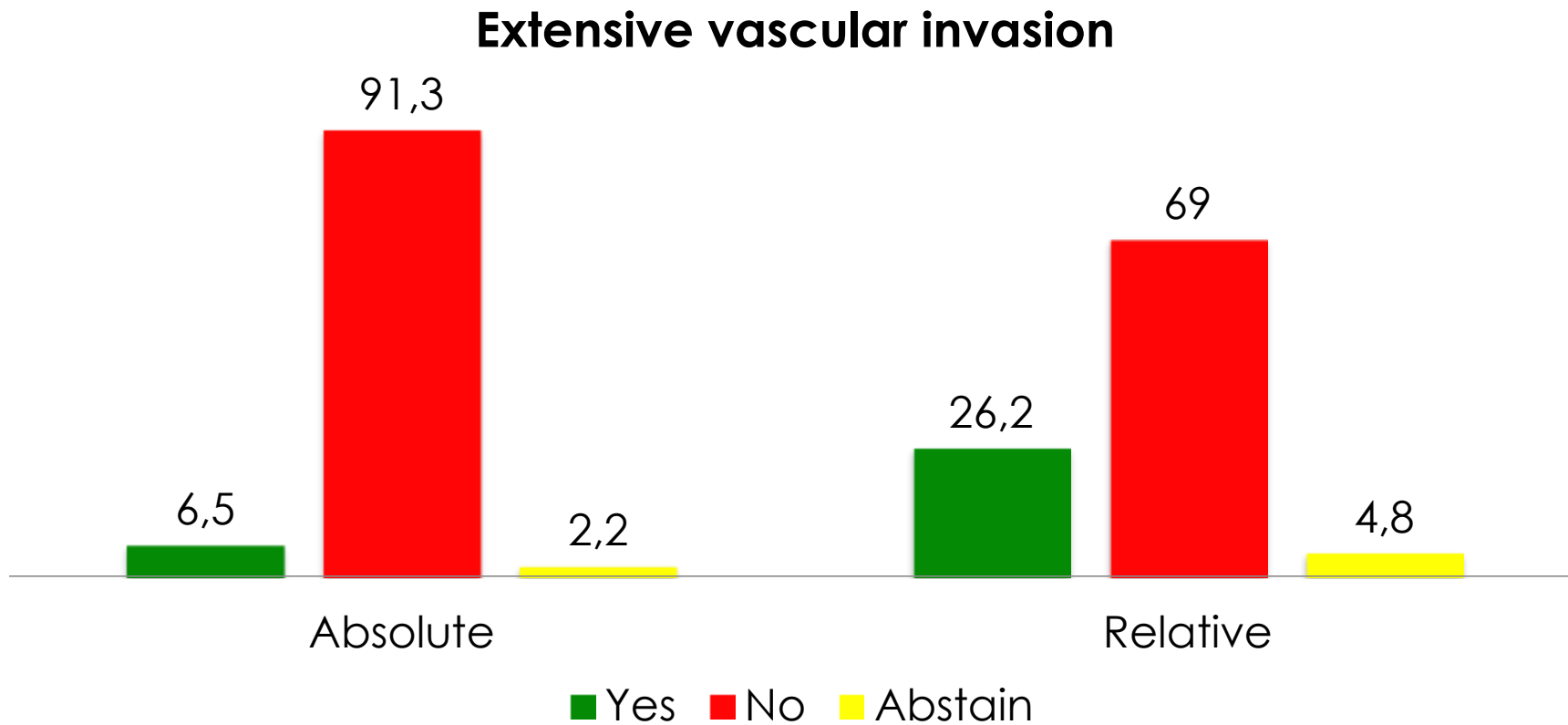


When considering breast conserving surgery the following factor is contraindication

Tumor close to nipple

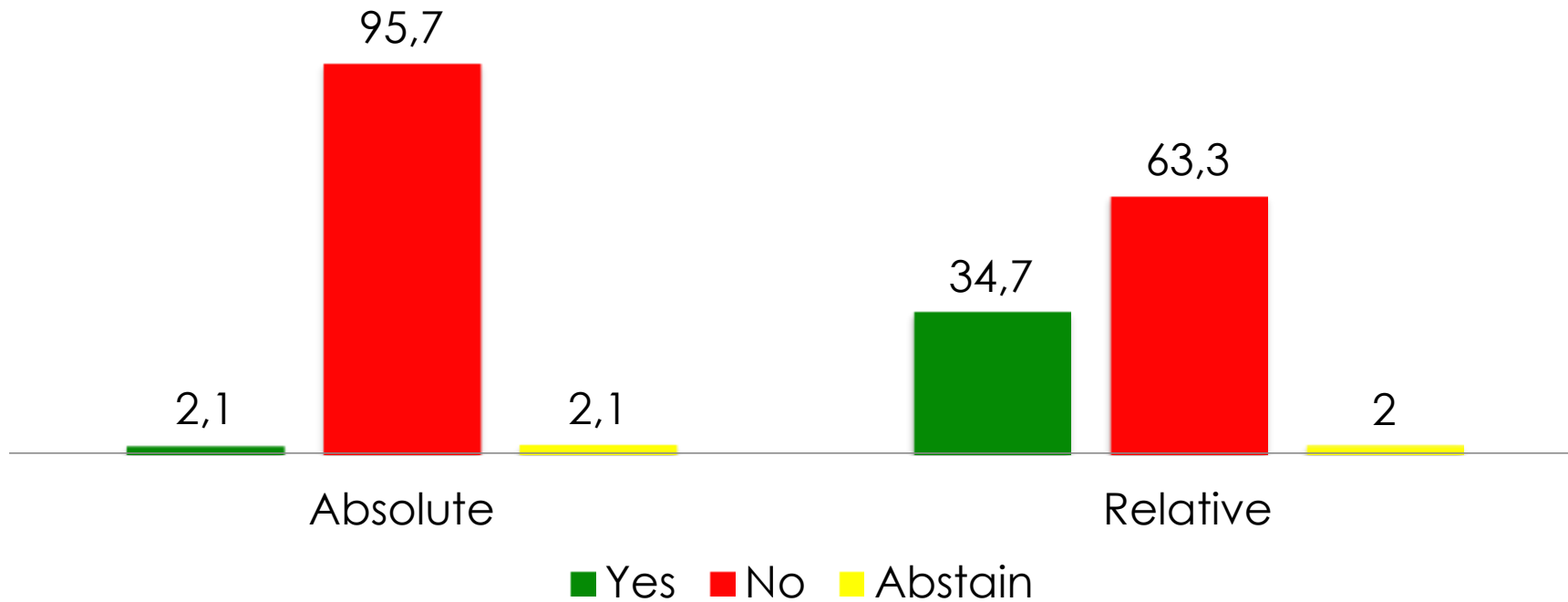


When considering breast conserving surgery the following factor is contraindication

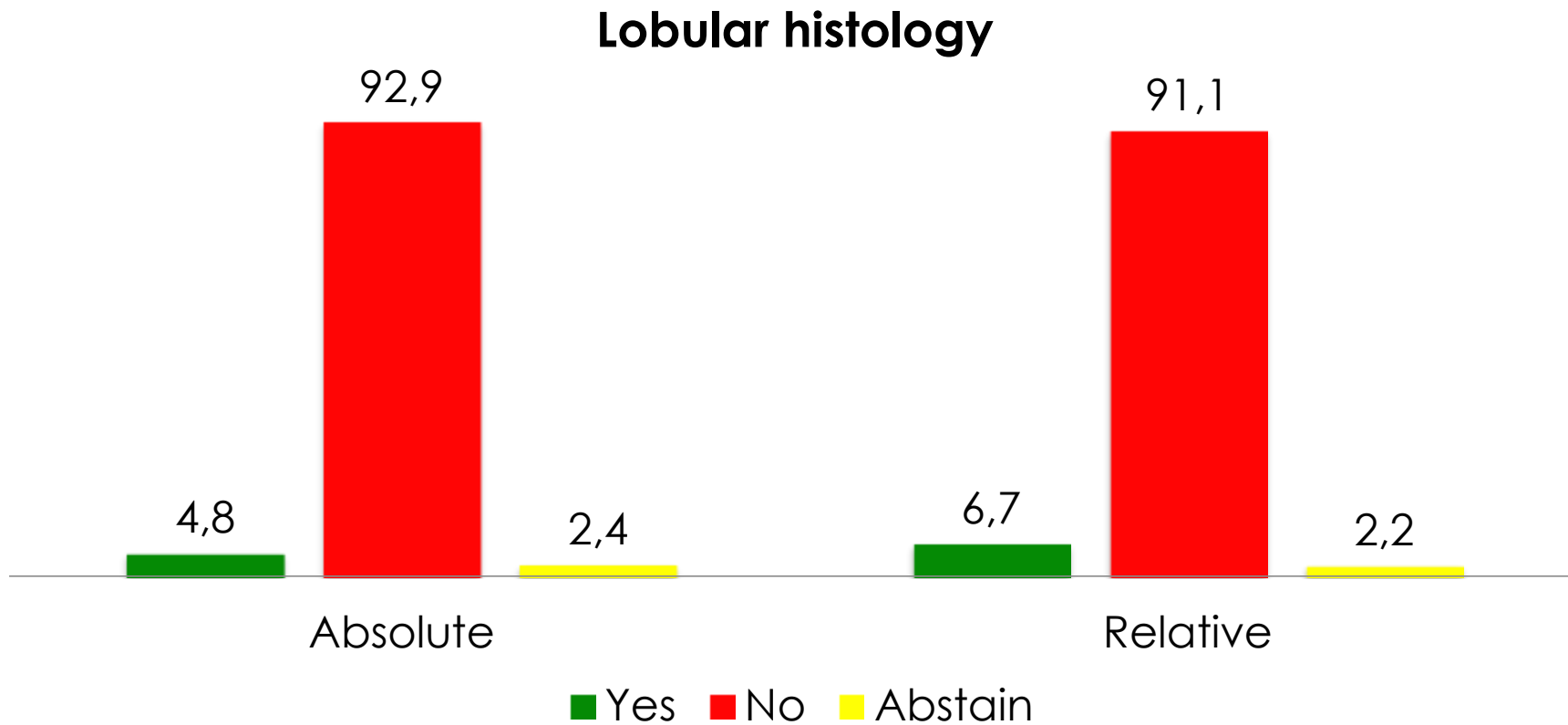


When considering breast conserving surgery the following factor is contraindication

Extensive intraductal component



When considering breast conserving surgery the following factor is contraindication



consensus

When considering breast conserving surgery the following basic factors **ARE NOT ABSOLUTE** contraindications.

1

Young Age <35; <40

2

Extensive or diffuse microcalcifications

3

Multifocal disease

4

Multicentric disease

5

Tumor close to nipple

7

Extensive vascularization

8

Extensive intraductal component

9

Lobular histology

consensus

When considering breast conserving surgery
the following basic factors are **RELATIVE**
contraindications.

1

2

Extensive or diffuse microcalcifications

3

4

Multicentric disease

5

7

8

9

When considering breast conserving surgery which of the following factors are relative contraindications?

1

Family history

2

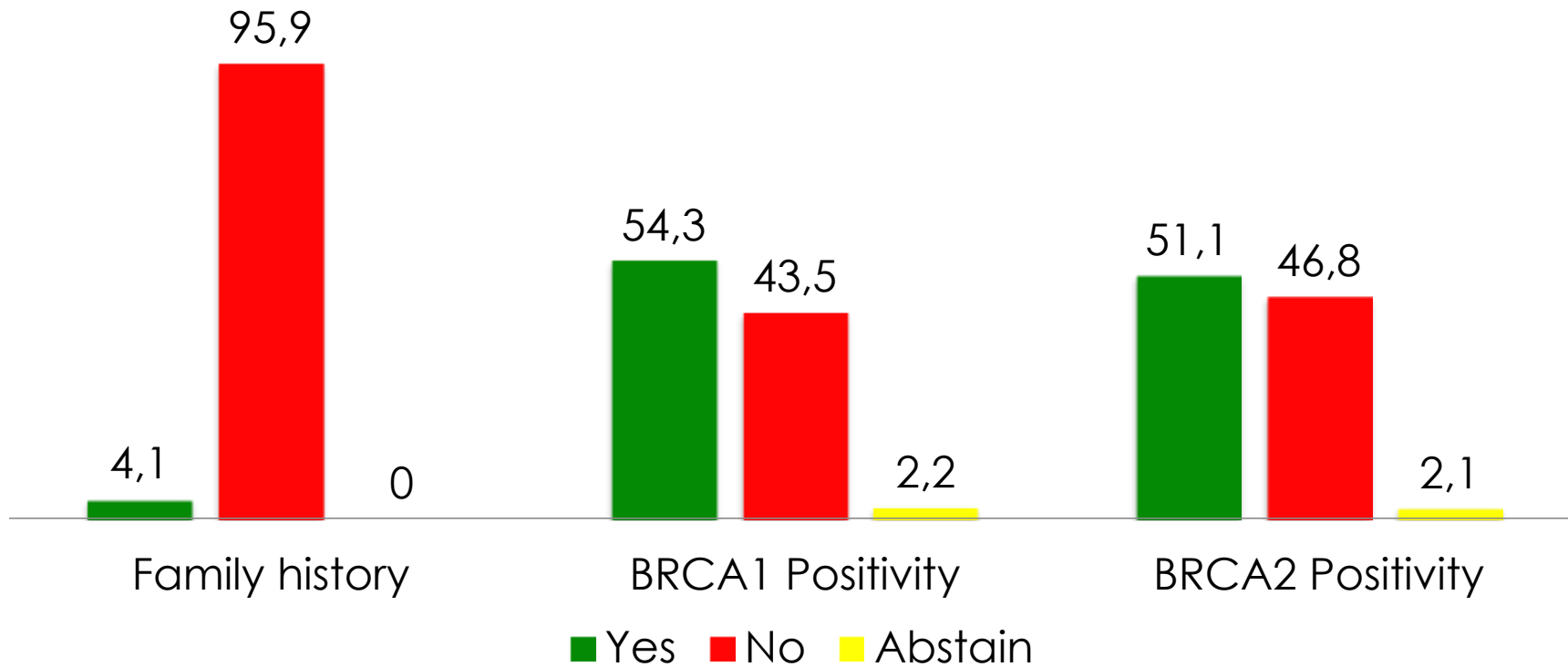
BRCA1 positivity

3

BRCA2 positivity

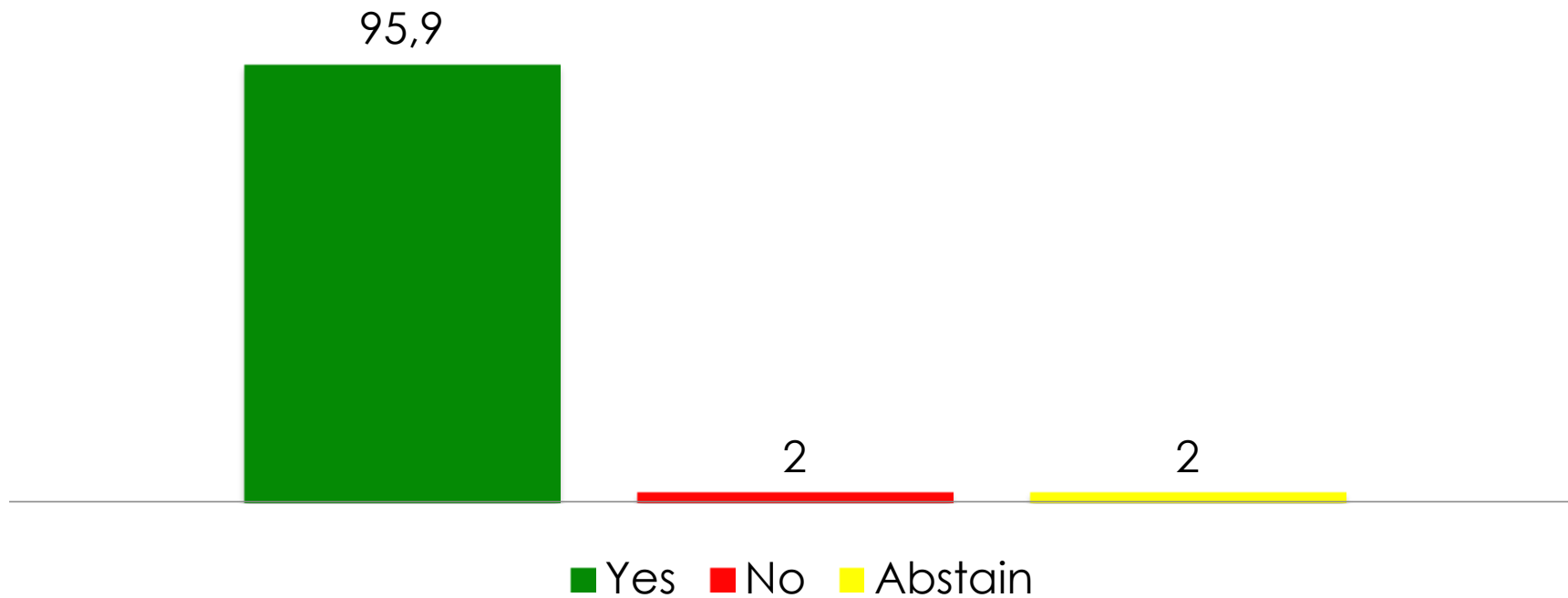
4Involved margins after repeated excisions
(including DCIS)**5**Unfavourable biology on gene
expressing/sequencing**6**contraindications to breast irradiation that should
follow breast conserving therapy

When considering breast conserving surgery the following factor is **relative** contraindication.



When considering breast conserving surgery the following factor is **relative** contraindication.

Involved margins after repeated excision (including DCIS)



When considering breast conserving surgery the following factor is **relative** contraindication.

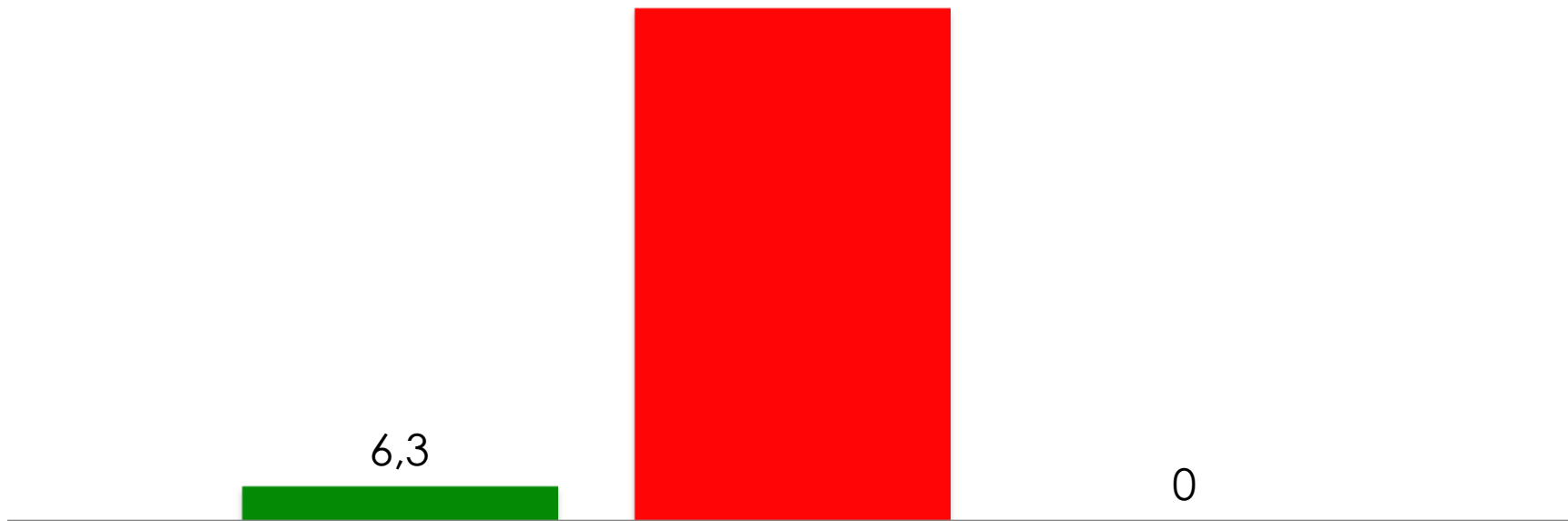
Unfavourable biology on gene expressing/sequencing

93,8

6,3

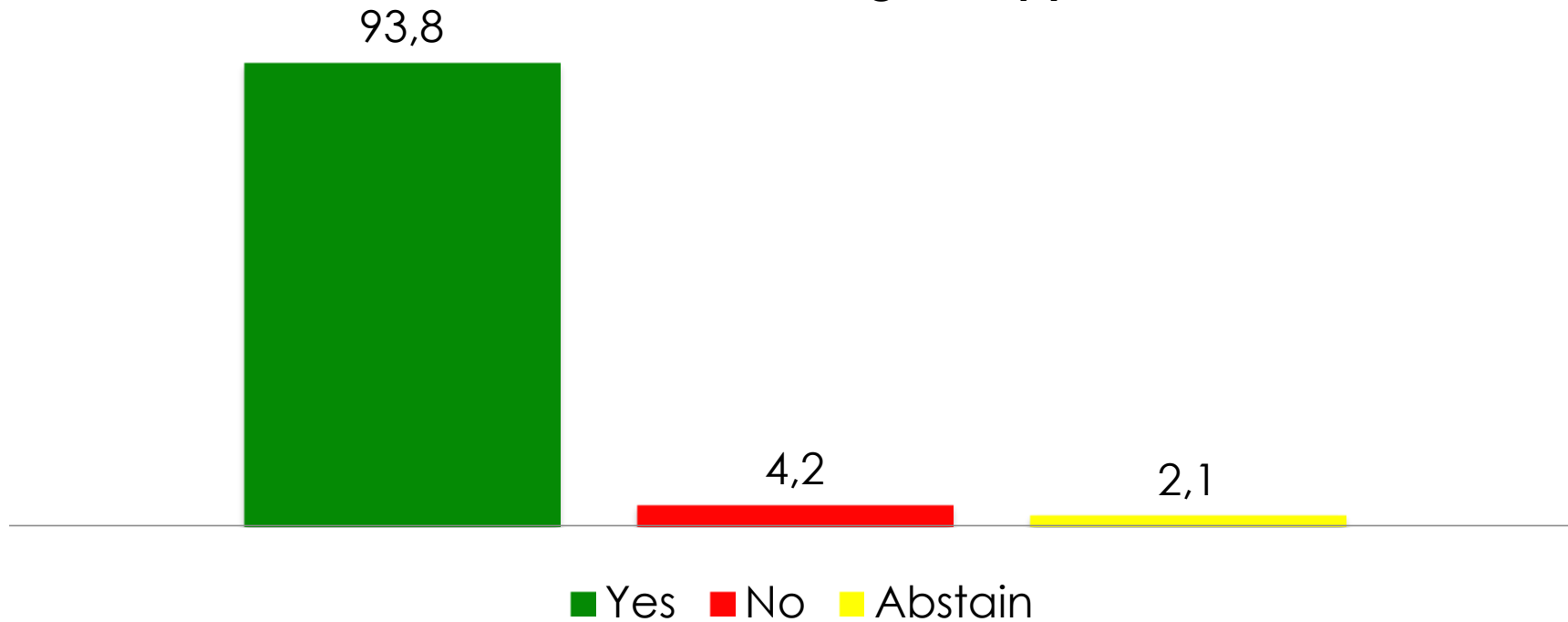
0

■ Yes ■ No ■ Abstain



When considering breast conserving surgery the following factor is **relative** contraindication.

Contraindications to breast irradiation that should follow breast conserving therapy



consensus

When considering breast conserving surgery the following factors are **relative** contraindications.

1

2

BRCA1 positivity

3

BRCA2 positivity

4

Involved margins after repeated excisions
(including DCIS)

5

6

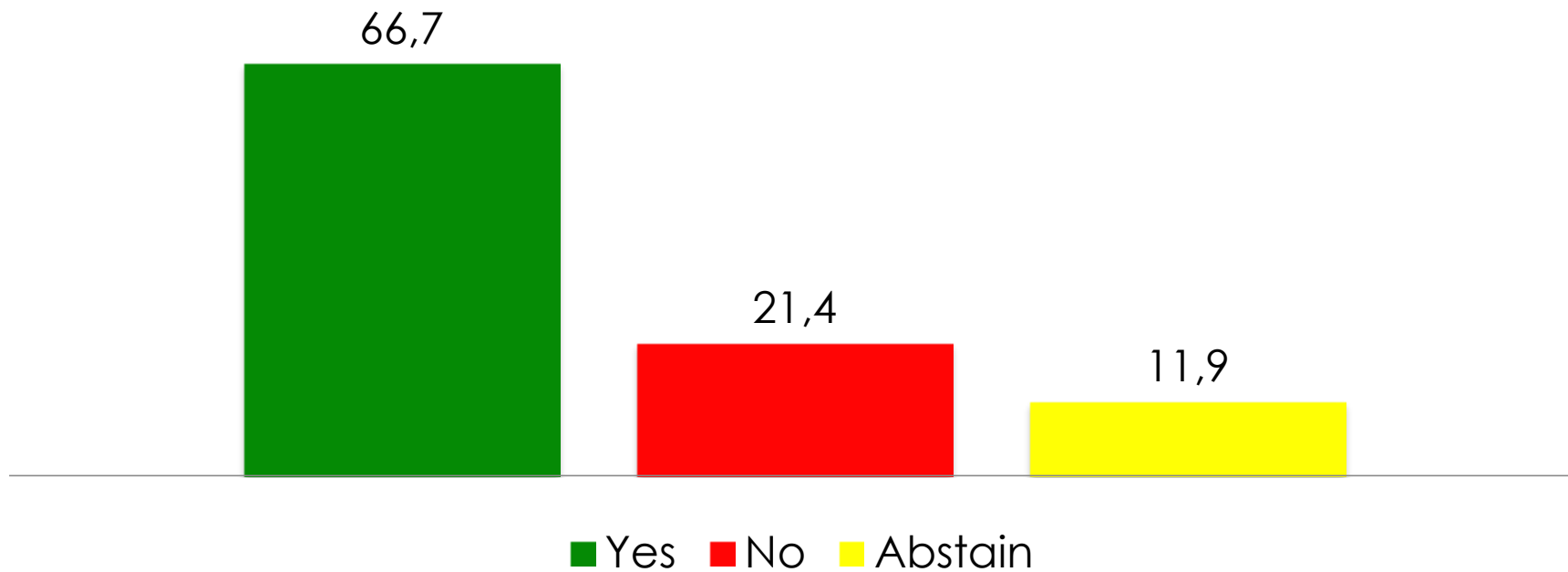
contraindications to breast irradiation that should
follow breast conserving therapy

Comments

Michael Gnant said that he was very happy about this vote because the panel did not identify a single absolute contraindication for breast conservation. He was also happy that, for the first time, we have moved away from a formulistic definition of who needs to have mastectomy.

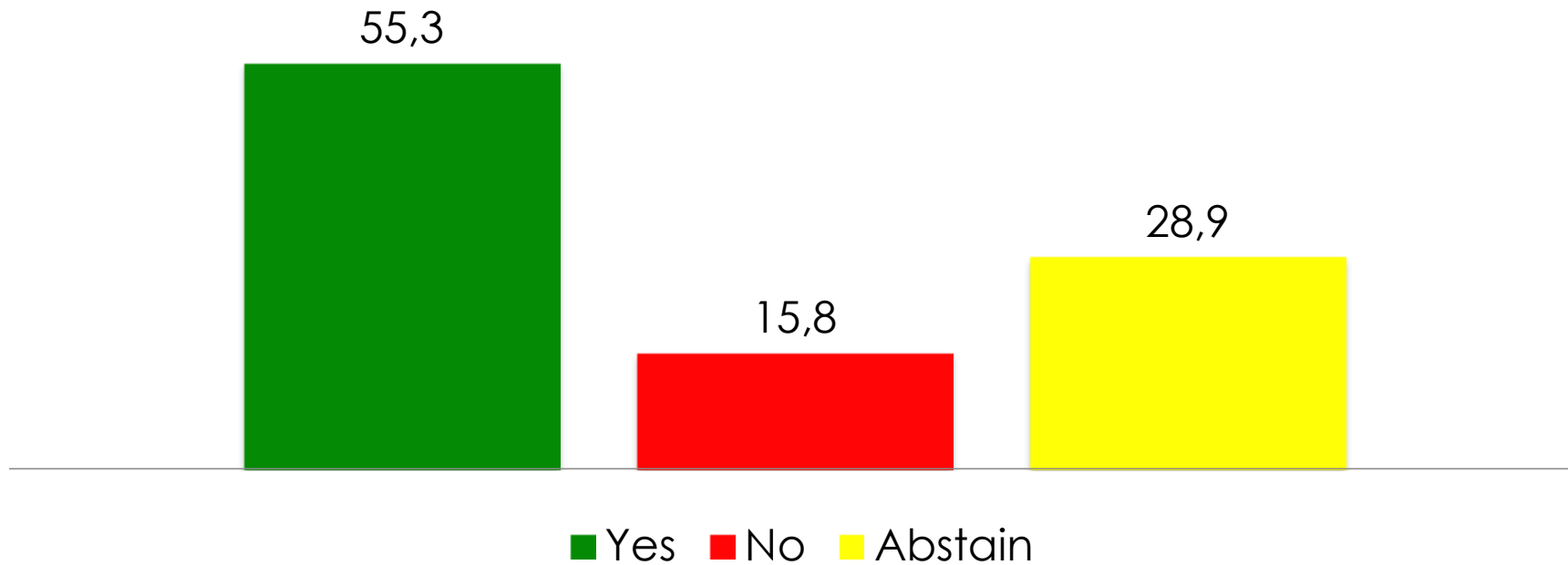
Surgery of the primary breast cancer

Is skin nipple sparing mastectomy an acceptable treatment without RT?



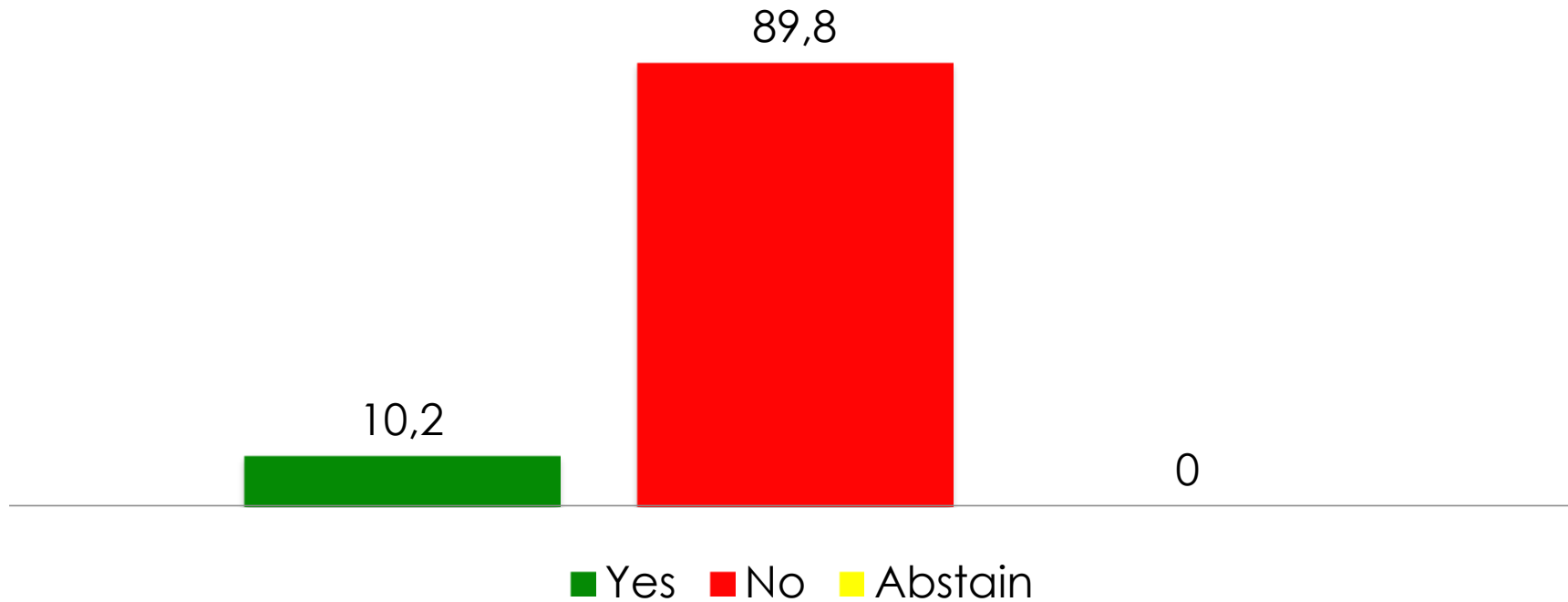
Surgery of the primary breast cancer

Is skin nipple sparing mastectomy an acceptable treatment if only margin toward nipple is tumor free and immediate reconstruction planned?



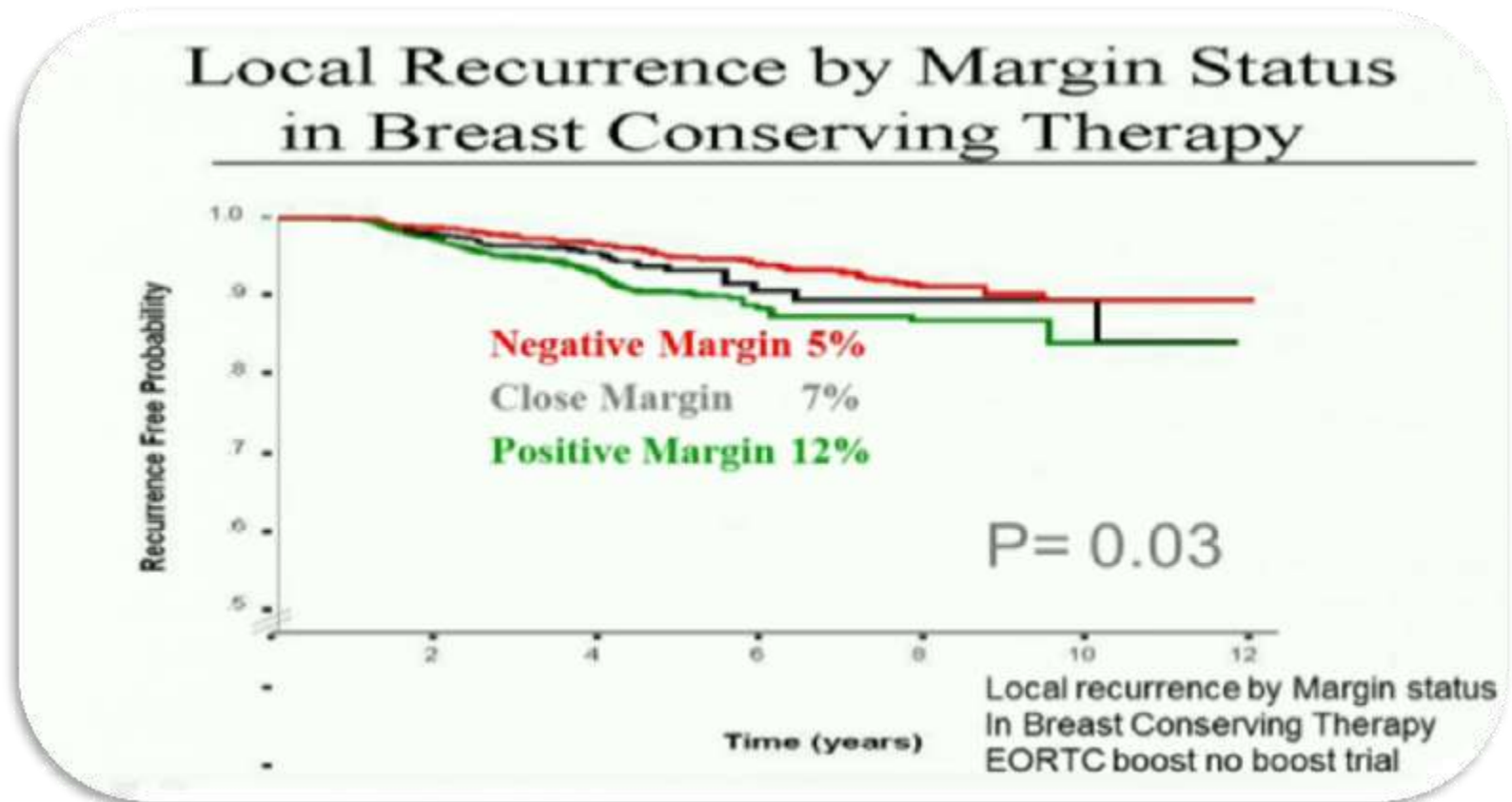
Surgery of the primary breast cancer

Should MRI be routine for patients with newly diagnosed disease (to assess decision on BCS)?

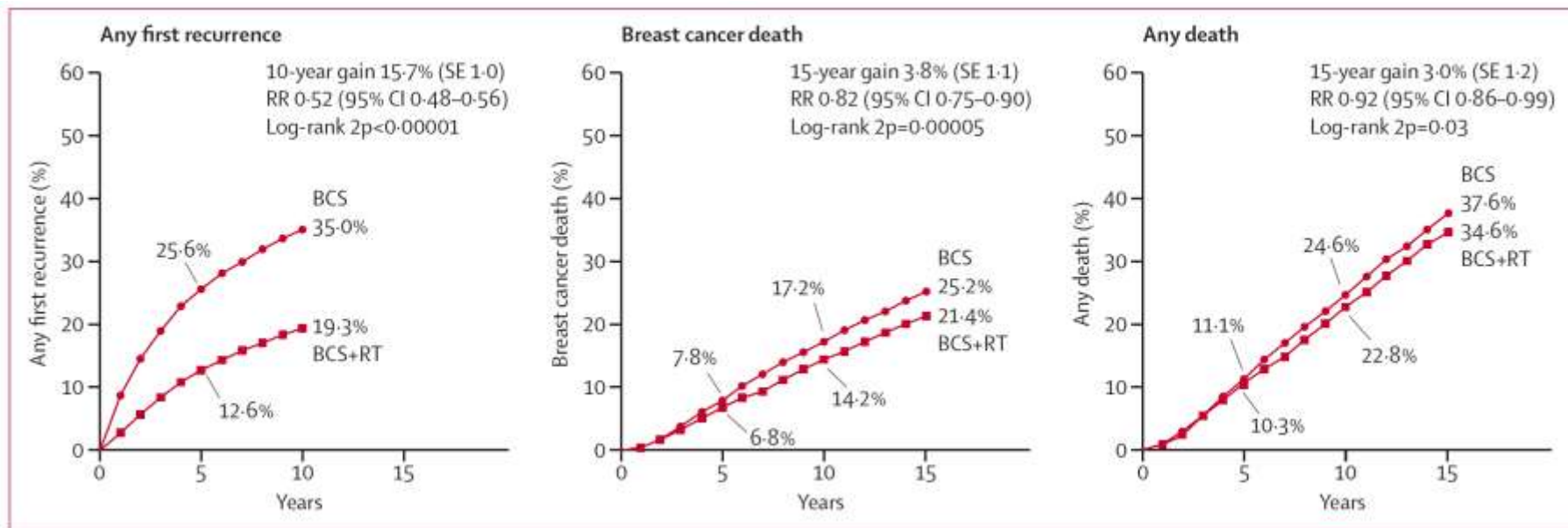


**In woman undergoing
breast conserving surgery
what is the minimum
appropriate surgical margin?**

The proven risk factors for LR

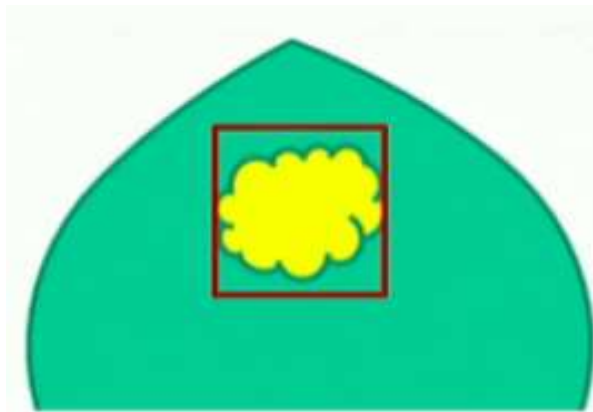


Risk factors: no RT

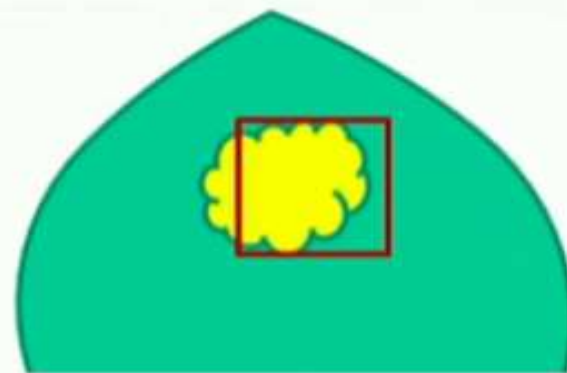


Effect of radiotherapy (RT) after breast-conserving surgery (BCS) on 10-year recurrence and 15-year breast cancer death: 10 801 women in 17 trials

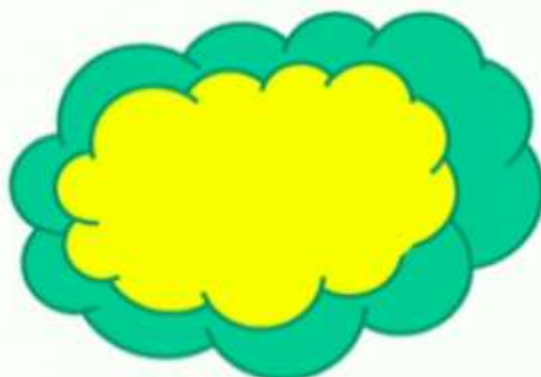
TWO POSITIVE MARGIN EXCISIONS



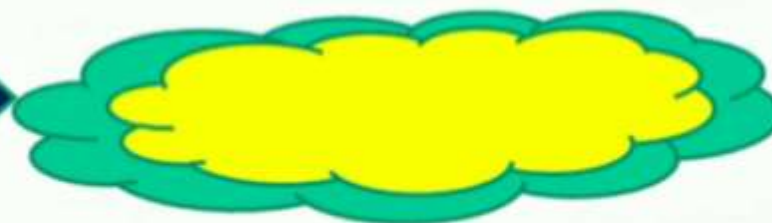
SPECIMEN IN OR



SPECIMEN IN PATHOLOGY



4 MM MARGIN



<1 MM MARGIN

What is a negative margin?

- No ink on tumor?
- 1 mm?
- > 1mm?
- >2mm?
- >5mm?

Close margin

“Close Margins” v.s. Wider Margins

- Park Joint Center 2000 No difference
- Singletary 34 studies 2002 No difference
- Houssami 21 studies 2010 No difference

Excision Goal: Avoid Positive Margins

- Relate margin width to size of tumor
- Neo-adjuvant chemo- or hormonal therapy >
- Careful margin evaluation in OR
- Touch prep or frozen section before closing
- Shave biopsy of cavity margins
- Intra-operative ultrasound guidance
- Electromagnetic margin probes

In-op Ultrasound Guidance

	Positive margin rate
Palpation guided surgery	16.4 %
U/S guided surgery	3.3 %

Electro-magnetic Margin Probe INVESTIGATIONAL



Dune Medical Devices, Inc

Dune Medical Devices, Inc

Particular Risk Groups

(not including BRCA Mutation Patients)

- Younger patients: <50, <40, <35 yrs
- “Triple negative” biology, basal profile
- Extensive DCIS in specimen
- Multifocal or multicentric primary
- Larger tumors
- Spotty response to neoadjuvant therapy

Conclusions

- Diagnose by core biopsy before attempting excision
- Integrate: tumor size and biology, patient age, multifocality, breast size, location of tumor in breast --
- goal is clear margins in a normal looking breast
- Positive margins are being under-treated, **RE-EXCISE**
- Negative margins are being over-treated, **IF NO INK ON TUMOR SURFACE , NEED NOT RE-EXCISE**

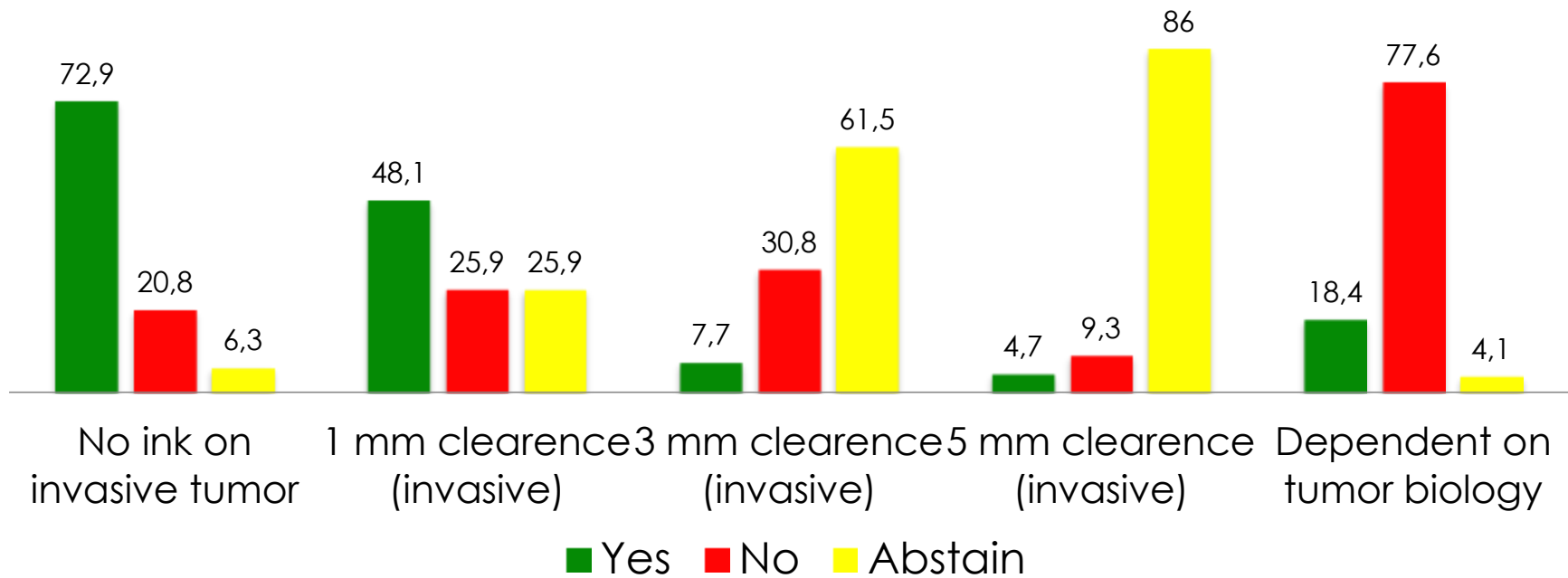
Surgery of the primary breast cancer

In woman undergoing breast conserving surgery the minimum appropriate surgical margin is:

Important: In the following, if the panelist responded Yes then they had to Abstain the remaining questions...

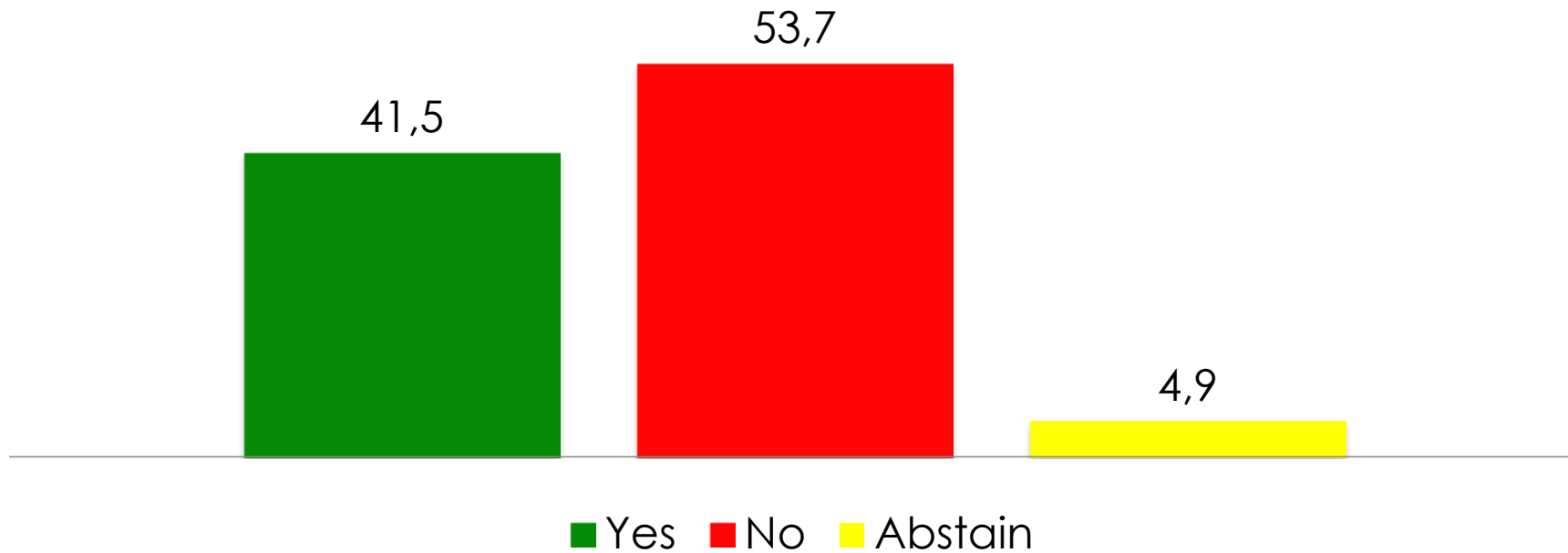
Surgery of the primary breast cancer

In woman undergoing breast conserving surgery the minimum appropriate surgical margin is



Surgery of the primary breast cancer

Should the criteria that you have just identified be any different if there is DCIS at the margin (in a woman with invasive breast cancer)?



Comments

- **William Wood** stated that if there is DCIS at the ink then that is a positive margin still.
- **Monica Morrow** said that the vote in which 73% of respondents stated that the tumour is not on ink suggests that if you are taking out small specimens then there is not much role for things like oncoplastic surgery; this also minimizes excision and overall these factors are very positive for patients.

consensus

Surgery of the primary breast cancer

- Skin nipple sparing mastectomy is an acceptable treatment without RT.
- Skin nipple sparing mastectomy is an acceptable treatment in only if margin toward nipple is tumor free and immediate reconstruction planned.
- MRI should not be routine for patients with newly diagnosed disease (to assess decision on breast conserving surgery).
- In woman undergoing breast conserving surgery the minimum appropriate surgical margin is: “no ink on invasive tumor”.

**In patients with macrometastasis in
1-2 sentinel lymph nodes, when
completion of axillary dissection can
safely be omitted?**

THE LANCET **Oncology**

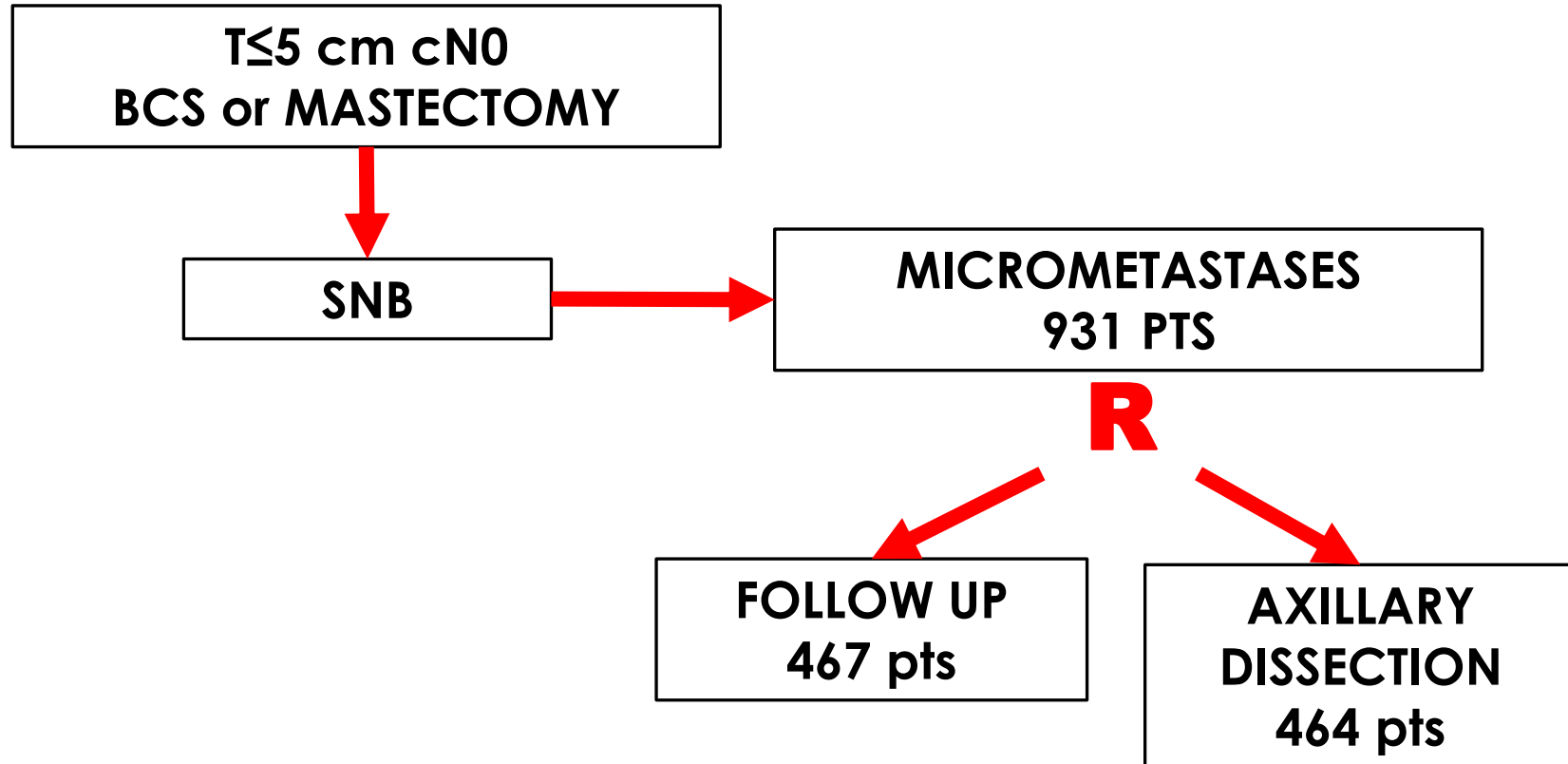
Axillary dissection versus no axillary dissection in patients with sentinel-node micrometastases (IBCSG 23-01): a phase 3 randomised controlled trial



Viviana Galimberti, Bernard F Cole, Stefano Zurrada, Giuseppe Viale, Alberto Luini, Paolo Veronesi, Paola Baratella, Camelia Chifu, Manuela Sargenti, Mattia Intra, Oreste Gentilini, Mauro G Mastropasqua, Giovanni Mazzarol, Samuele Massarut, Jean-Rémi Garbay, Janez Zgajnar, Hanne Galatius, Angelo Recalcati, David Littlejohn, Monika Bamert, Marco Colleoni, Karen N Price, Meredith M Regan, Aron Goldhirsch, Alan S Coates, Richard D Gelber, Umberto Veronesi, for the International Breast Cancer Study Group Trial 23-01 investigators

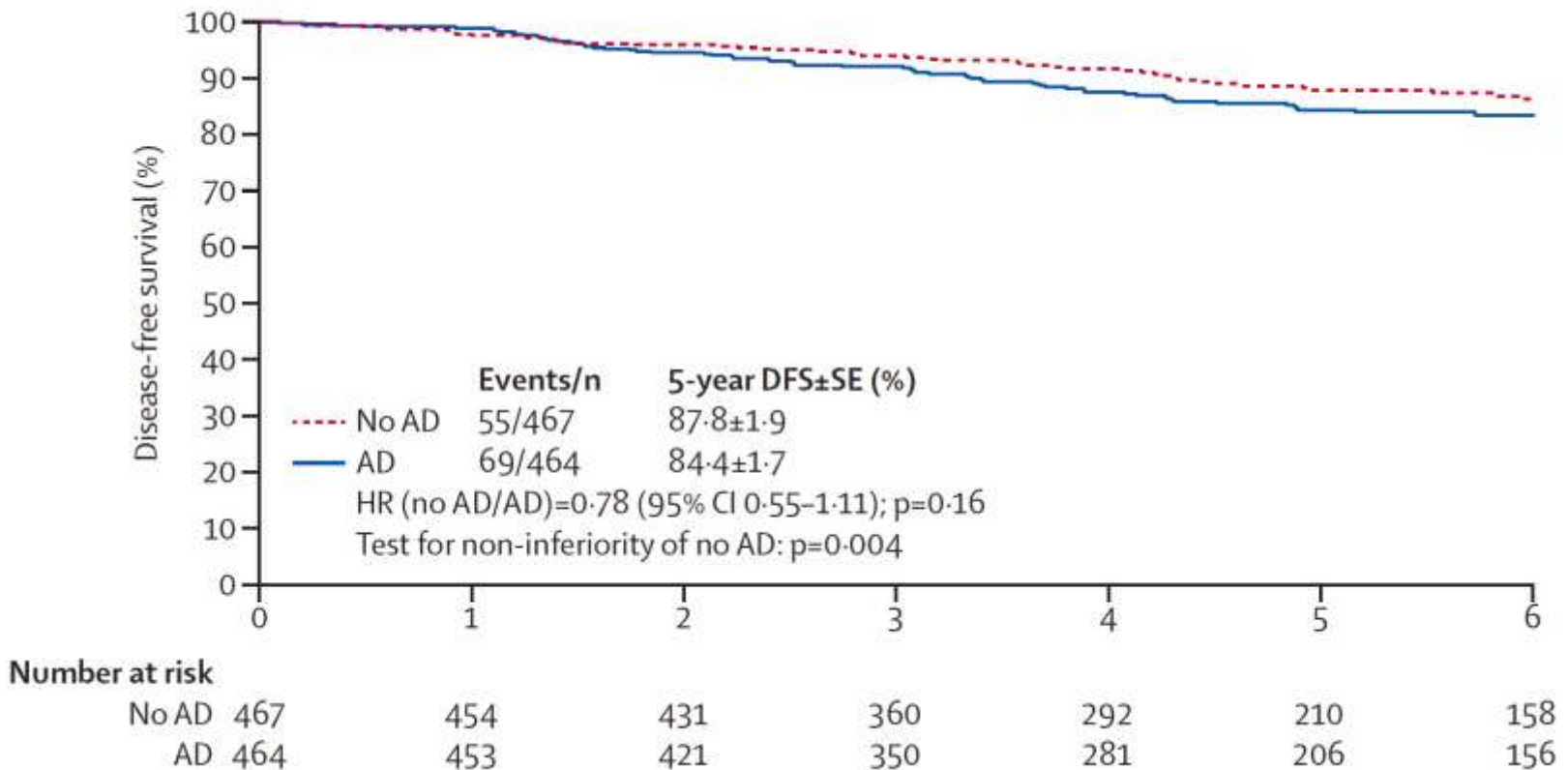
IBCSG 23-01

Apr 2001 – Feb 2010

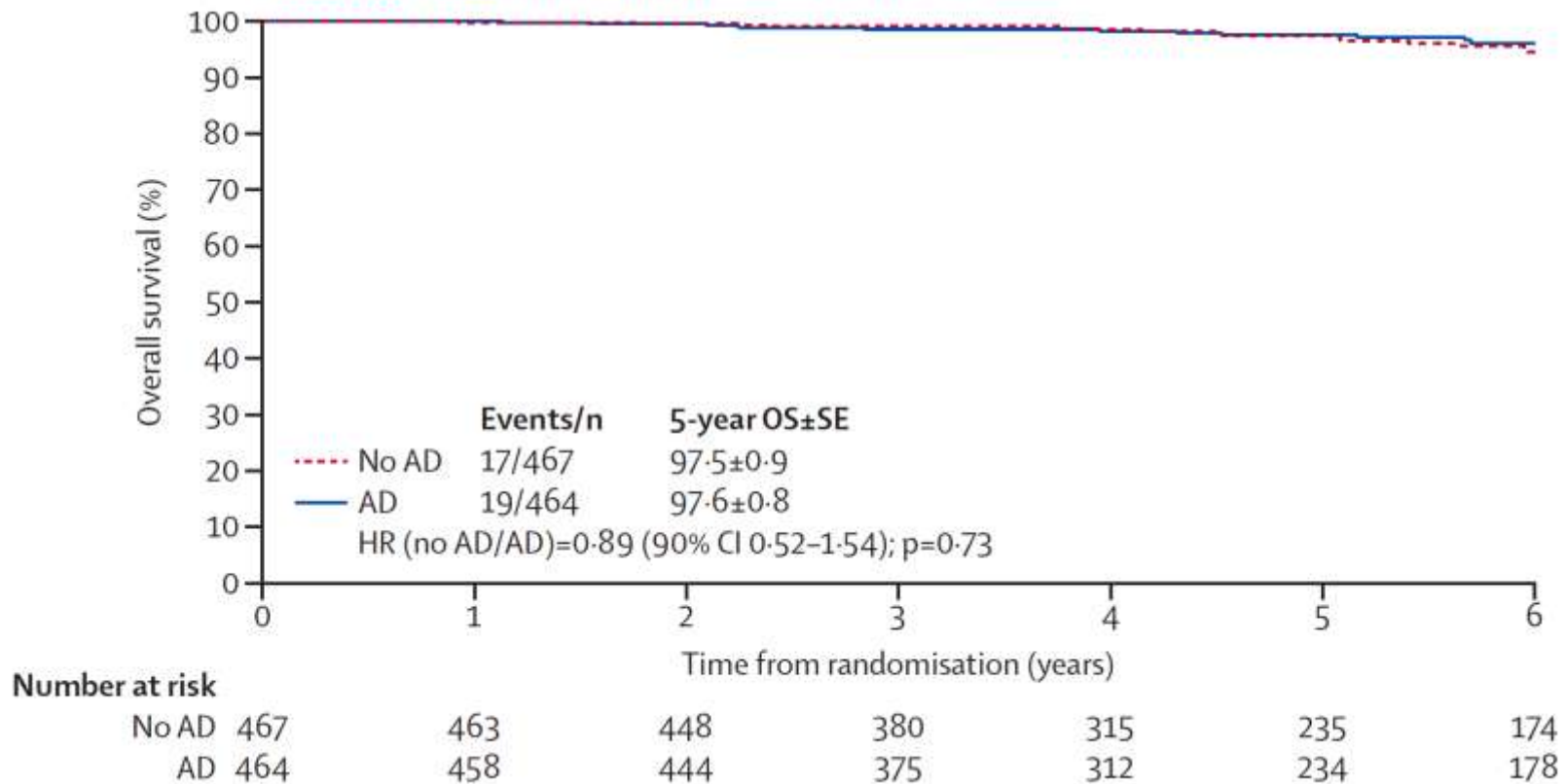


Patients characteristics	AD (n=464)	No AD (n=467)	Total (n=931)
Local treatment			
Mastectomy	44 (9%)	42 (9%)	86(9%)
BCS	420 (91%)	425 (91%)	845 (91%)
RT on BCT			
No RT	10 (2%)	12 (3%)	22(3%)
Intraoperative only	79 (19%)	80 (19%)	159(19%)
Postoperative only	293 (70%)	297 (70%)	590(70%)
Combination RT	36 (9%)	35 (8%)	71(8%)
Unspecified RT	2(<1%)	1(<1%)	3(<1%)
Systemic therapy			
Any systemic therapy	441 (95%)	451 (97%)	892(96%)
Hormonal therapy only	292 (63%)	315 (67%)	607(65%)
Chemotherapy only	42 (9%)	33 (7%)	75(8%)
Combination therapy	107 (23%)	103 (22%)	210(23%)

Disease-Free Survival



Overall Survival

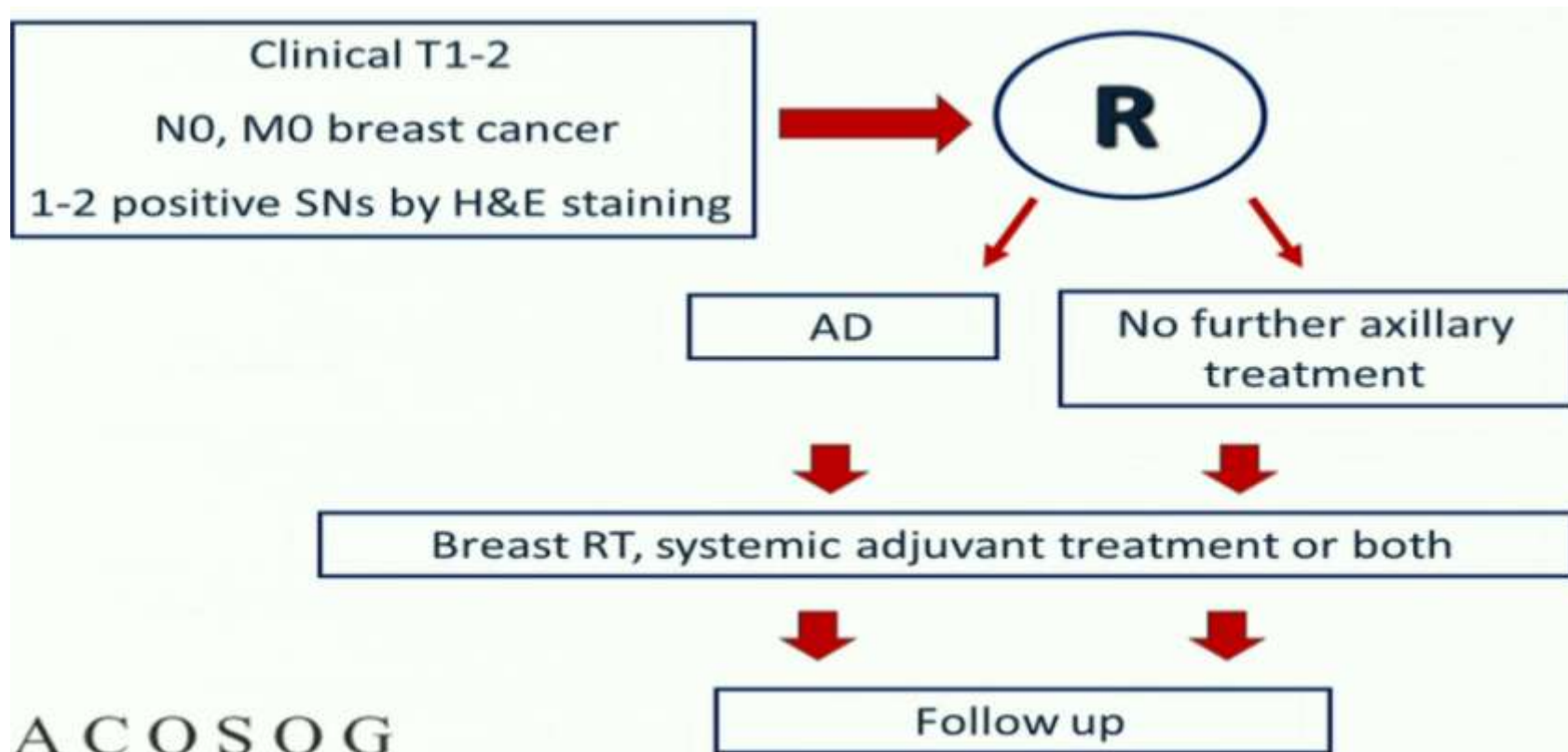


IBCSG 23-01 trial

- “Not giving AD to patients with 1 or more SN micrometastases has no adverse influence on DFS or OS”
- This is level 1 evidence in favour of the St Gallen 2011 recommendation that axillary dissection should not be performed if the sentinel node contains only micrometa

Trial Z0011

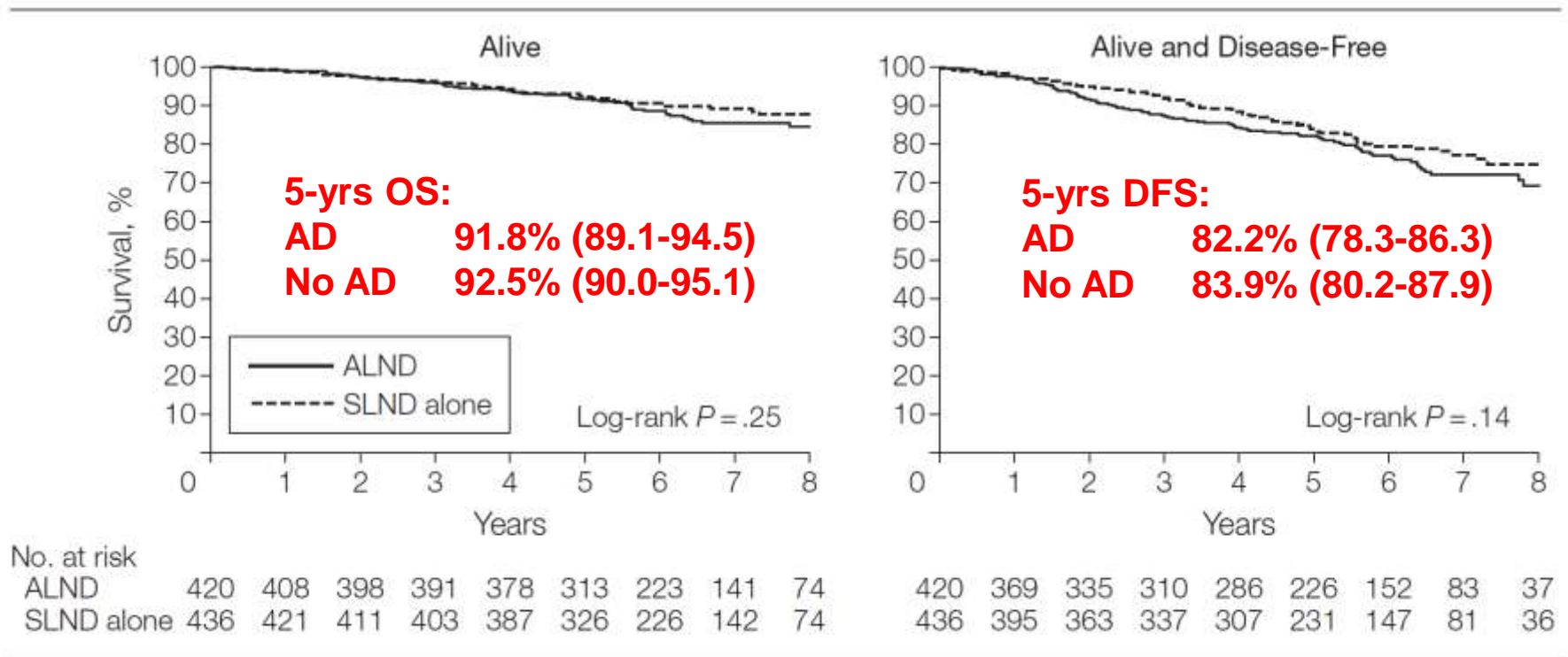
(closed 12/04 at n=891)



ACOSOG

OS and DFS in trial Z0011

Survival of the ALND Group compared with SLND-Alone Group



ALND indicates axillary lymph node dissection; SLND, sentinel lymph node dissection.

Z0011 Conclusion

“it is time to abandon AD in early BC pts with a positive SN provided they receive systemic adjuvant treatment and whole breast RT”

Criticisms of Z0011

Criticisms

- Trial closed recruiting only half projected number of pts
- Might not have power to detect a small difference in outcomes between groups
- Axillary recurrence rate in the no AD arm double that in the AD arm
- Non-inferiority criterion too lax (5 yr survival in the no AD arm assumed not less than 75% of that in the AD arm)
- No AD = no information on any additional axillary involvement that may change adjuvant treatment

Rebuttals

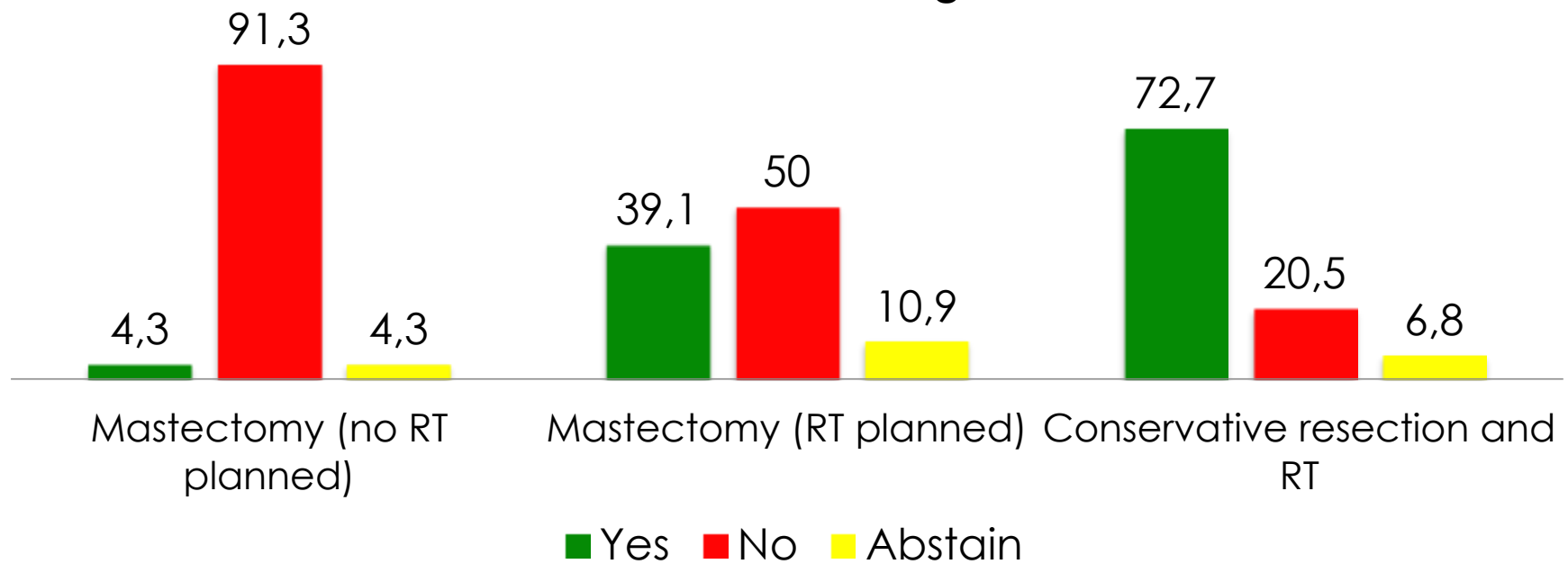
- No difference in 5-yr OS
- No difference in 5-yr DFS
- Excellent OS and DFS in no AD group
- In fact OS and DFS non significantly better in no AD arm
- Low rate of axillary disease in no AD arm
- Data indicate that complete axillary information almost never changes adjuvant treatment

Take Home Massage

- For most patients with early breast cancer and a clinically negative axilla, a positive SN should not be further treated
- Caution: the decision should continue to consider all the relevant factors including patient age, comorbidities, and also patient preference

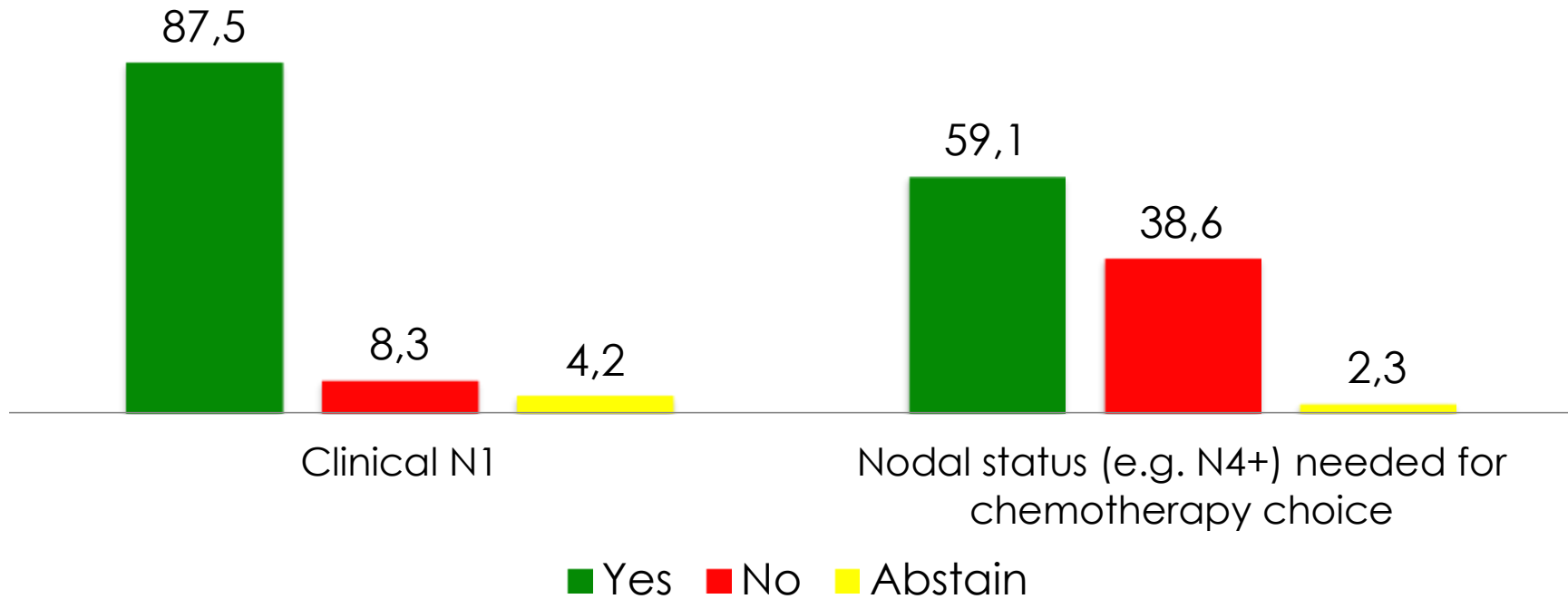
Surgery of the axilla

In patients with macrometastasis in 1-2 sentinel lymph nodes, completion of axillary dissection can safely be omitted following:



Surgery of the axilla

In patients otherwise undergoing breast conserving surgery, completion of axillary dissection is necessary if:



Comments

Monica Morrow stated that it is very encouraging to see much greater acceptance of lack of dissection for one or two macrometastases in patients having breast conservation where the data actually exist. To address another point on young women with ER- tumours, she said that she was unable to find any data that says age is a predictor of nodal failure; ER negativity is actually associated with a lower nodal disease burden. We also need to be careful about extrapolating the data beyond what we know is safe and we really have no data addressing any of the circumstance of clinical positive nodes or three or more nodes that are associated with heavy disease burdens. Furthermore, however many sentinel nodes either turn blue or hot is how many need to be removed; the eligibility criteria in study Z11 does absolutely not mean you need to remove three nodes every time. What is important is that you stick your hands in there and feel to make sure you are not leaving behind gross nodal disease, bearing in mind that a lot of patients have only one sentinel node.

consensus

Surgery of the axilla

- In patients with macrometastasis in 1-2 sentinel lymph nodes, completion of axillary dissection can safely be omitted following BCT and RT.
- In patients otherwise undergoing breast conserving surgery, completion of axillary dissection is necessary if:
 - There is clinical N1 disease,
 - If nodal status needed for chemotherapy choice.

Conference Topic

Radiation therapy

**Is there a group
not requiring radiotherapy as
part of Breast Conserving
Therapy (BCT)?**

Radiotherapy: Conserved Breast Irradiation

○ **>70 y Stage I, ER+, if able to take TMX, RT may be omitted**

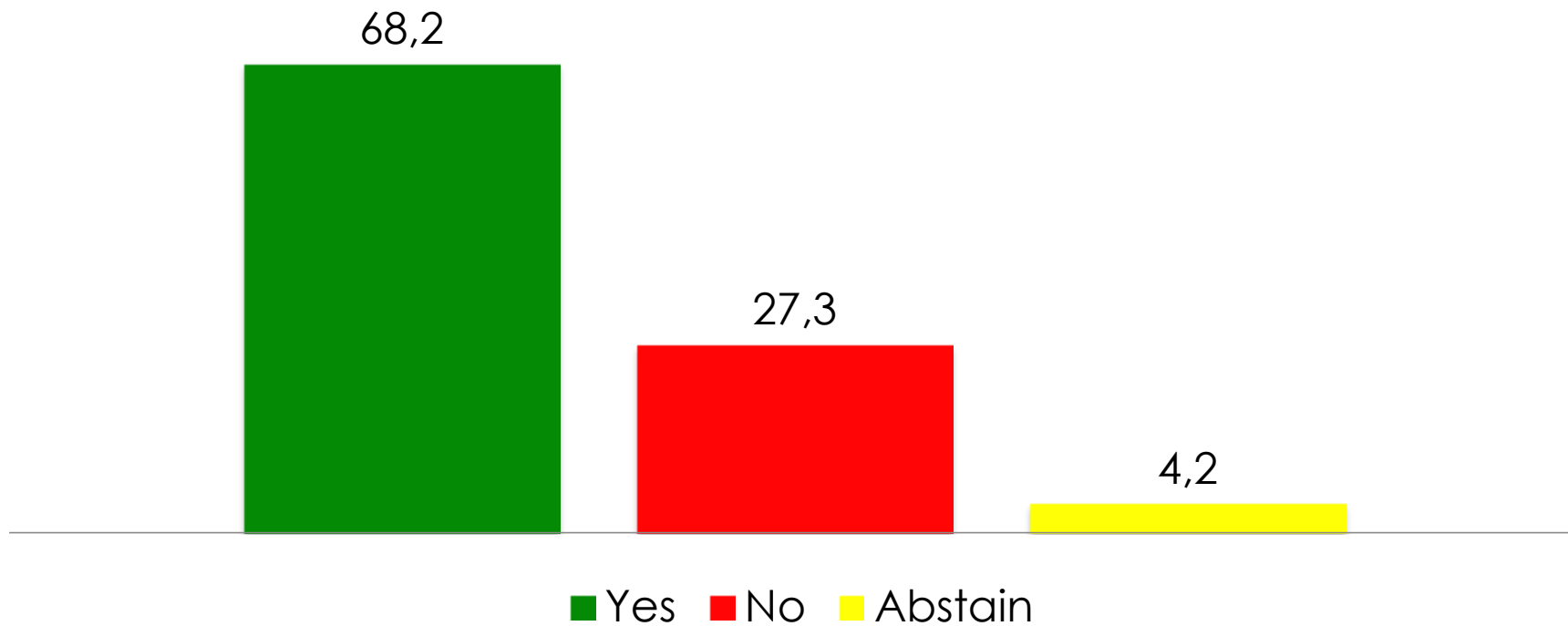
- TAM vs. Tam+RT
- FU: 10,5 years

	TAM	Tam+RT
Loco-regional recurrence	%9	%2
10y Mastectomy free survival	%96	%98
10 yr DMFS	%95	%93

DMFS: Distant metastatic free survival

Radiotherapy: Conserved Breast Irradiation

Is there a group not requiring RT as part of BCT?



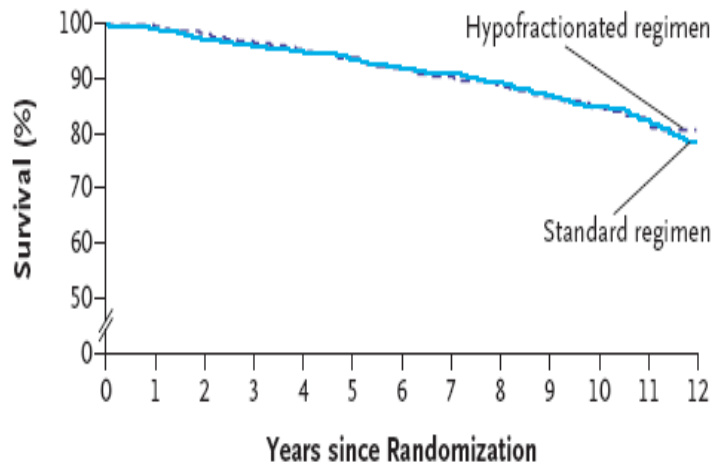
**Should short course RT (e.g.
40 Gy in 15 fractions) be
offered as standart?**

Hypofraction RT Trials

	Canada	Start A UK *	Start B UK
Number of pts	1234	2236	2215
Med. Follow up	12 yr	9,3 yr	9,9 yr
Arms (Gy x fr number)	2x25/5 wk 2,66x16/3 wk	2x25 /5 wk 3x13 /5 wk 3,2x13/5 wk	2x25/5 wk 2,66x15/3 wk

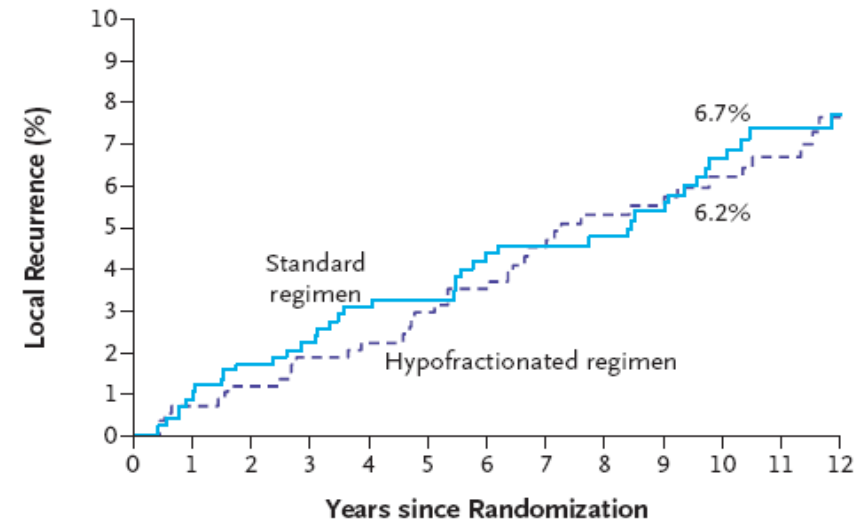
*Trial to determine α/β ratio

Radiotherapy: Conserved Breast Irradiation



No. at Risk

Standard regimen	612	606	594	583	573	559	535	519	505	487	453	355	242
Hypofractionated regimen	622	617	605	592	576	562	539	517	495	482	455	369	241



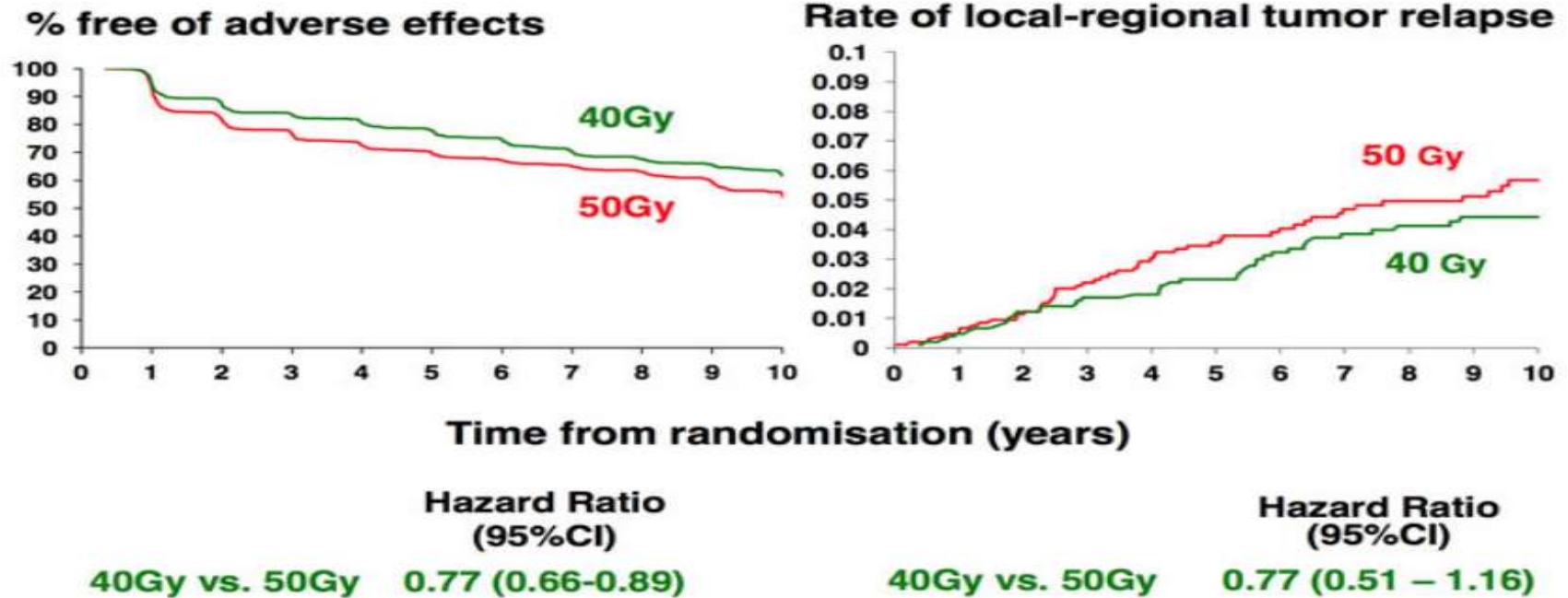
No. at Risk

Standard regimen	612	597	578	562	550	553	499	485	470	449	410	317	218
Hypofractionated regimen	622	609	592	569	548	524	500	472	447	430	406	330	214

Radiotherapy: Conserved Breast Irradiation

Trial B: Results

5



Radiotherapy: Conserved Breast Irradiation

	Canada, %	START B, %
ER –	27	12
Grade 3	19	23
Age < 50	25	21
Boost	0	43
Nodal RT	0	7
Chemo	11	22

Radiotherapy: Conserved Breast Irradiation

ASTRO 2011 Hipofx Breast RT Guideline

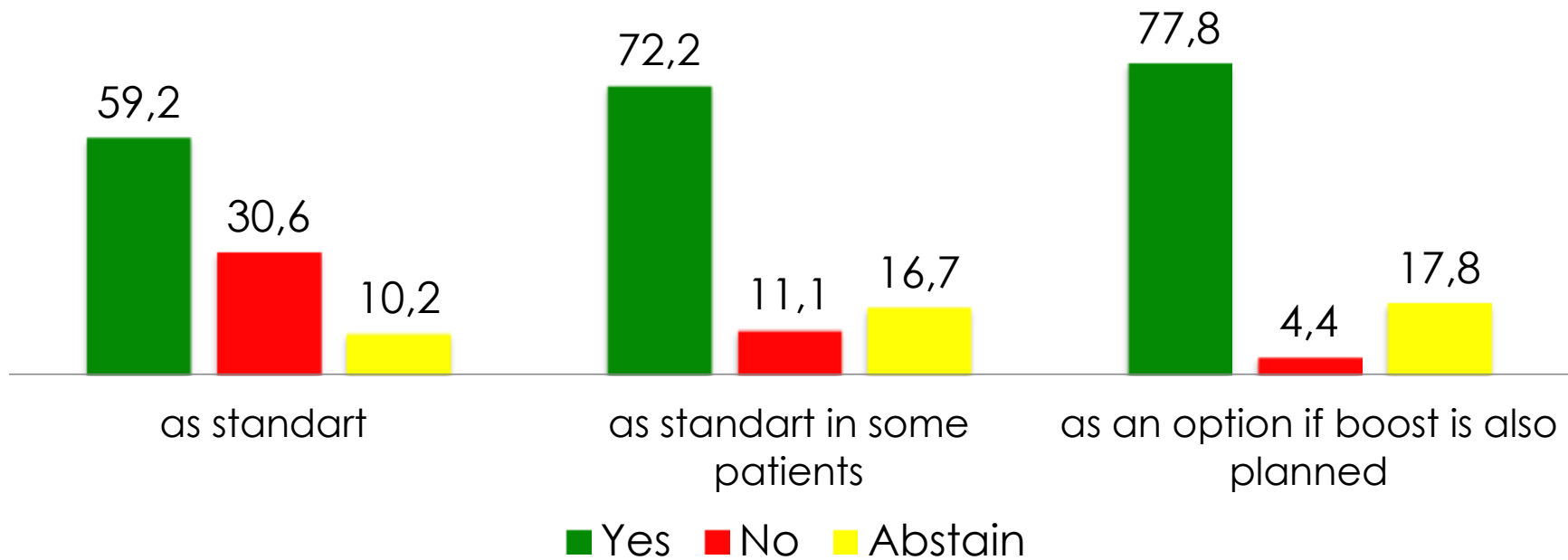
Age/Stage	≥ 50 y, T1-2
Surgery	Breast Conserving Surgery
Chemotherapy	-
Fractionation	2,66 Gy x 16
Heart in field	0
Boost	No aggrement
Dose Homogeneity	≤ 7 %

Radiotherapy: Conserved Breast Irradiation

New DFCI / BWH Approach	
Age/Stage	≥ 50 y, DCIS ≥ 60 , Tangents only
Surgery	Breast conserving surgery
Chemotherapy	OK
Fractionation	2,66 Gy x 16
Heart in field	0
Boost	2,5 Gy x 2-4
Dose Homogeneity	$\leq 7\%$

Radiotherapy: Conserved Breast Irradiation

Should “short course” RT (e.g. 40 Gy in 15 fractions) be offered



Comments

- **Jay Harris** stated that, with regard to the first point, it is very clear that in patients who are younger, radiation after breast conserving surgery improves long-term survival but as patients age the survival advantage decreases due to competing risks and so the answer to the first question is clearly yes, mostly predicated on age and comorbidities. We've just seen such good data for short course radiotherapy and it is likely that over time more of us will say this is standard therapy but in the US we are still not quite there.
- **Felix Sedmayer** added that while this may be common practice in the US this is quite the opposite of the situation in Europe, as reflected by most European guidelines. Not a single cohort has been identified up until now where radiotherapy can be omitted safely without compromising local tumour control. These patients with low risk are the focus of reduced radiotherapy.

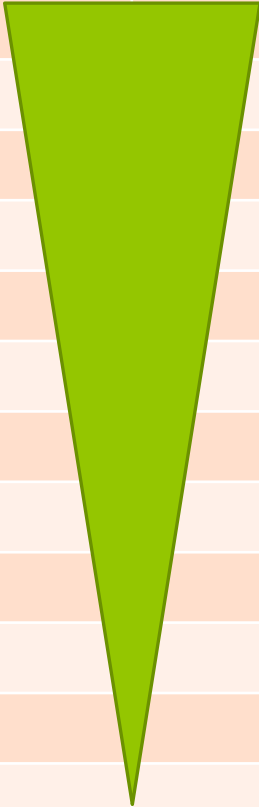
Following breast conserving surgery Partial Breast Irradiation (PBI) may be used as the definitive irradiation without any external beam therapy (ASTRO/ESTRO group)?

PBI Clinical Results

Trial	Med. FU	Local Relaps %
Budapest [HDR 5,2 Gy x 7 fr / 4 days or 50 Gy é]	120 months	5,5 %
Targit [50KeV, 20 Gy at surface of the applicator 5-7Gy at 1cm]	29 months	3,3 %
ELIOT [electron, 21 Gy to %90 isodose line]	63 months	5,3 %
ELIOT out trial	60 months	6 %
Mamosite Registry [3,4 Gy to 1 cm x 10 fr]	42 months	3,8 %

5-y Local Relapse Rates after BCS+WBI

NSABP B-06	(1976-1984)	14,3
Uppsala-Örebro	(1981-1988)	8,5
St. George's London	(1981-1990)	13
CRC, UK	(1981-1990)	19,7
Ontario COG	(1984-1989)	11
SCTBG	(1985-1991)	5,8
INT Milan 3	(1987-1989)	5,8
NSABP B-21	(1989-1998)	2,8
Swedish BCG 91-RT	1991-1997	4
Holli et al	1990-1995	6,3
Fyles et al	1992-2000	0,6
ABCSCG study 8	1996-2004	0,4



TARGIT: Update at SABCS (December 2012)

- 5-year cumulative risk (29 months median follow up)

	Targit	EBRT	p
IBR%	3.3 (23)	1.3(11)	0.042
All LR%	8.2 (69)	5.7 (48)	NS
Total Deaths%	3.9 (37)	5.3 (51)	NS

- Intention to treatment
- EBRT in unfavourable pathology
- Over 60% in the “suitable” ASTRO group

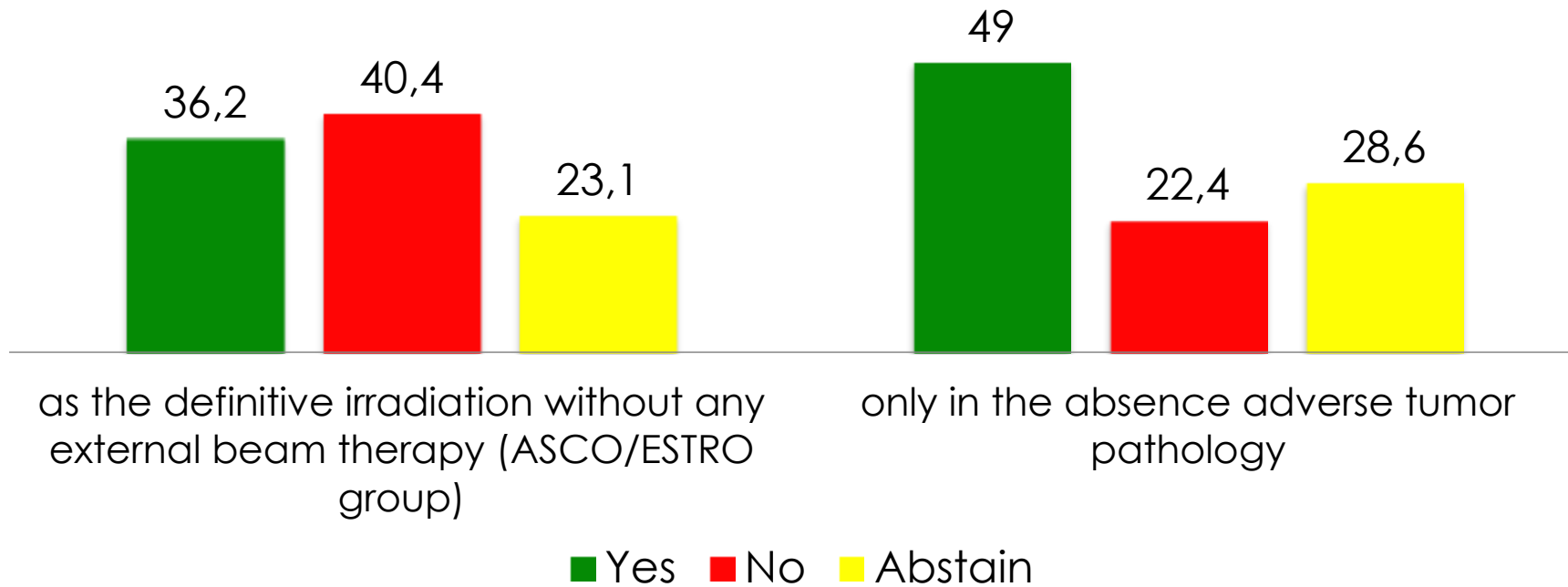
	ASTRO guidelines		
	Suitable	Cautionary	Unsuitable
Patient factors			
Age, years	≥60	50–59	<50
<i>BRCA1/2</i> mutation	Absent	Absent	Present
Pathologic factors			
Tumor size, cm	≤2	2.1–3.0	>3
pT	pT1	pT0 or pT2	pT3–pT4
Margins	Negative	Close	Positive
Grade	Any	Any	Any
LVI	No	Limited/focal	Extensive
ER status	Positive	Negative	Any
Multicentricity	Uncentric	Unicentric	Present
Multifocality	Unifocal	Unifocal	Multifocal
Histology	Invasive ductal*	Invasive lobular	Any
Pure DCIS	Not allowed	≤3 cm	>3 cm
EIC	Not allowed	≤3 cm	>3 cm
Nodal factors			
Nodal stage	pN0 (i ⁻ ,i ⁺)	pN0 (i ⁻ ,i ⁺)	pN1, pN2, pN3
Nodal surgery	SNB or ALND	SNB or ALND	Not performed
Treatment factors			
Neoadjuvant therapy	Not allowed	Not allowed	Yes

Table 3 Five-year clinical outcomes for breast cancer patients treated with full-dose intraoperative radiotherapy with electrons categorized according to the American Society for Radiation Oncology (ASTRO) consensus statement

	ASTRO consensus statement						Log-rank <i>p</i>
	Suitable		Cautionary		Unsuitable		
Patients	294		691		812		
Person-years	1,009		2,416		2,837		
Outcome	Events	Rate* (%)	Events	Rate* (%)	Events	Rate* (%)	
Ipsilateral breast tumor recurrence	3	1.5	21	4.4	50	8.8	0.0003
Regional lymph node failure	3	1.5	9	1.9	6	1.1	0.55
Distant metastases	3	1.5	8	1.7	22	3.9	0.047
Breast cancer related event	14	6.9	46	9.5	87	15.3	0.0025
Progression free survival	17	91.6	58	88.0	109	80.8	0.0005
Cause-specific survival	2	99.1	7	98.7	22	96.5	0.026
Overall survival	3	98.6	13	97.5	30	95.2	0.039

RT: Partial Breast Irradiation

Following breast conserving surgery partial breast RT may be used



Comments

- **William Wood** admitted to having voted no, stating that it will be 15 years before we know the results of this technique, so he is personally not enthusiastic about it. Obviously we have good short term data and in the short term this is fine.
- **Andrew Tutt** referred to a presentation from Friday on the big variation in the way partial breast radiotherapy can be delivered both in terms of dose fractionation and volume of tissue irradiated and he thought that the answers to the questions above could be applied to one of those techniques. So he thought that a yes to that question could lead people to conclude that one of the available techniques is perfectly acceptable whereas the data are different and, for some of the techniques, the data are quite clearly inferior.

Comments

- **Jay Harris** added that, in the US there is a lot of controversy about how safe accelerated partial breast irradiation is using external beam radiation. Within the clinical trial the results seem to be good but recently that in a Canadian trial has seen a lot of adverse cosmetic outcomes pretty early on and the doses and volumes are very similar and so he can see why people are not completely comfortable with this approach.

**Should postmastectomy RT be
standard for patients with:**

N+ >3 LN?

N+ 1-3 LN; all patients?

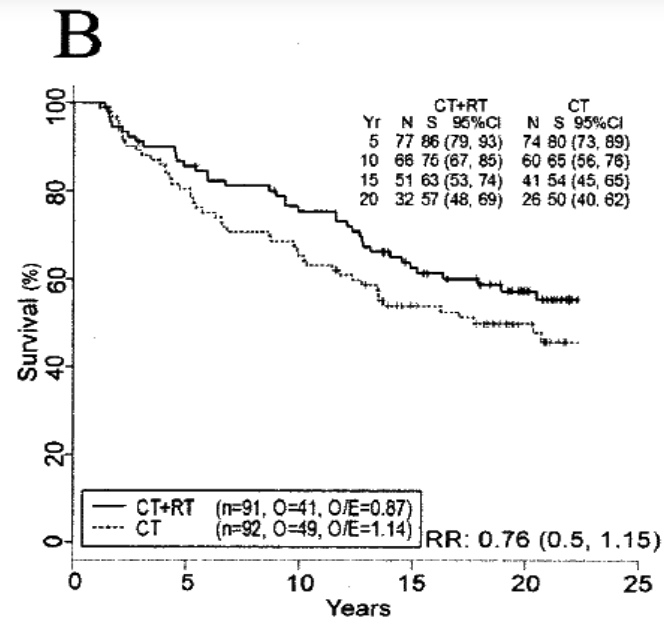
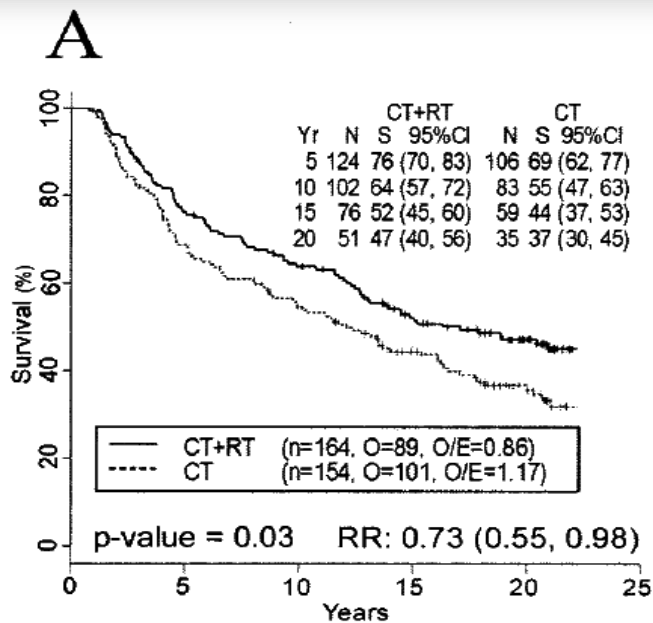
N+ 1-3 LN; with adverse pathology?

N+ 1-3 LN; young age (<40 y)?

Radiotherapy: Postmastectomy

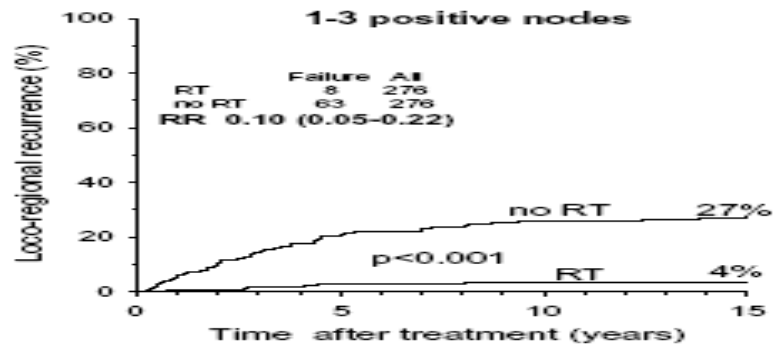
N+ 1-3 LN; all patients

British-Columbia Trial (J Natl Cancer Inst 2005) 318 pLN+ Premenopausal patients status postmodified radical mastectomy CMF chemo alone vs. chemo + RT 20 Years RT reduced LRF (26→10%), and improved breast ca-specific survival (38→53%), and OS (37→47%) Median 11 LN sampled

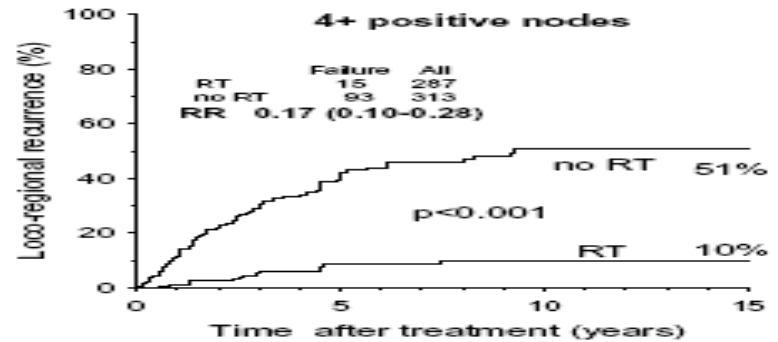


Radiotherapy: Postmastectomy N+ 1-3 LN; all patients

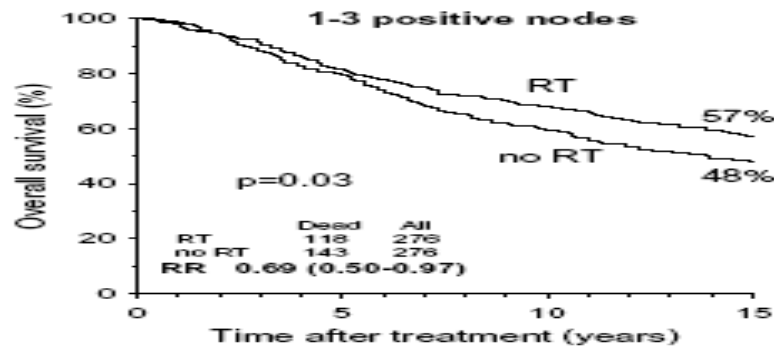
DBCG 82 b&c postmastectomy radiotherapy



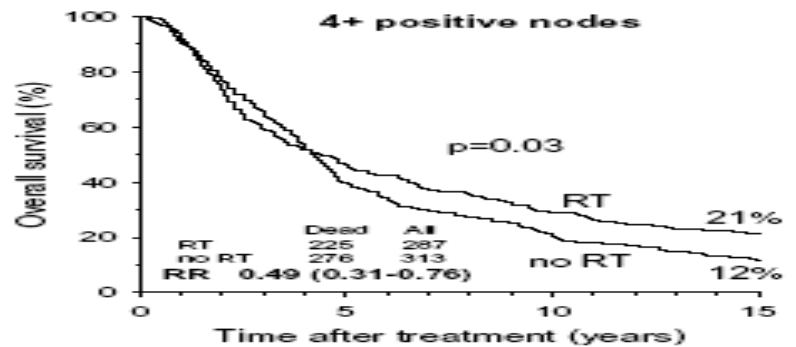
RT	276	197	173	136
no RT	276	165	131	106



RT	287	101	64	51
no RT	313	72	35	23



RT	276	224	187	129
no RT	276	220	164	154



RT	287	132	83	59
no RT	313	125	65	37

RT: Postmastectomy

N+ 1-3 LN; with adverse pathology

5-year local recurrence risk (%) in trials of:

(b) RT after mastectomy and AC
(node-positive)

RT versus
control

Absolute
reduction (SE)

Tumour grade

Well differentiated

4 vs 22

18 (3)

Moderately differentiated

4 vs 30

26 (2)

Poorly differentiated

6 vs 40

34 (4)

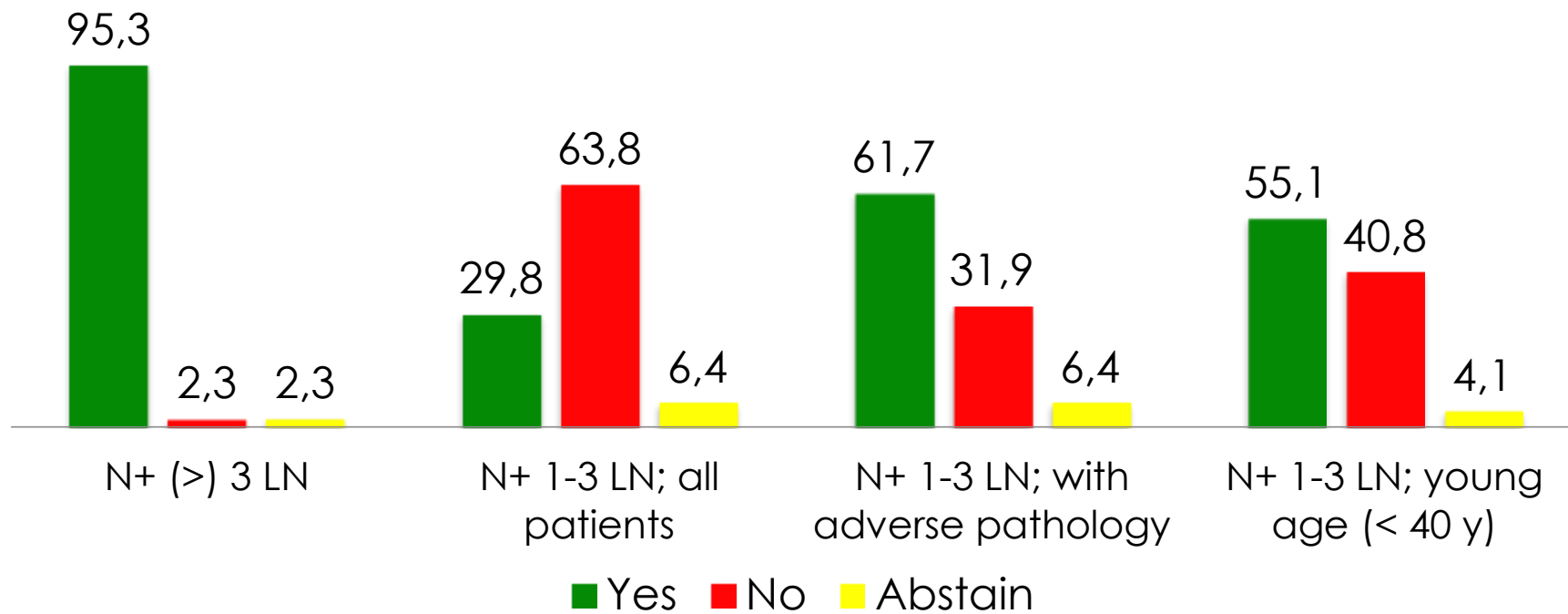
RT: Postmastectomy

N+ 1-3 LN; young age (< 40 y)

(b) RT after mastectomy and AC (node-positive)		
	RT versus control	Absolute reduction (SE)
Age (years)		
<50	6 vs 23	17 (1)
50-59	6 vs 24	18 (2)
60-69	5 vs 23	18 (2)
≥70

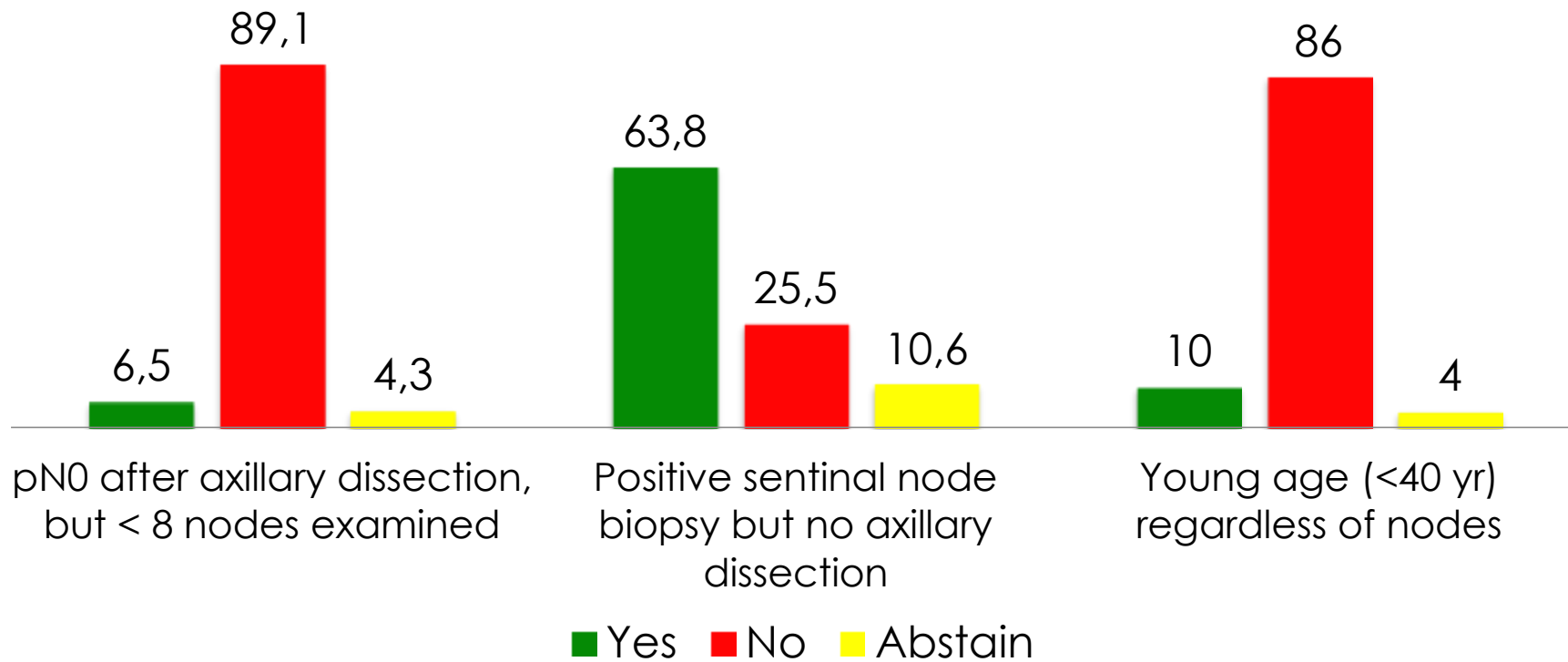
RT: Postmastectomy

Should postmastectomy RT be standard for patients with:



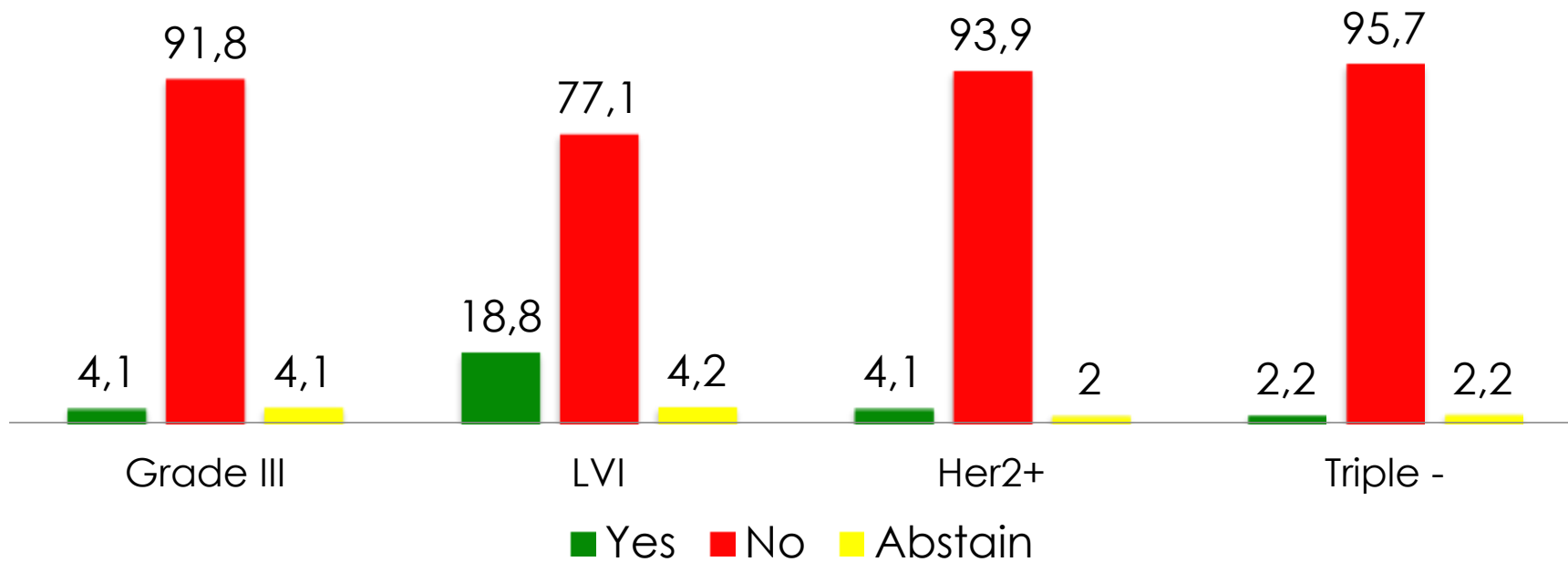
RT: Postmastectomy

Should postmastectomy RT be standard for patients with:



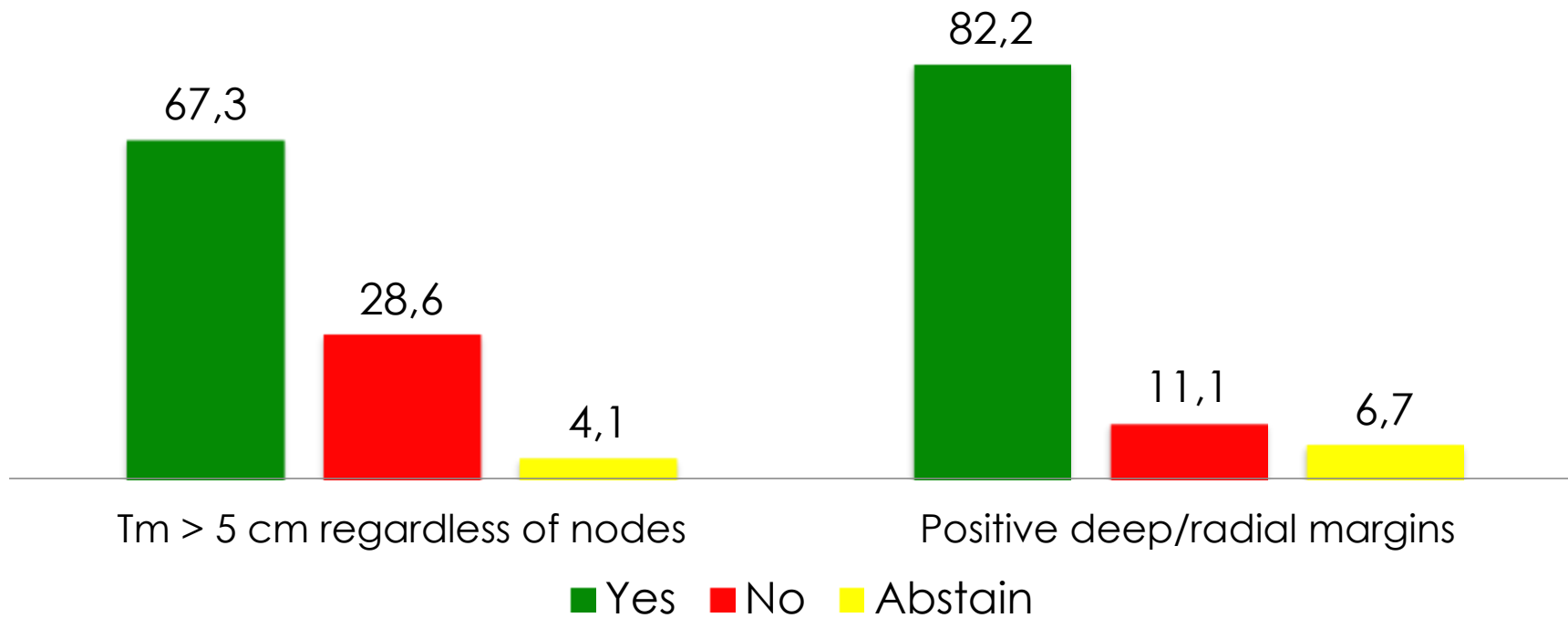
RT: Postmastectomy

Should postmastectomy RT be standard for patients with:
Adverse pathology regardless of nodes



RT: Postmastectomy

Should postmastectomy RT be standard for patients with:



Comments

- **Monica Morrow** remarked that the other thing that is different today is that women undergoing mastectomy with one to three nodes are not the same as women who underwent mastectomy in the trials in the pre-screening era. Now we have a lot of women who choose to have mastectomy for 5 mm cancers with a very low nodal disease burden and so it is also not clear if the benefit is the same.
- **Jay Harris** noted that there are patients in whom we only treat the chest wall but there is growing comfort in just treating the chest wall in selected patients at risk, primarily for chest wall recurrence.

consensus

Radiotherapy (RT)

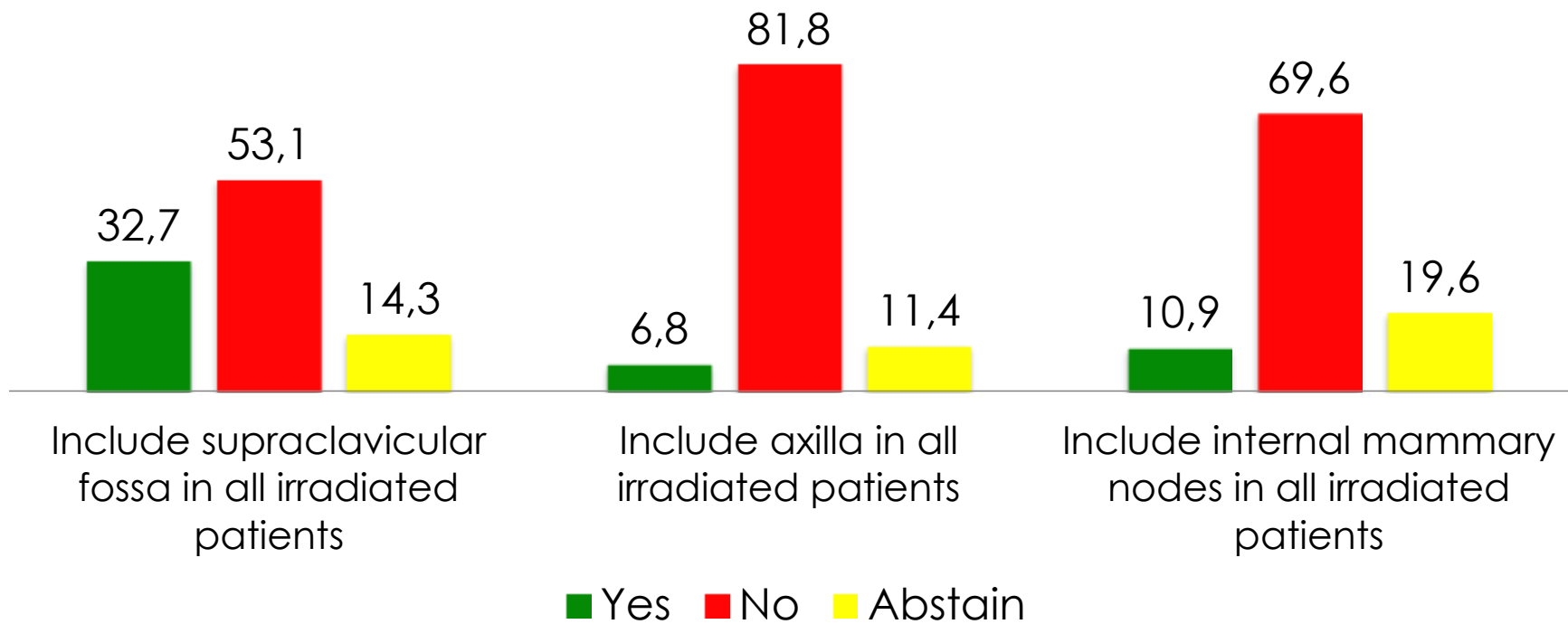
- There is a group not requiring RT as part of BCT.
- Short course RT (e.g. 40 Gy in 15 fractions) be offered as a standard in some patients, and is an option if boost is also planned.
- Following breast conserving surgery partial breast RT may be used only in the absence of adverse tumor pathology.
- Postmastectomy RT be standard for patients with,
 1. LN > 3 positive.
 2. LN 1-3 positive, with adverse pathology
 3. LN 1-3 positive in young age (< 40)

Postmastectomy RT should not be standard for patients with adverse pathology (like Her2, grade) regardless of nodes.

Postmastectomy RT should be standard for patients with tm > 5 cm (regardless of nodes) or with positive deep/radial margins.

Radiotherapy (RT)

Nodal areas requiring RT should:



**Should nodal areas requiring RT
be influenced by response to
neoadjuvant therapy?**

Not RANDOMIZED DATA

VOLUME 30 · NUMBER 32 · NOVEMBER 10 2012

JOURNAL OF CLINICAL ONCOLOGY

ORIGINAL REPORT

Predictors of Locoregional Recurrence After Neoadjuvant Chemotherapy: Results From Combined Analysis of National Surgical Adjuvant Breast and Bowel Project B-18 and B-27

*Eleftherios P. Mamounas, Stewart J. Anderson, James J. Dignam, Harry D. Bear, Thomas B. Julian,
Charles E. Geyer Jr, Alphonse Tughian, D. Lawrence Wickerham, and Norman Wolmark*

See accompanying editorial on page 3913 and article on page 3916

Not RANDOMIZED DATA

Table 1. Rates of Locoregional Recurrence After Mastectomy in NSABP B-18 and B-27

Lymph Node Stage at Presentation	Tumor Size at Presentation (cm)	Residual Invasive Tumor After Preoperative Chemotherapy		No. of Patients in Each Subset	10-Year Cumulative Incidence of LRR (%)
		Breast	Lymph Node		
Clinically node negative	≤ 5	-	-	46	6.5
		+	-	178	6.3
		Any	+	184	11.2
	> 5	-	-	16	6.2
		+	-	95	11.8
		Any	+	179	14.6
Clinically node positive	≤ 5	-	-	21	0.0
		+	-	37	10.8
		Any	+	143	17.0
	> 5	-	-	11	0.0
		-	-	33	9.2
		Any	+	128	22.5

Abbreviations: LRR, locoregional recurrence; NSABP, National Surgical Adjuvant Breast and Bowel Project.

- **NSABP-RTOG 9353**

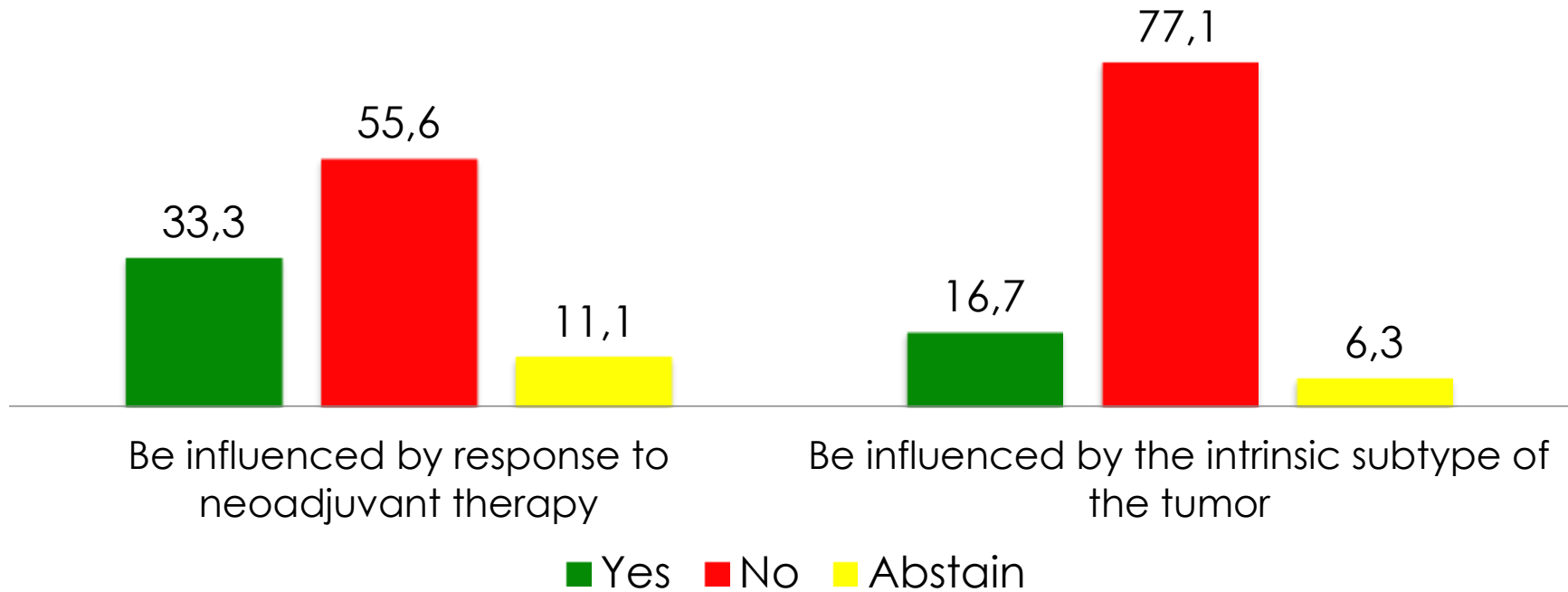
- T1-3 N1 [nodal mets confirmed with FNA]
- ypN0 found at axillary dissection after neoadjuvant chemo.
 - Post BCS → Breast RT **vs.** Breast + regional RT
 - Post MRM → observ. **vs.** PMRT

- **A011202 (ACOSOG + CALGB+NCCTG)**

- T1-3 N1
- ypN+ found at SLNB after neoadjuvant chemo.
 - All pts will get breast/Chest wall + none dissected supra- level 3 RT.
→ Axillary dissection **vs.** axillary RT

Radiotherapy

Nodal areas requiring RT should:



Comments

- **Sibylle Loibl** added that nodal radiotherapy should not be influenced by the response to neoadjuvant therapy. We do not have much data in this area and perhaps we need to reflect that in a patient with pCR maybe the nodes do not need to be irradiated. Another panelist added that we have recent clinical trial data addressing this point.
- **Partridge** commented that young age, given the uncertainty over whether this will remain a prognostic and predictive factor, is one factor we take into account when thinking about the need for post-mastectomy irradiation and because they have the highest risk of locoregional recurrence.

Comments

Alan Coates added that, as we move on to pathology in this process, we have seen that the local therapists are not too keen on changing their treatment based on pathology. But that is not the case when we come to think about systemic therapy. The real areas where we need to progress this time are in the areas of luminal disease that is HER-2 negative and there we have a great deal to look at. We now have ample evidence that you can look for prognostic factors and most of the tests you can look at will give you prognostic information. More important is the predictive scale, what he refers to as the chemofutility axis - are there patients, even though they may be at risk, for whom chemotherapy simply does not work. That's a very different question, it is a predictive question and the evidence for this is strong. If chemotherapy adds nothing then we are going to need labels within this space of luminal HER-2 negative disease. He would prefer to keep something that refers to the underlying types and we need to keep in mind that the ultimate reason for exploring this space is to give or withhold toxic chemotherapy.

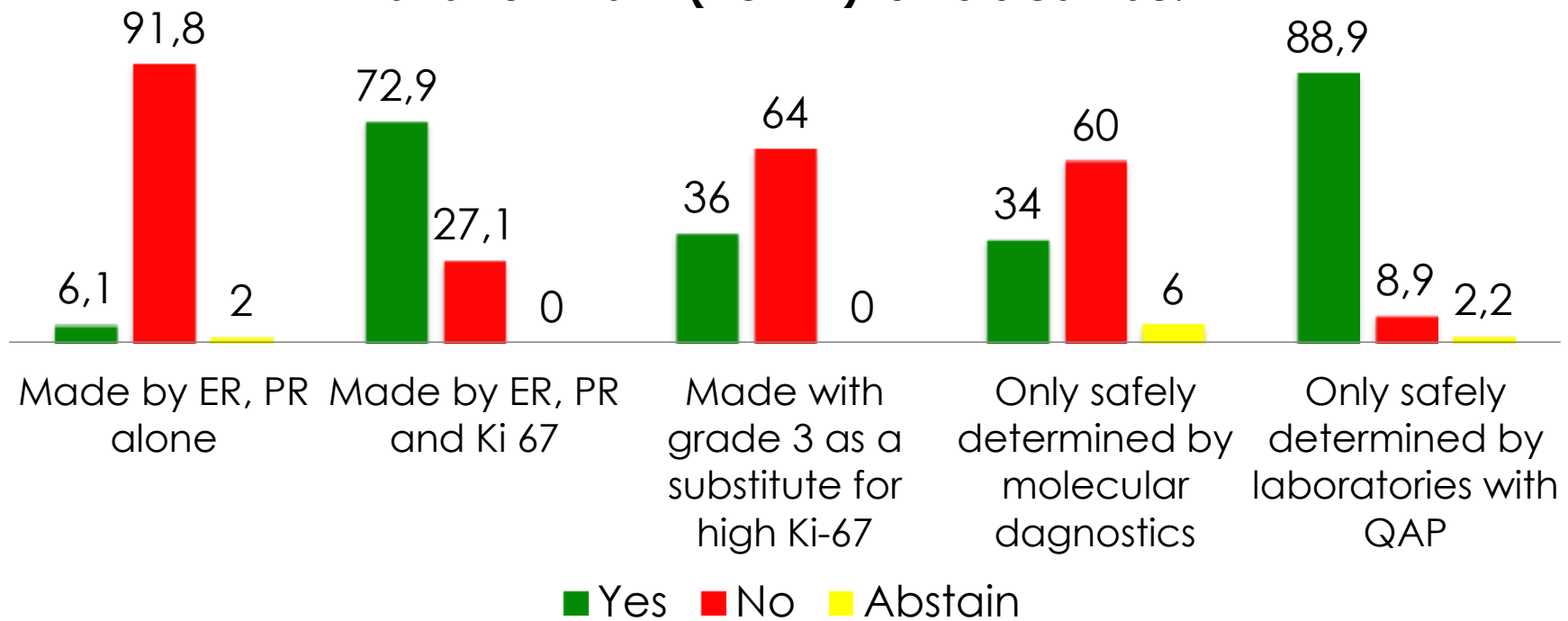
Eric Winer added that surgeons and radiation oncologists are right to consider biology to help them change their treatments but they just don't know how to do it yet. We are seeing the struggle to incorporate biology in the decision making process

Conference Topic

Pathology

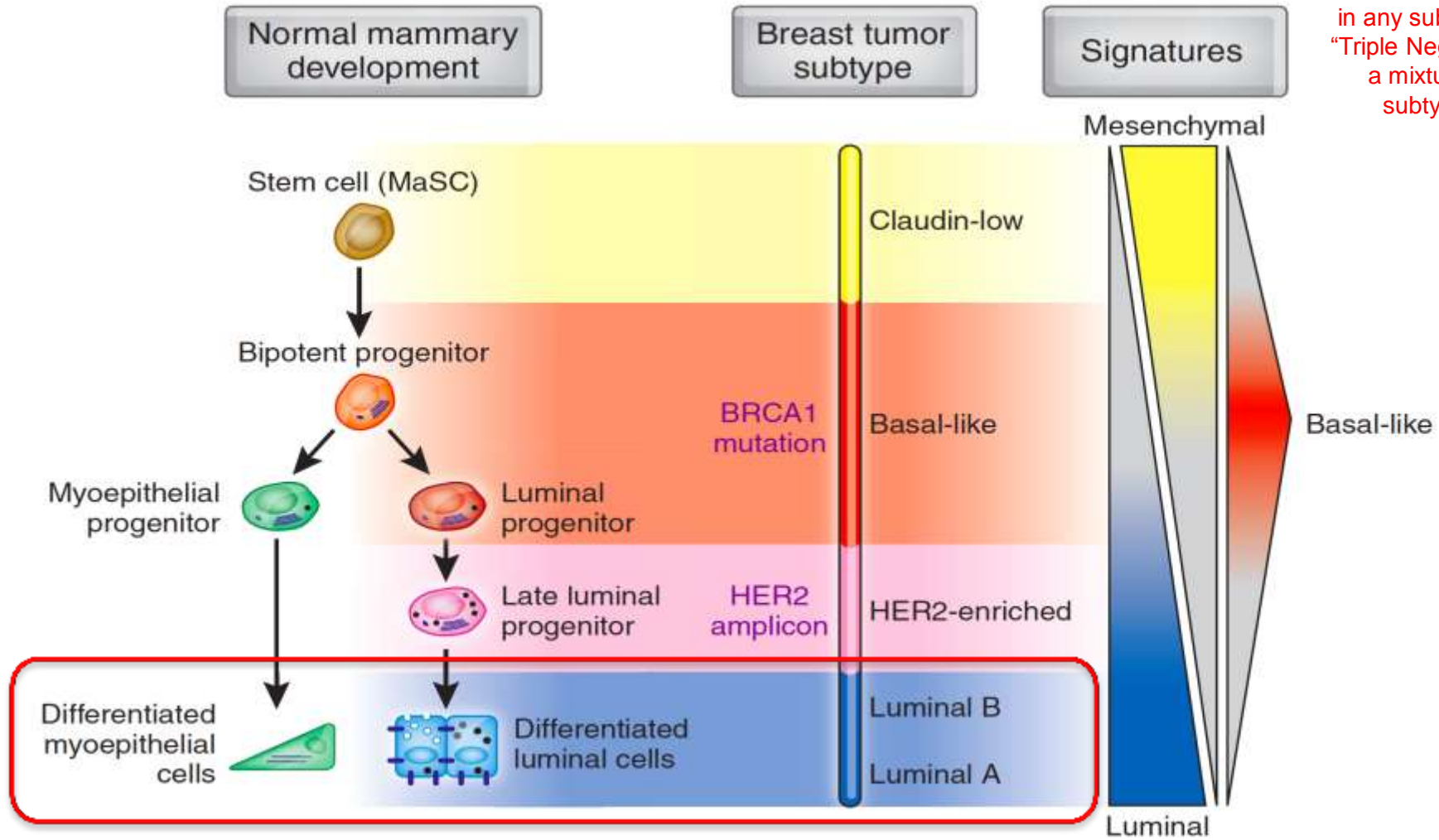
Pathology

For practical purposes distinction between clinical luminal A and Luminal B (Her 2 -) tumors can be:



QAP - quality assurance program

Breast Cancer Subtypes



HER2 and ER can be expressed in any subtype....
 "Triple Negative" -- a mixture of subtypes

Katie Vicari

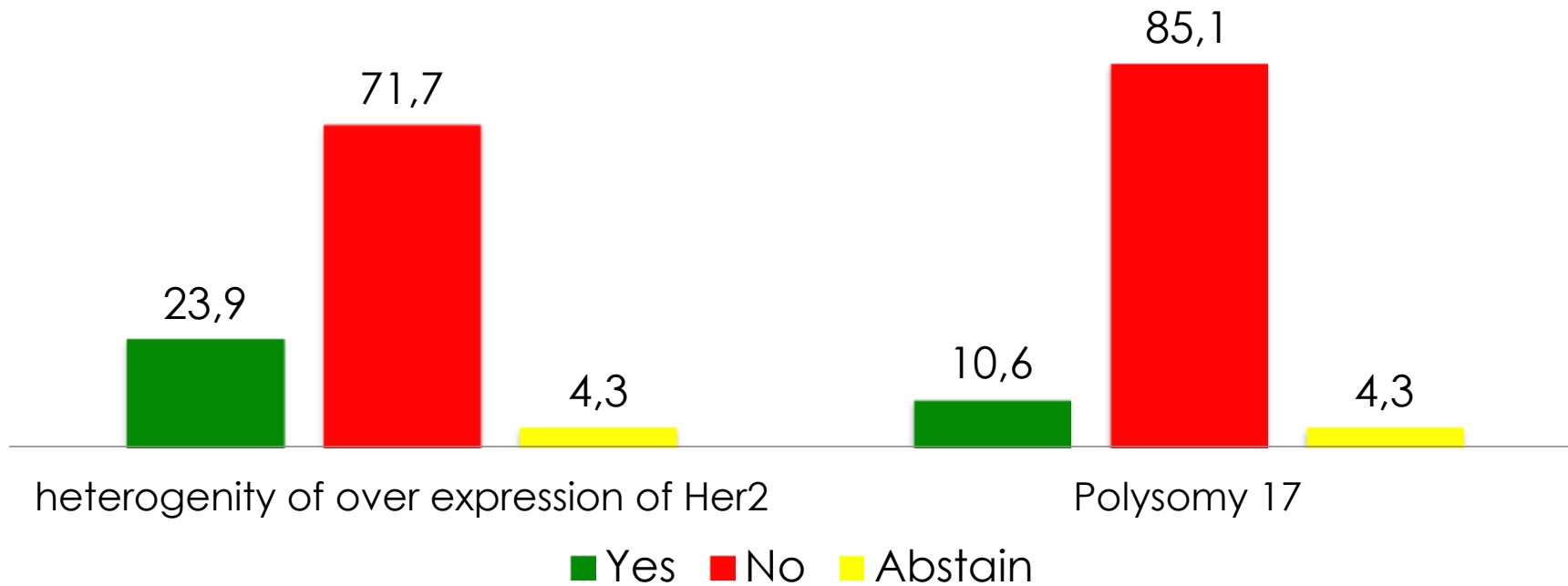
St. Gallen 2011: “Shorthand” Determination of Breast Cancer Subtypes

Intrinsic Subtype	Surrogate Definition
Luminal A	ER and/or PgR(+), HER2(-) Ki-67 low (<14%)*
Luminal B1	ER and/or PgR(+), HER2(-) Ki-67 high
Luminal B2	ER and/or PgR(+), HER2(+) Any Ki-67
HER2 over-expression	ER and PgR absent, HER2(+)
Basal-like	Triple negative ductal (not medullary, adenoid cystic)

* Using PAM50 cutpoint from Cheang et al. JNCI 2009

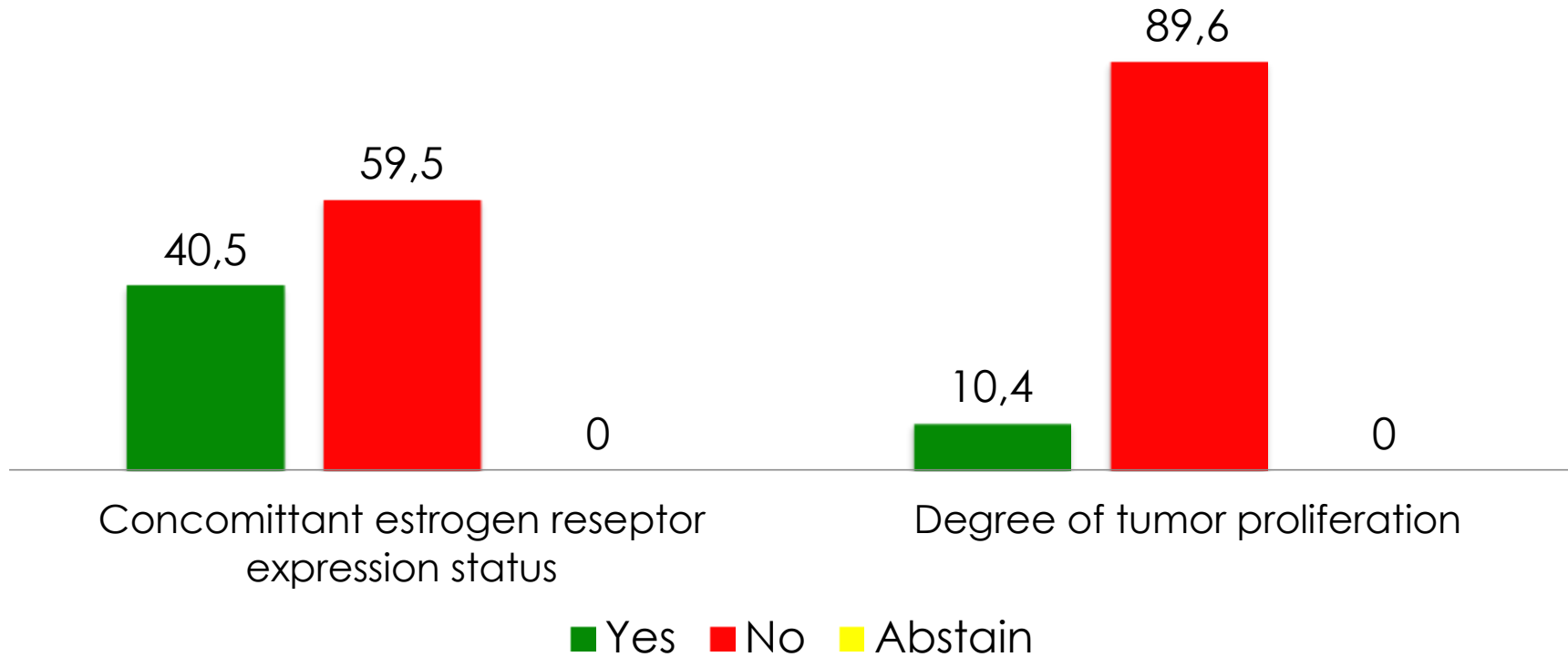
Pathology: HER2

In the determination of Her2 status for anti Her2 treatment purposes, do we need to know:



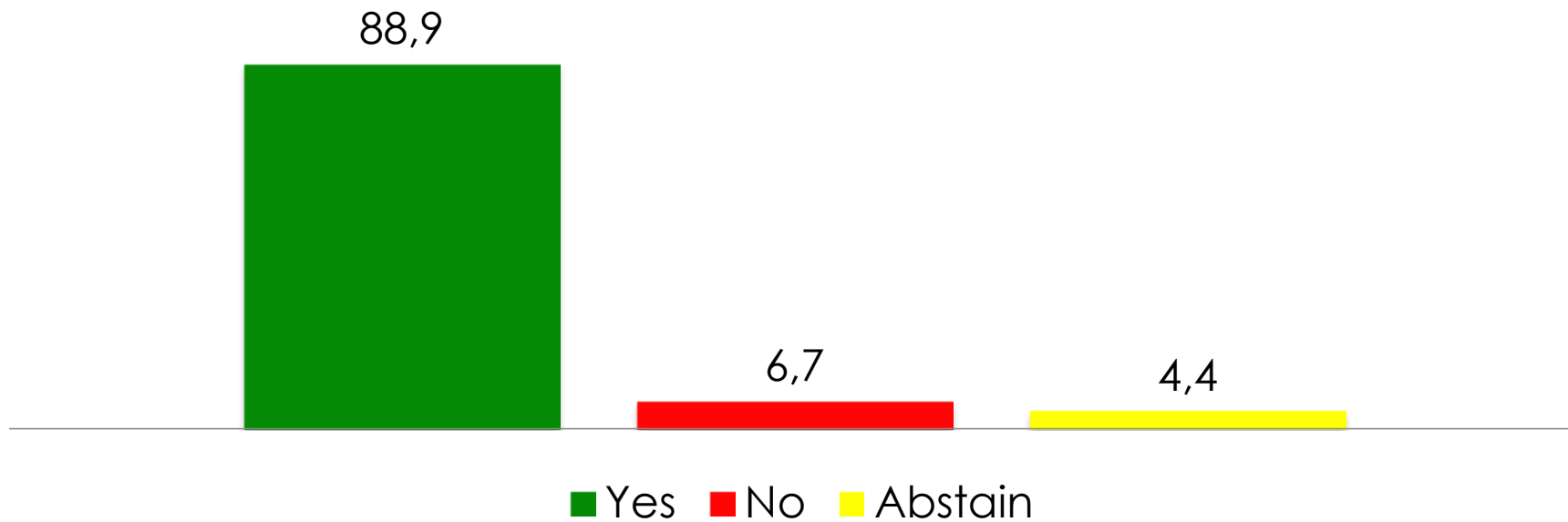
Pathology: HER2

For treatment decisions do we also need to know

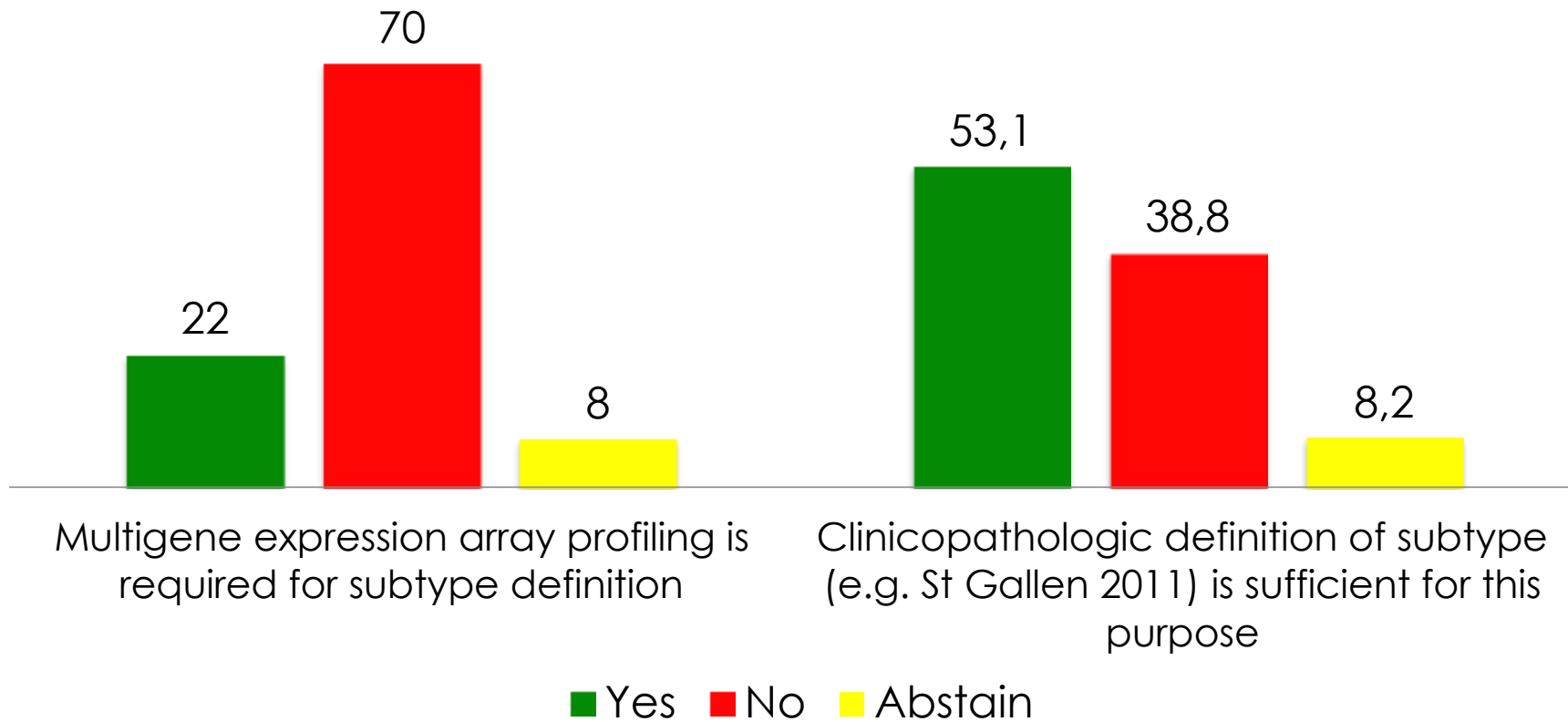


Pathology: Subtypes

Does intrinsic subtype may influence whether or not chemotherapy is used in the adjuvant regimen?

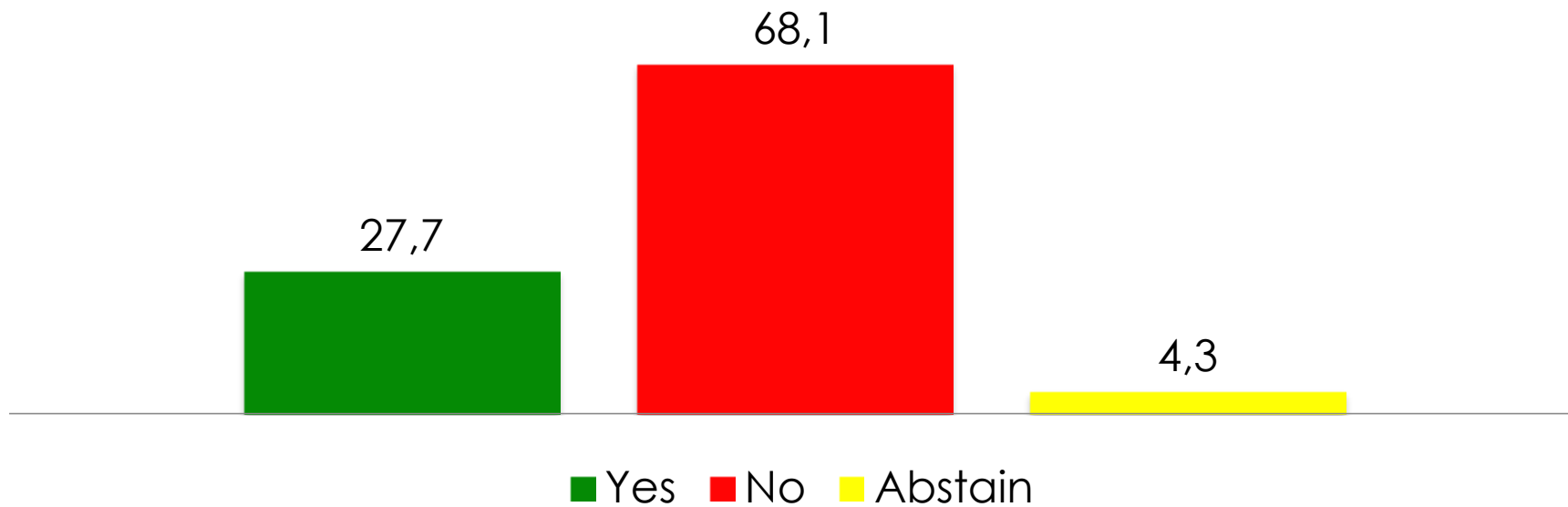


Pathology: Subtypes

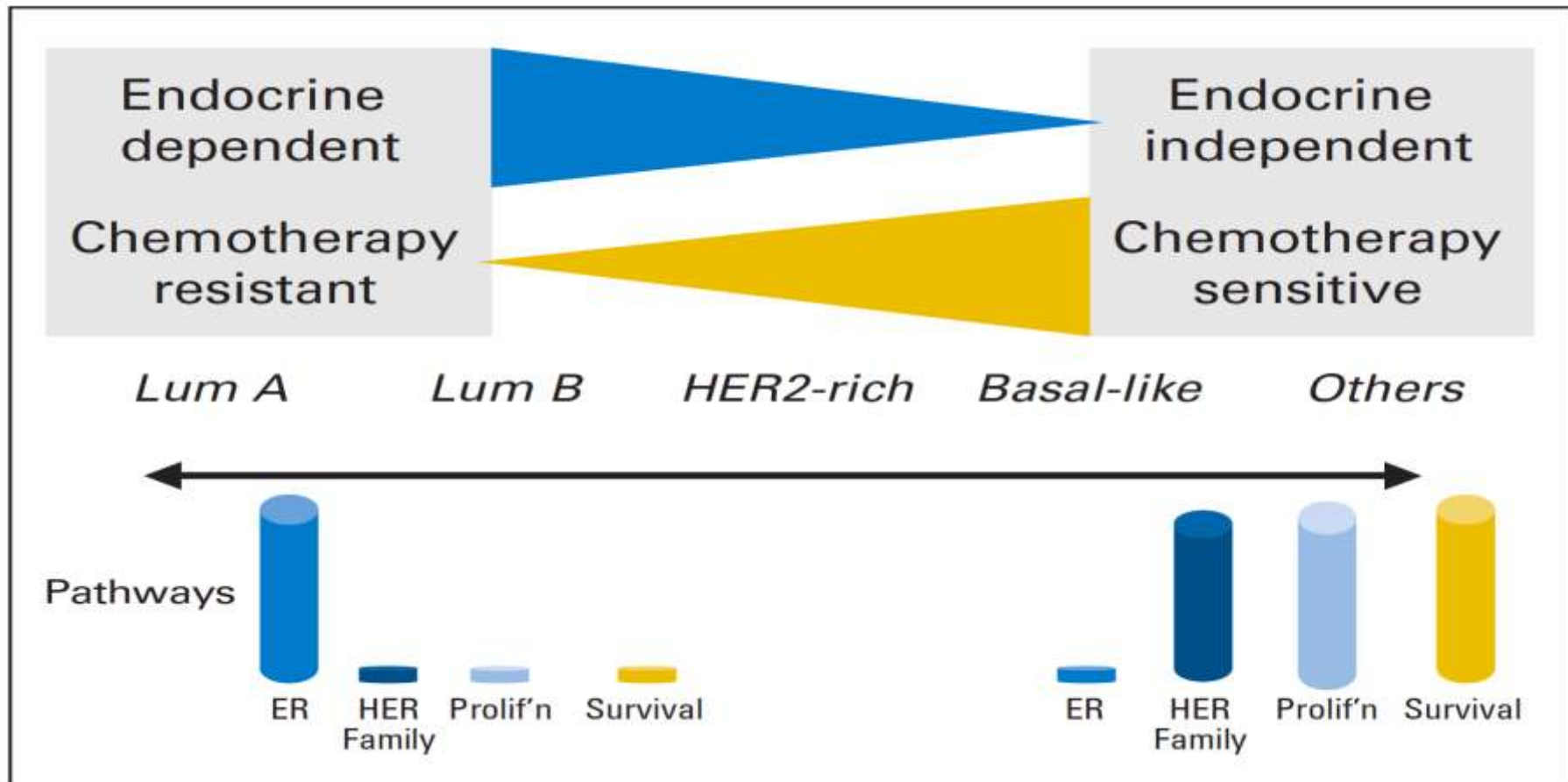


Pathology: Subtypes

**Choice of cytotoxic chemotherapy regimen
should be influenced by intrinsic subtype ?
(whether you get anthracycline vs no etc)**



A Theoretical Spectrum of Sensitivity to Adjuvant Systemic Therapy by Intrinsic Subtypes



Systemic treatment recommendations

'Subtype'	Type of therapy	Notes
'Luminal A'	Endocrine therapy alone	Few require cytotoxics (e.g. high nodal status).
'Luminal B (HER2 negative)'	Cytotoxics ± endocrine therapy	Inclusion and type of cytotoxics may depend on level of endocrine expression, perceived risk and patient preference.
'Luminal B (HER2 positive)'	Cytotoxics + anti-HER2+ endocrine therapy	No data are available to support the omission of cytotoxics in this group.
'HER2 positive (non luminal)'	Cytotoxics + anti-HER2	Patients at very low risk may be observed without treatment
'Triple negative (ductal)'	Cytotoxics	
'Special histological types'*		
A. Endocrine responsive	Endocrine therapy	
B. Endocrine non responsive	Cytotoxics	Medullary and apocrine carcinomas may not require any adjuvant cytotoxics (if node negative).

The Recurrence Score[®] Results Uses Key Genes Linked to Critical Molecular Pathways

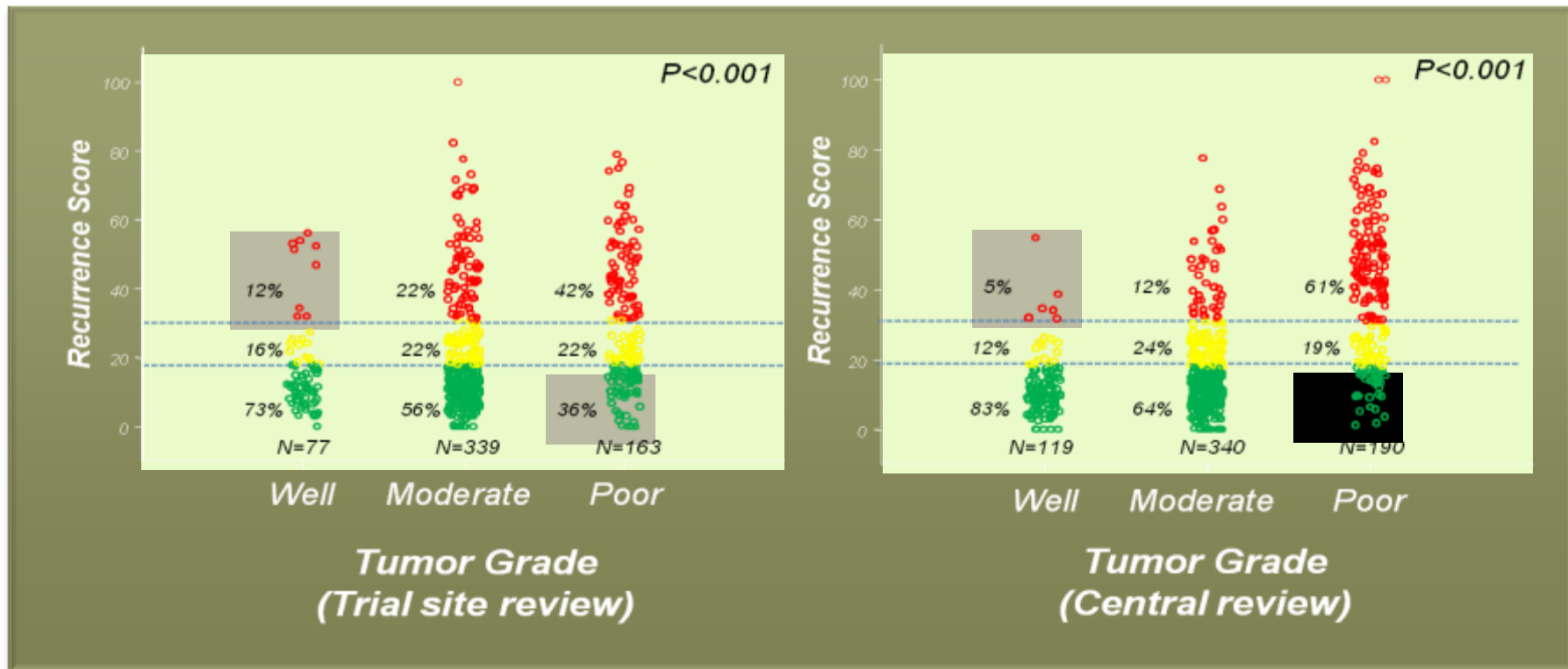
16 BREAST CANCER RELATED GENES

Estrogen	Proliferation	HER2	Invasion	Others
ER PR Bcl2 SCUBE2	Ki-67 STK15 Survivin Cyclin B1 MYBL2	GRB7 HER2	Stromelysin 3 Cathepsin L2	CD68 GSTM1 BAG1

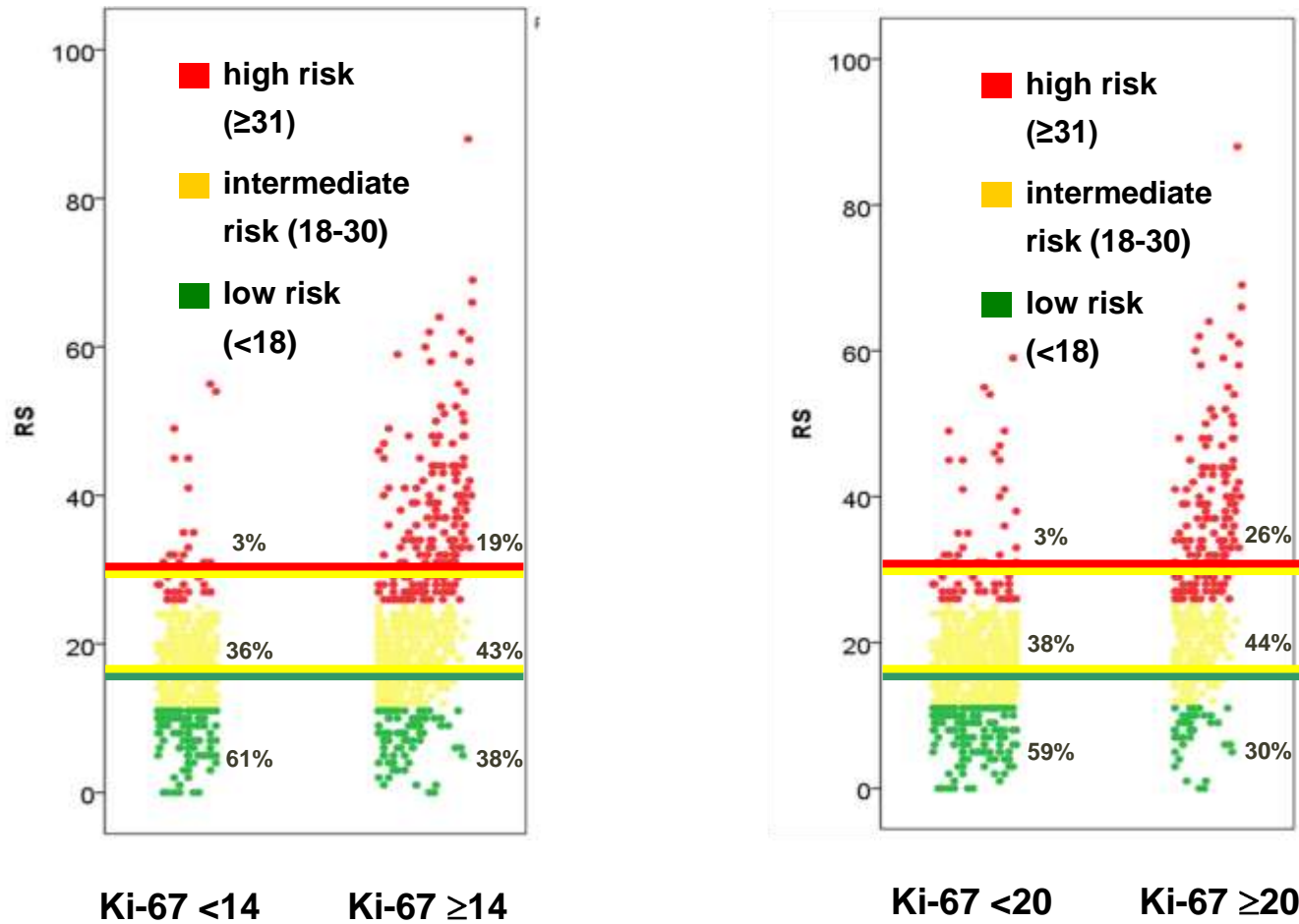
5 REFERENCE GENES

Beta-actin	GAPDH	RPLPO	GUS	TFRC
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NSABP B-20: Significant proportion of high-grade tumors have a low Recurrence Score[®] result and many low-grade tumors have a high result



Recurrence Score[®] by Ki-67 Standard Cut-offs



Oncotype DX[®] Is the Only Multigene Expression Assay Incorporated into NCCN[®], ASCO[®], and St. Gallen's Guidelines

NCCN GuidelinesTM

**Consider use in > 0.5 cm, HR+, HER2- disease
pT1, pT2, or pT3 and pN1mi
(≤ 2 mm axillary node metastasis)**

ASCO Guidelines

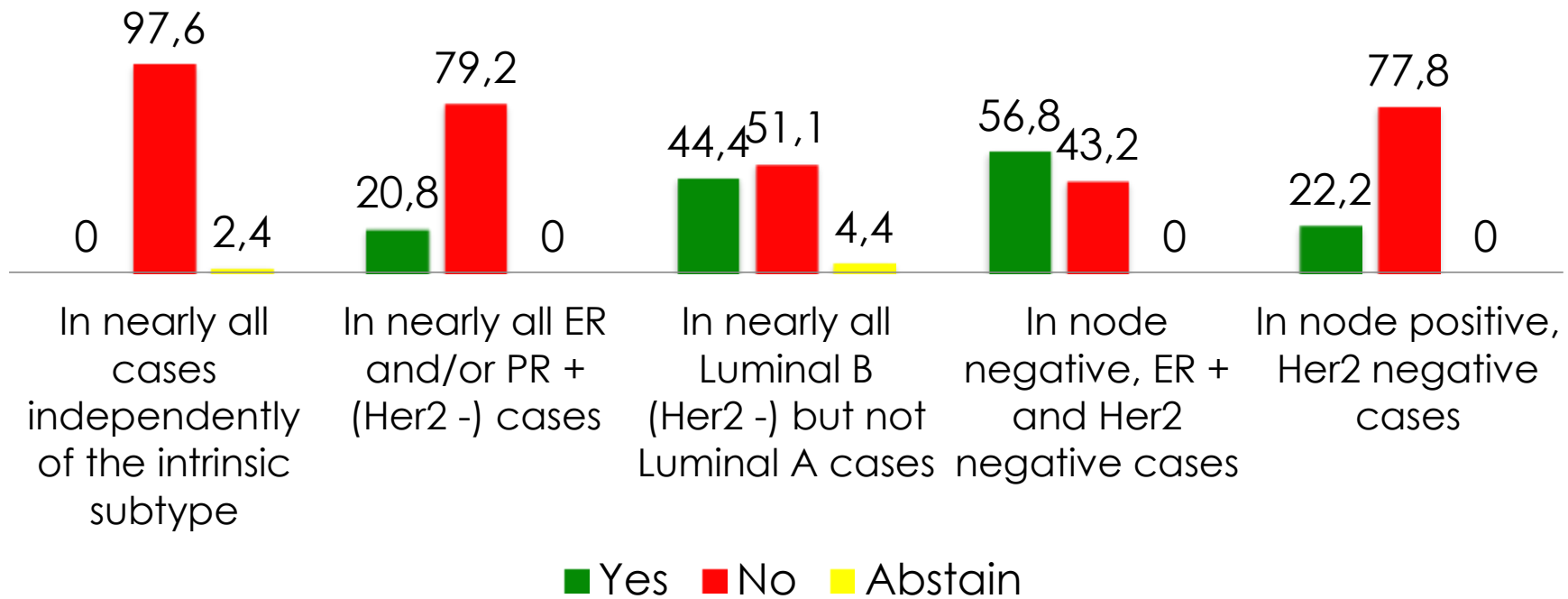
**Newly diagnosed patients with node-negative,
ER+ breast cancer who will receive tamoxifen**

St. Gallen 2011 Consensus

**Oncotype DX has been shown to predict
chemotherapy benefit among patients with
HR+ disease**

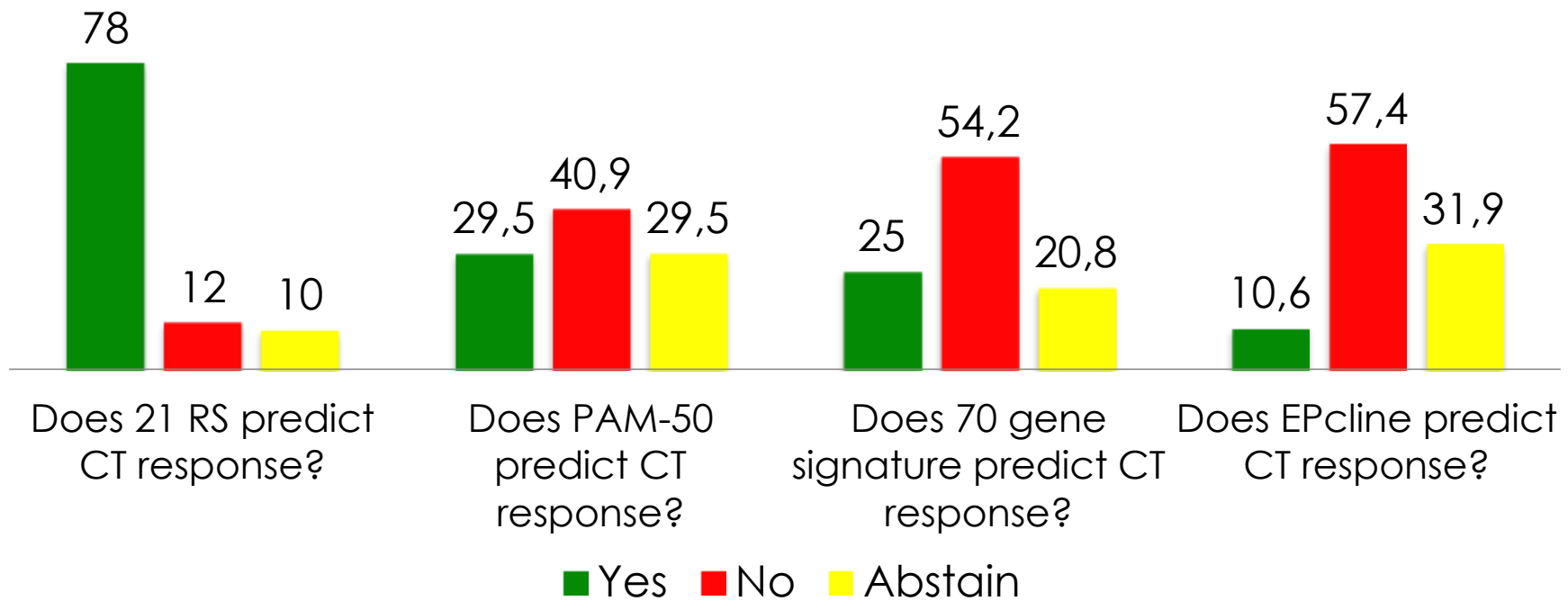
Multi-Gene Signatures

Would you ask for one of multigene signatures (after clinicopathologic assessment)?



Multi-Gene Signatures

In an endocrine responsive* cohort:



*i.e. Any expression of ER and/or PR

Comments

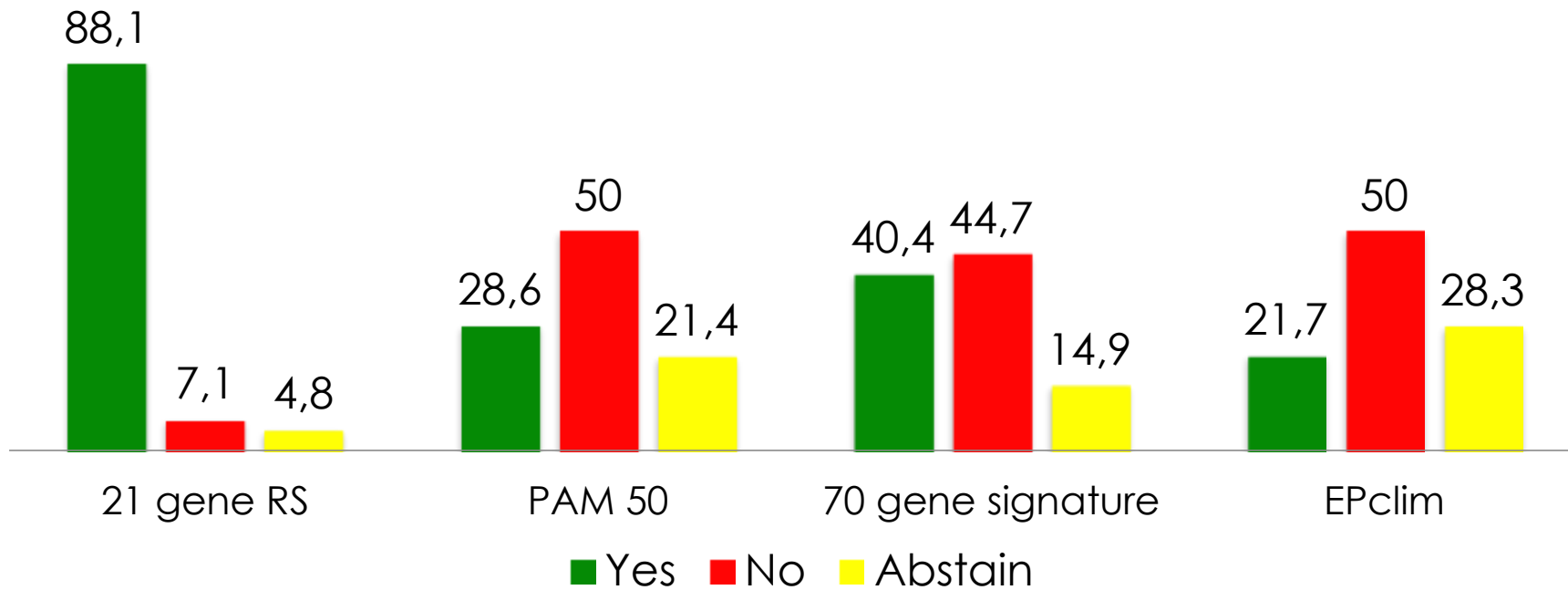
- **Jay Harris** stated that regarding the actual assays, there remains a lot of variability for example it would be a tremendous mistake for this panel to recommend that Ki67 done by IHC should be used to determine whether or not chemotherapy should or should not be given
- **Martine Piccart** also added that the Ki67 is an unreliable assay we should not make recommendations for women based on this assay that has no demonstration of analytical validity. Perhaps a compromise is in grade III tumour where you can be relatively confident in Ki67 but for all the other tumours Ki67 is not the right way to go right now.

Comments

- Pathologist **Frederique Penault-Llorca's** perspective is that we should try to have agreement on the percentage through quality assurance procedures. Overall, we can manage to do Ki67 even though it is imperfect (particularly in the range 20-30%). We are not very good with grade II tumours, that's a fact, but we do actually have good reproducibility for grade III tumours (i.e. those with high Ki67 expression).
- **Eric Winer** concluded that it is important to look at the pathology report with a healthy dose of skepticism - particular the results of any single test. We will be a place in a few years to offer much more precise diagnostics. We are now training molecular pathology and we are far beyond the morphological diagnosis.

Multi-Gene Signatures

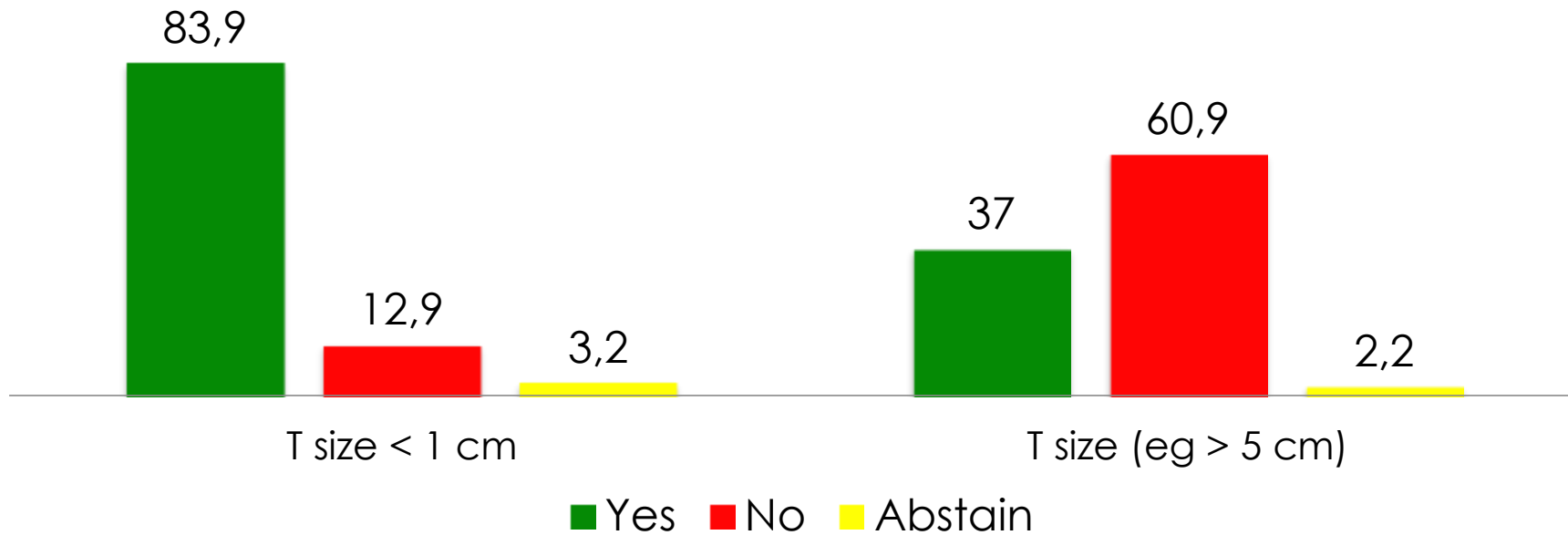
In an endocrine responsive* cohort, selection of patients who might forego chemotherapy can be partially based on:



*i.e. Any expression of ER and/or PR

Molecular Diagnostics

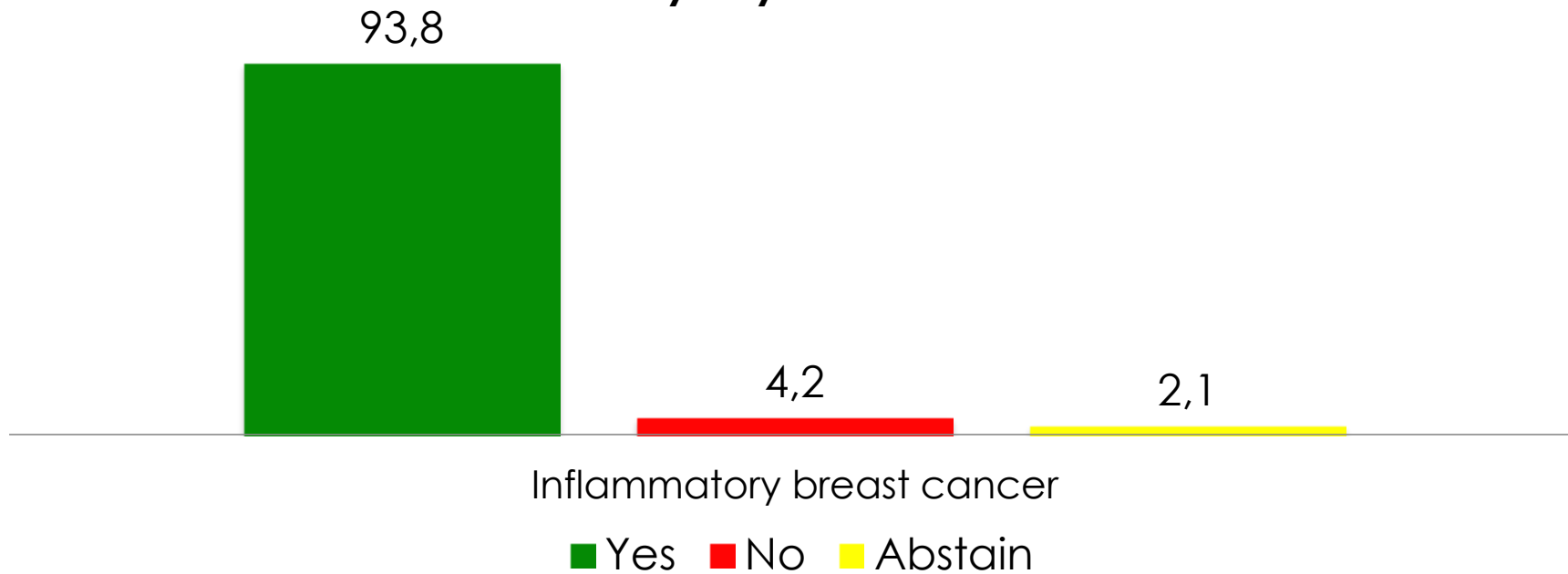
In an endocrine responsive* cohort, molecular diagnostics can be omitted if chemotherapy would not be given anyway because



*i.e. Any expression of ER and/or PR

Molecular Diagnostics

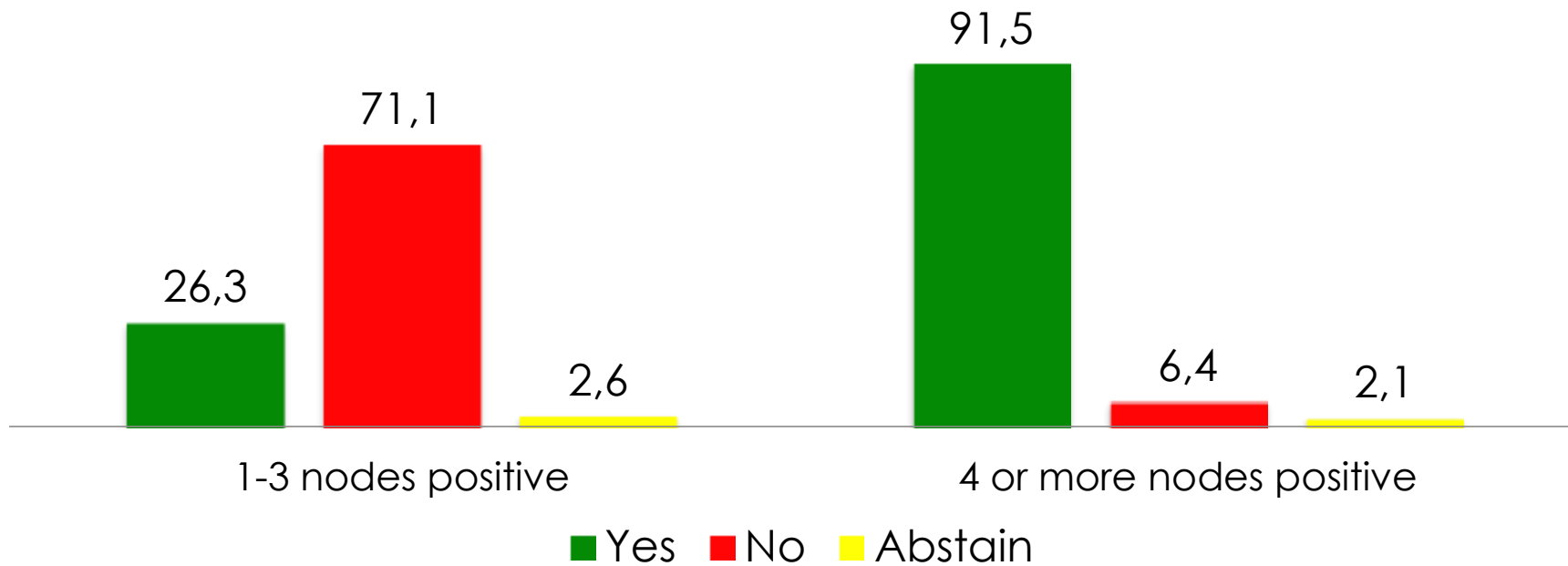
In an endocrine responsive* cohort, molecular diagnostics can be omitted if chemotherapy would not be given anyway because



*i.e. Any expression of ER and/or PR

Molecular Diagnostics

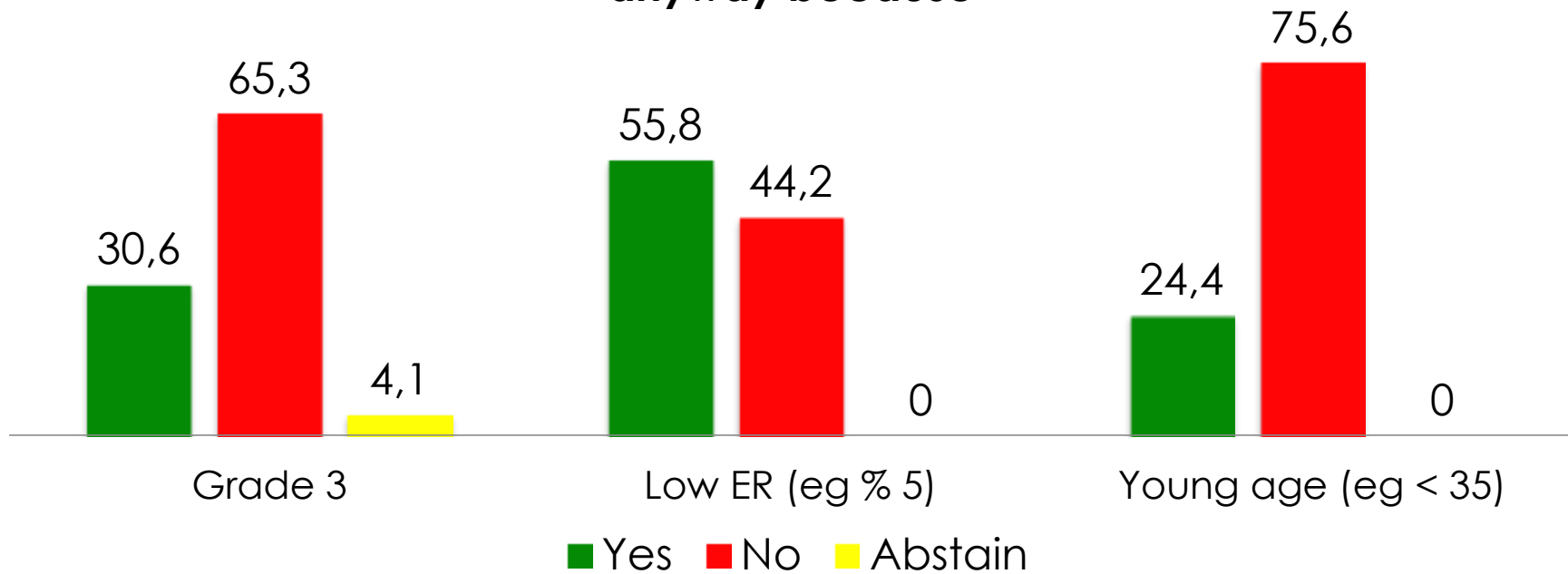
In an endocrine responsive* cohort, molecular diagnostics can be omitted if chemotherapy would not be given anyway because



*i.e. Any expression of ER and/or PR

Molecular Diagnostics

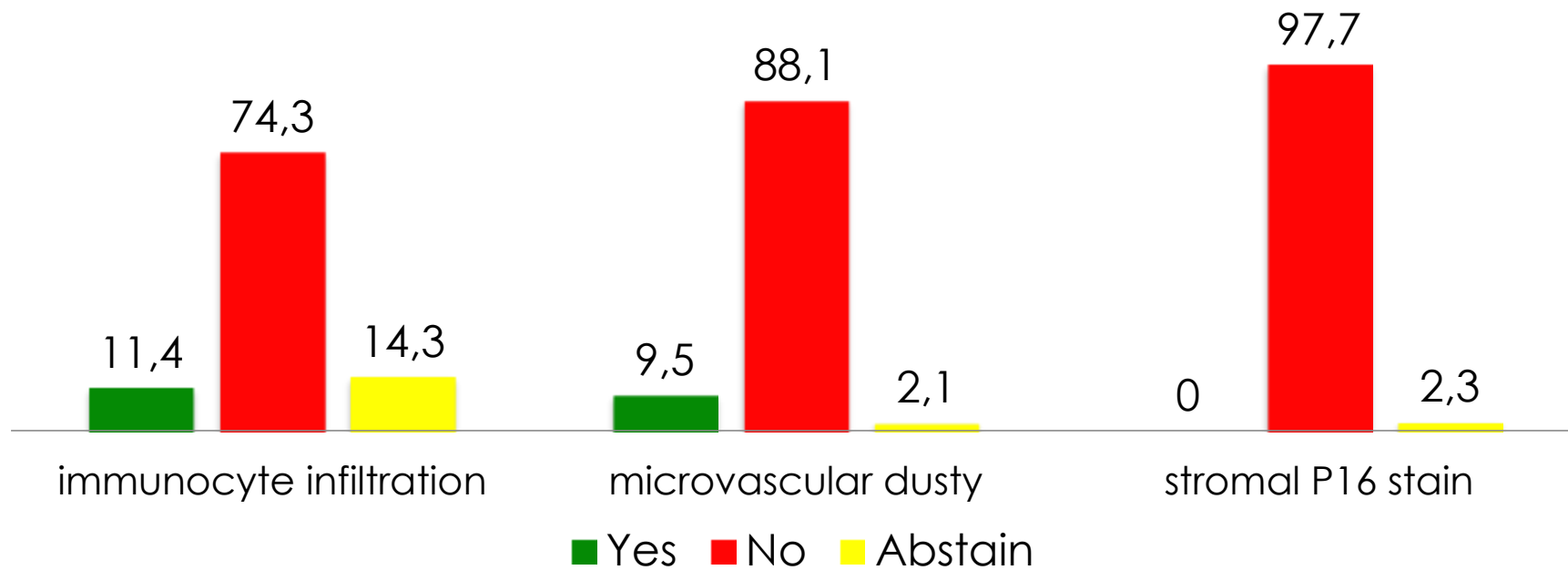
In an endocrine responsive* cohort, molecular diagnostics can be omitted if chemotherapy would not be given anyway because



*i.e. Any expression of ER and/or PR

Stroma

Pathologic features of the stroma which should influence therapy choice in routine clinical practice include:



consensus

PATHOLOGY 1

- For practical purposes distinction between luminal A and Luminal B (Her 2 -) tumors can be made by ER, PR, Ki67, and only determined by laboratories with quality assurance program.
- In the determination of Her2 status for anti Her2 treatment purposes, we do not need to know heterogeneity of over expression of Her2.
- In Her2 positive patients estrogen receptor status, and degree of tumor proliferation do not change treatment decisions.

consensus

PATHOLOGY 2

- Intrinsic subtype may influence whether or not chemotherapy is used in the adjuvant regimen.
- Multigene expression array profiling is not required for subtype definition. Clinicopathologic definition of subtype (e.g. St Gallen 2011) is sufficient for this purpose.
- Choice of cytotoxic chemotherapy regimen should not be influenced by intrinsic subtype.

consensus

PATHOLOGY 3

- We would ask for one of multigene signatures (after clinicopathologic assessment) in node negative, ER + and Her2 – cases.
- In an endocrine responsive cohort, 21 gene RS (OncotypeDx) predicts chemotherapy response and selection of patients who might forego chemotherapy can be partially based on this result.
- In an endocrine responsive cohort, if 'tm < 1cm and node negative', inflammatory breast cancer, 4 or more + LN, low ER (e.g. %5) molecular diagnostics can be omitted.

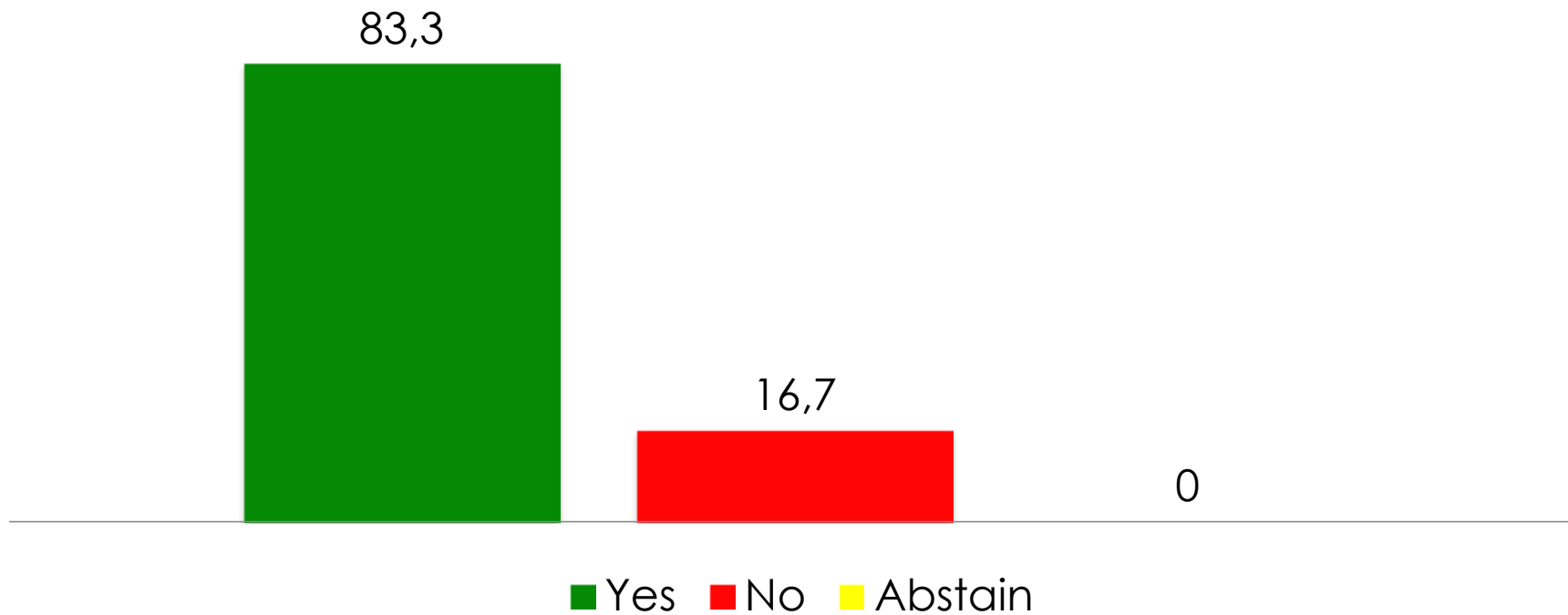
Conference Topic

Endocrine therapy

Endocrine Therapies

Establishing Standards for Premenopausal

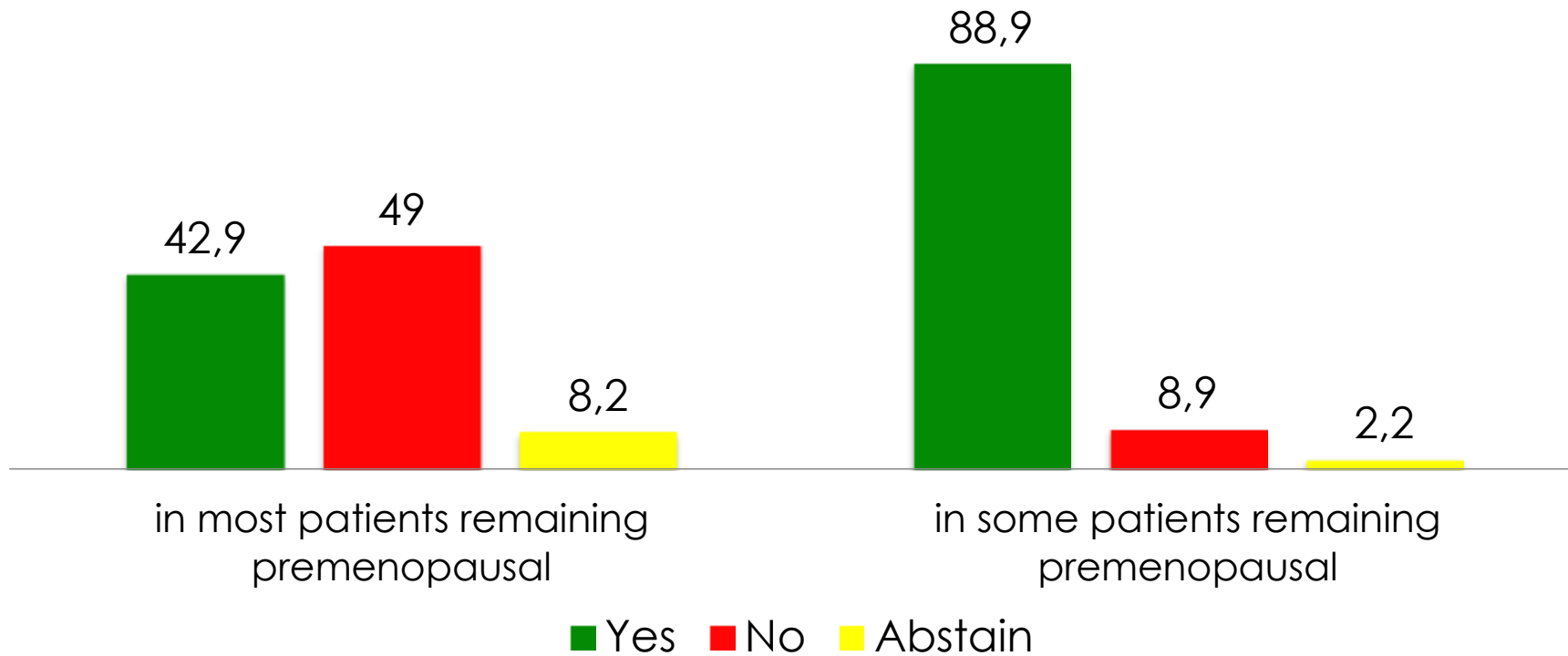
Tamoxifen alone as default (in ER +)



Endocrine Therapies

Establishing Standards for Premenopausal

Tamoxifen duration should be extended to 10 years



Extended Tamoxifen 5 vs 10 Years - ATLAS

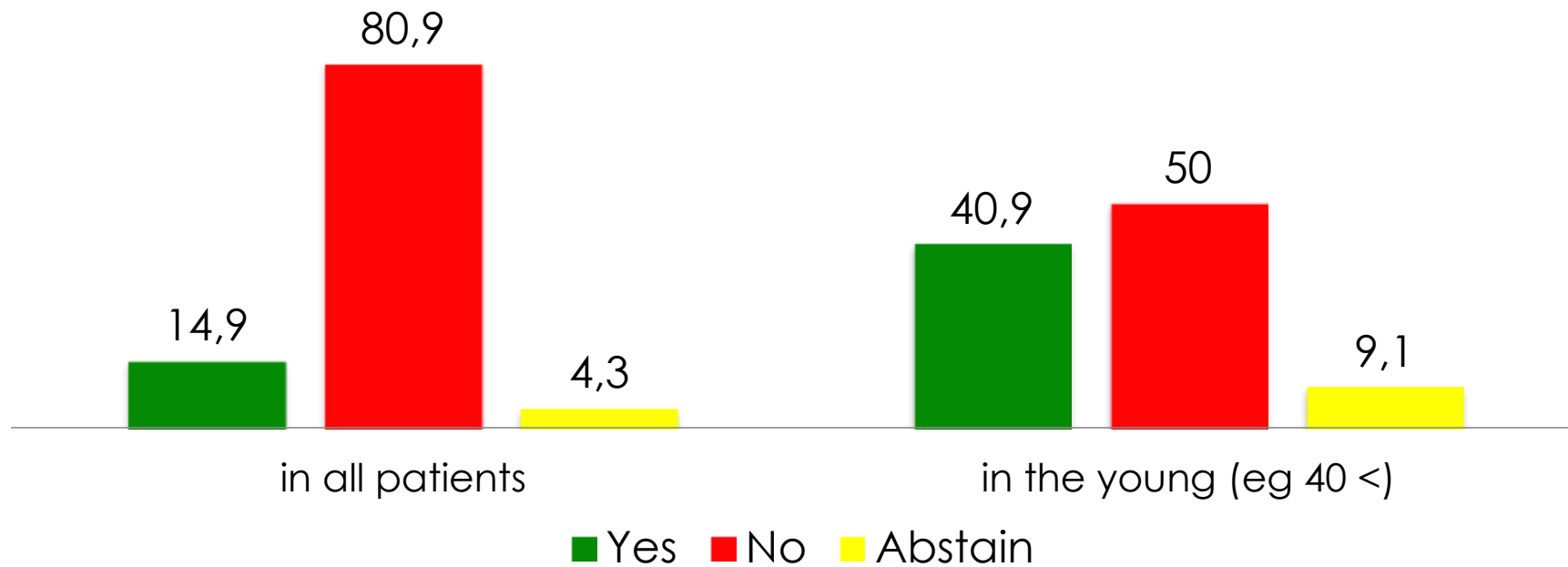
Factor	No of ER-Positive Patients (%)
Age < 45 yr	1270 (19%)
Age 45-54 yr	2189 (32%)
Premenopausal	630 (10%)

Factor	Ratio of Annual Event Rates (SE)
Age < 55 yr	0.83 (0.07)
Age ≥ 55yr	0.86 (0.07)
Premenopausal	0.81 (0.15)
Post/unknown	0.85 (0.05)

Endocrine Therapies

Establishing Standards for Premenopausal

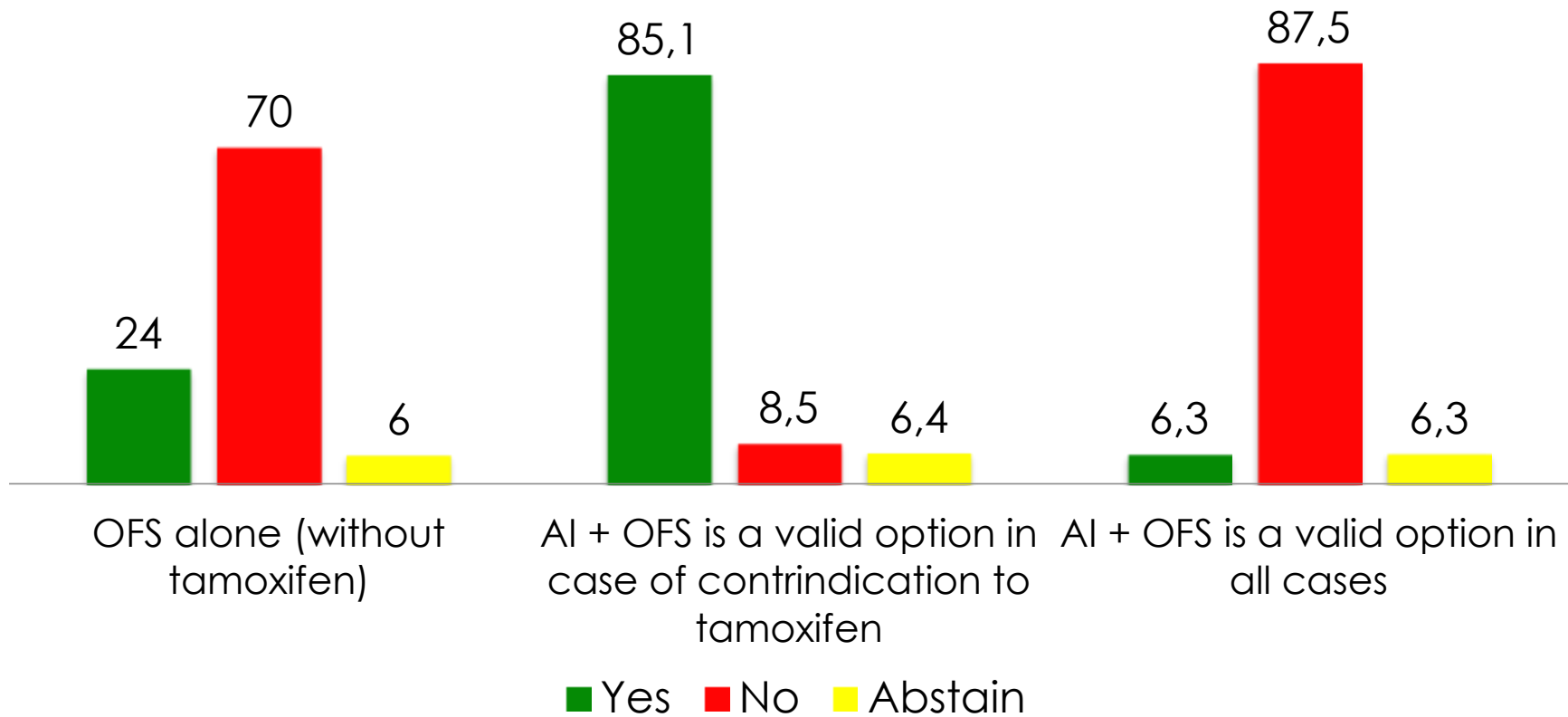
Ovarian function suppression (OFS) should be added to tamoxifen



OFS - Ovarian function suppression

Endocrine Therapies

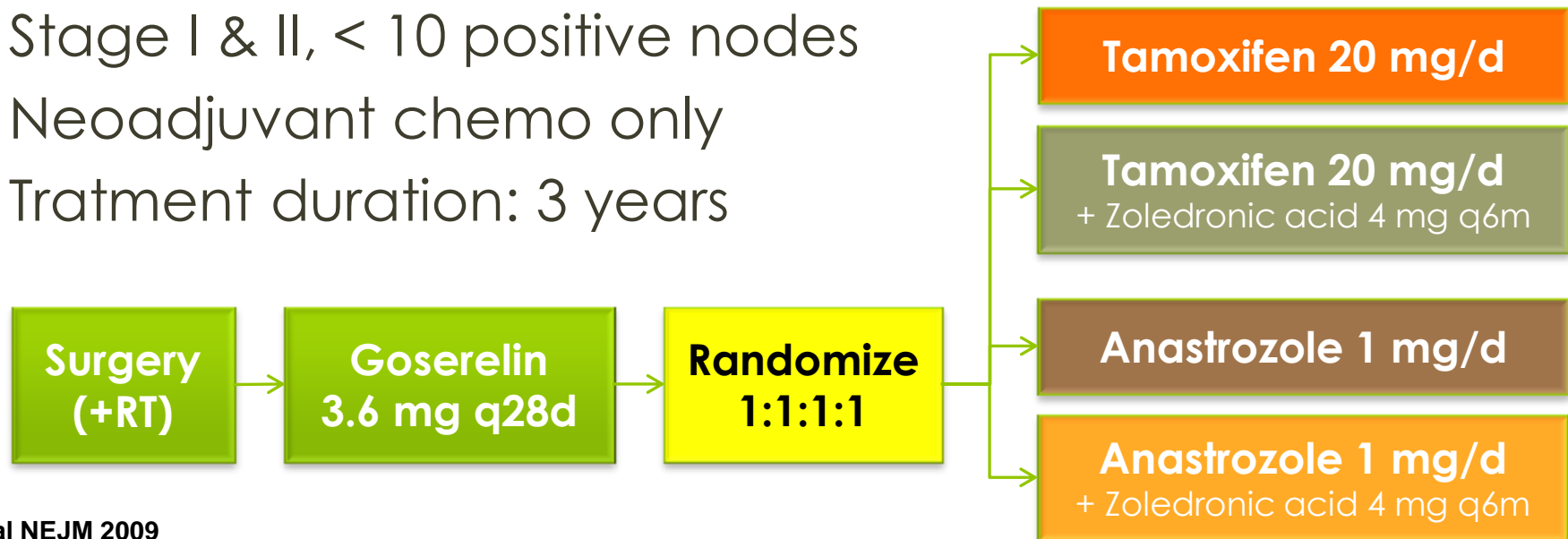
Establishing Standards for Premenopausal



OFS - Ovarian function supression

Optimal Endocrine Therapy For Premenopausal Women ABCSG12

- Accrual 1999-2006
- 1803 premenopausal breast cancer patients
- Endocrine – responsive (ER and / or PR positive)
- Stage I & II, < 10 positive nodes
- Neoadjuvant chemo only
- Treatment duration: 3 years



Worse OS but not RFS with AI in ABCSG12 at 62 Months Median Follow-up

DFS	1.08 (0.81-1.44) p=0.591
Overall survival	1.75 (1.08-2.83) p=0.02

- Why?
- 96% of women enrolled are alive
- No clear explanation
- No obvious differences in cause of death
- Chance? Methods? Inadequate salvage?
- Role of obesity?

Neoadjuvant Combined Endocrine Therapy - STAGE

Premenopausal
Receptor-positive
Her2-negative
Operable N=197

Goserelin+anastrozole
+placebo (GAP)

RR 70%

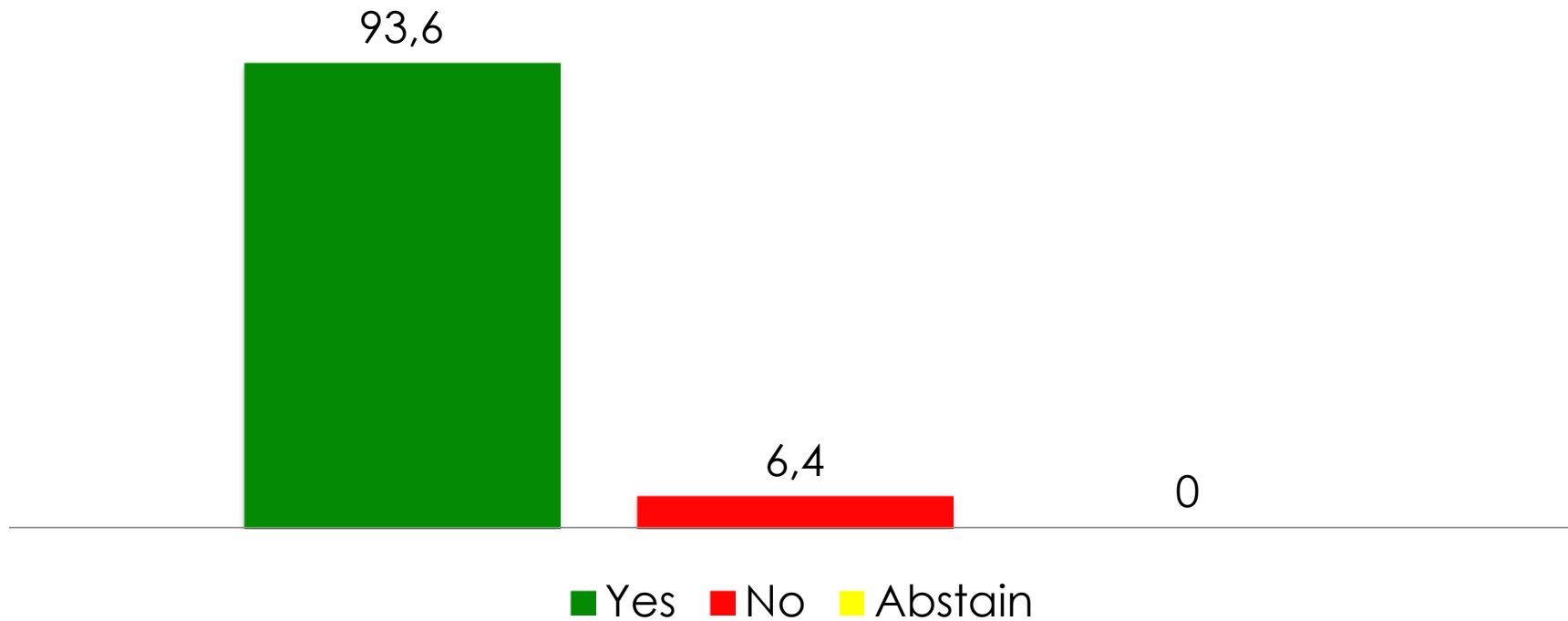
Goserelin+tamoxifen+
placebo (GTP)

RR 51%

Endocrine Therapies

Establishing Standards for Postmenopausal

Can some patients be adequately treated with tamoxifen alone?



The Breast 22 (2013) 121–129

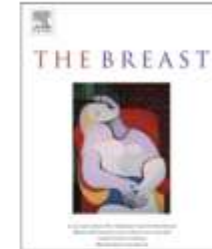


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Review

Meta-analysis of breast cancer outcome and toxicity in adjuvant trials of aromatase inhibitors in postmenopausal women

Adnan Aydiner*

Istanbul University, Institute of Oncology, 34390 Istanbul, Turkey

Table 2

Effect estimates of the individual randomized controlled trials (RCTs) and the meta-analysis for AI monotherapy versus 5 yrs of tamoxifen treatment.

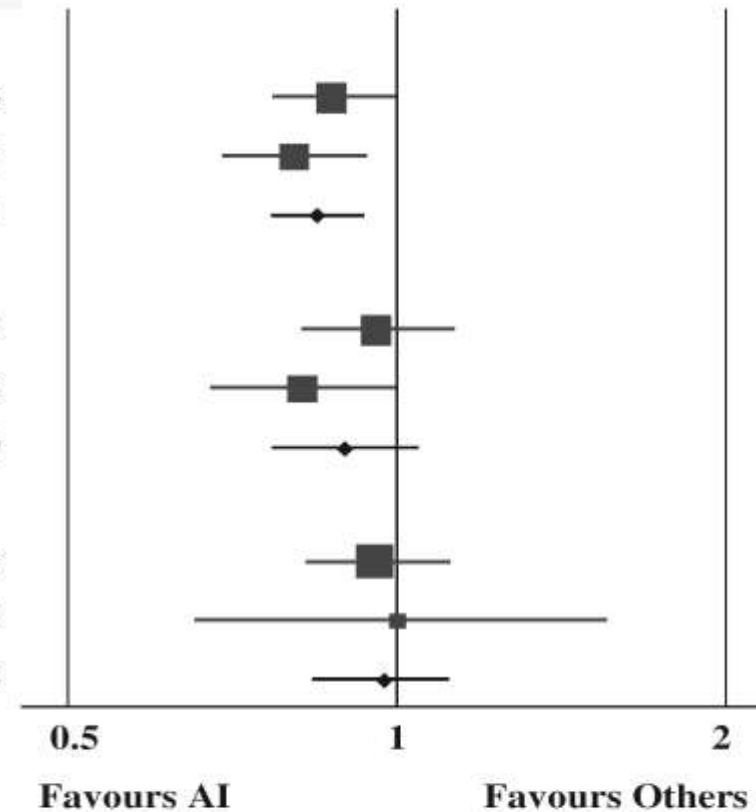
RCT ^{reference}	Intervention arm	DFS [HR (95% CI)]		OS [HR (95% CI)]		DWR [HR (95% CI)]	
		RCT	Meta-analysis	RCT	Meta-analysis	RCT	Meta-analysis
Overall, ATAC ¹⁸ (follow-up: 120 mo)	Anastrozole 5 yrs	0.91 (0.83–0.99)	0.89 (0.83–0.95) p = 0.001	0.97 (0.87–1.08)	0.93 (0.83–1.03) p = 0.149	0.97 (0.87–1.08)	0.97 (0.88–1.07) p = 0.594
BIG 1–98 ^{19,20}	Letrozole 5 yrs	0.86 (0.77–0.95)		0.87 (0.76–0.99)		1.00 (0.74–1.35)	
Hormone receptor-positive ATAC ¹⁸ (follow-up: 120 mo)	Anastrozole 5 yrs	0.86 (0.78–0.95)	0.86 (0.8–0.92) p < 0.001	0.95 (0.85–1.06)	0.92 (0.84–1.0) p = 0.046	1.04 (0.88–1.22)	1.03 (0.89–1.19) p = 0.675
BIG 1–98 ^{19,20}	Letrozole 5 yrs	0.86 (0.77–0.95)		0.87 (0.76–0.99)		1.00 (0.74–1.35)	

CI: confidence interval; DFS: disease-free survival; HR: hazard ratio; OS: overall survival; DWR: death without recurrence; R: receptor.

AI Monotherapy – All Pts

A

RCT ^{reference}	HR	95% CI	P
Disease-free survival			
ATAC ¹⁸	0.91	0.83 0.99	0.036
BIG 1-98 ^{19,20}	0.86	0.77 0.95	0.005
Meta-analysis	0.89	0.83 0.95	0.001
Overall, survival			
ATAC ¹⁸	0.97	0.87 1.08	0.589
BIG 1-98 ^{19,20}	0.87	0.76 0.99	0.042
Meta-analysis	0.93	0.83 1.03	0.149
Death without recurrence			
ATAC ¹⁸	0.97	0.87 1.08	0.568
BIG 1-98 ^{19,20}	1.00	0.74 1.35	0.989
Meta-analysis	0.97	0.88 1.07	0.594

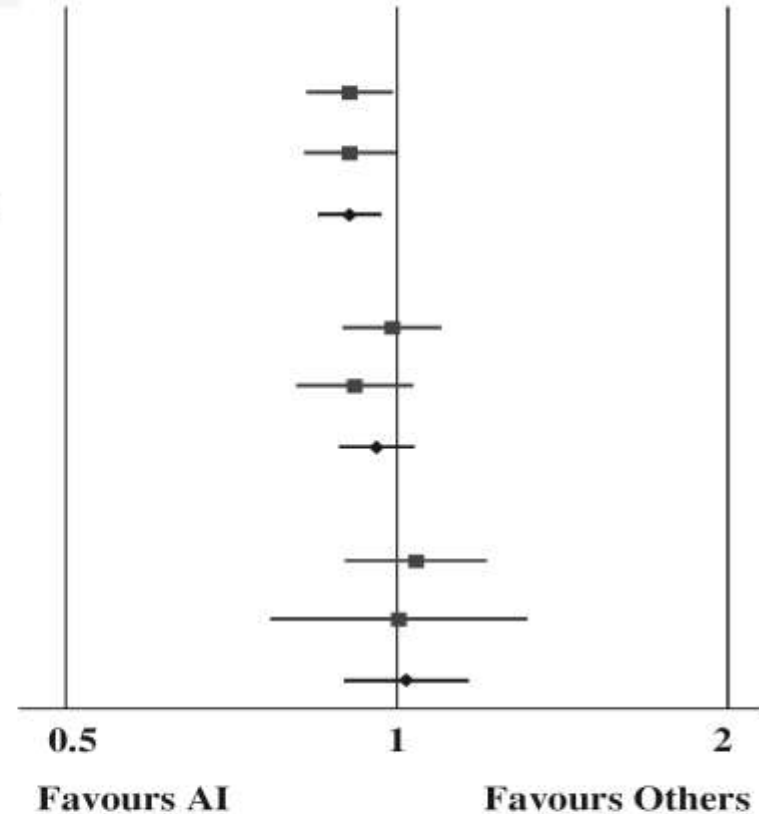


RCT: randomized controlled trial; HR: hazard ratio; 95% CI: lower and upper boundaries of the 95% confidence interval; AI: aromatase inhibitor

AI Monotherapy – HR (+) Pts

B

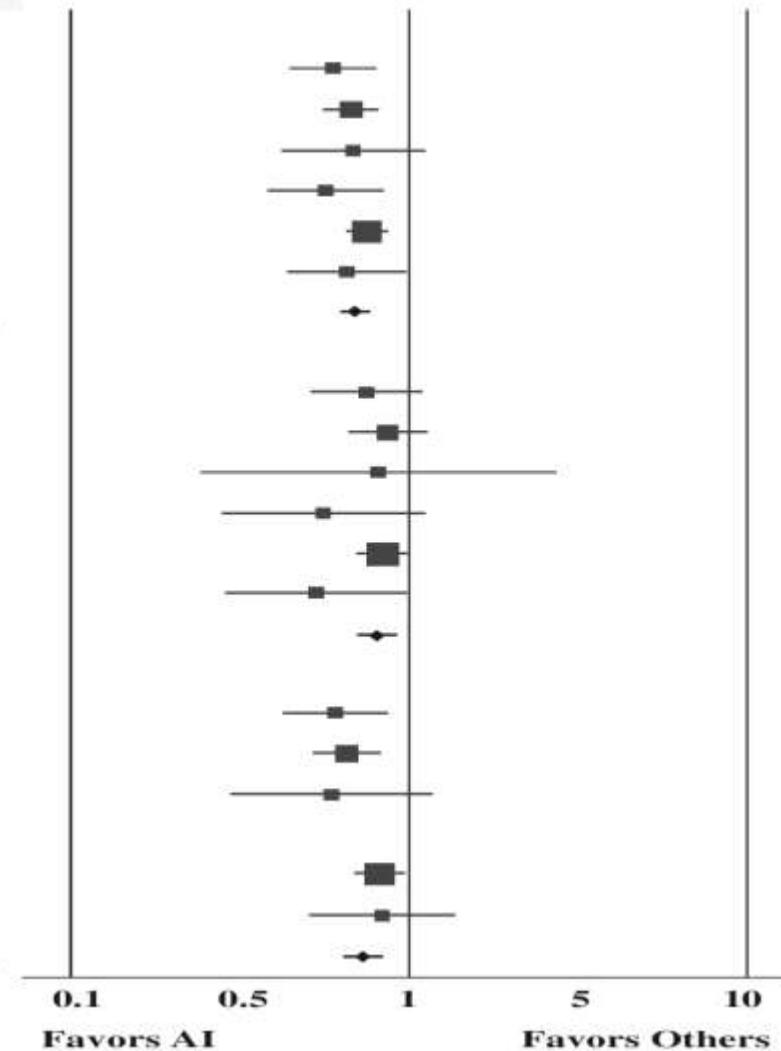
RCT ^{reference}	HR	95% CI	P
Disease-free survival			
ATAC ¹⁸	0.86	0.78 0.95	0.003
BIG 1-98 ^{19,20}	0.86	0.77 0.95	0.005
Meta-analysis	0.86	0.80 0.92	<0.001
Overall survival			
ATAC ¹⁸	0.95	0.85 1.06	0.373
BIG 1-98 ^{19,20}	0.87	0.76 0.99	0.042
Meta-analysis	0.92	0.84 1.00	0.046
Death without recurrence			
ATAC ¹⁸	1.04	0.88 1.22	0.638
BIG 1-98 ^{19,20}	1.00	0.74 1.35	0.989
Meta-analysis	1.03	0.89 1.19	0.675



RCT: randomized controlled trial; HR: hazard ratio; 95% CI: lower and upper boundaries of the 95% confidence interval; AI: aromatase inhibitor

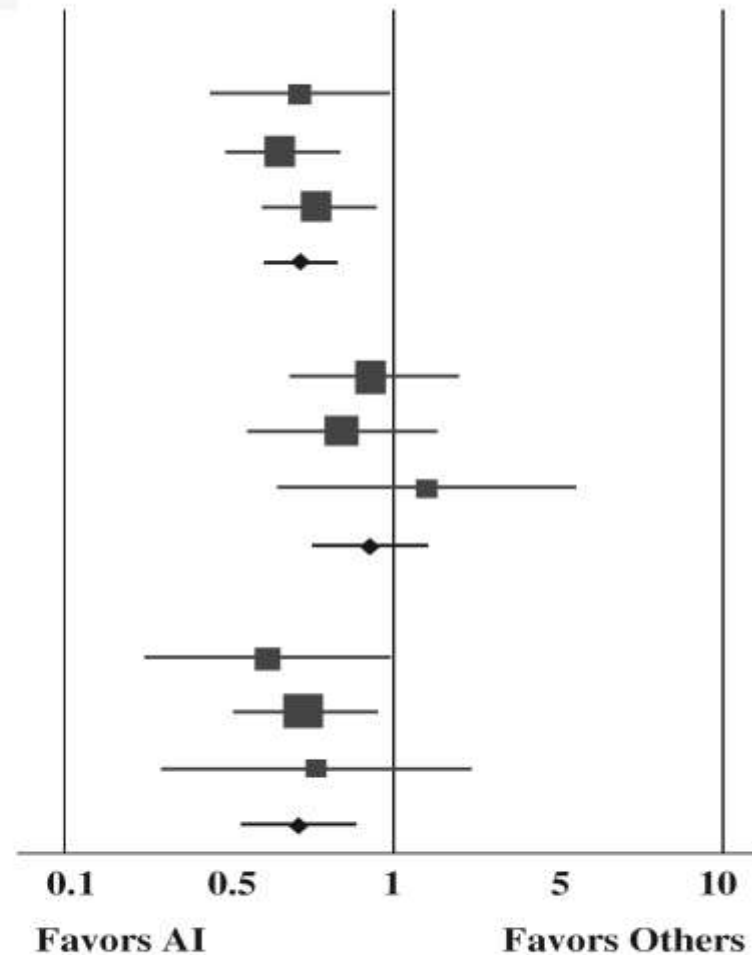
Sequenced AI Therapy – All Pts

RCT ^a reference	HR	95% CI	P
Disease-free survival			
ABCSG 8+ ARNO-95 ¹³	0.60	0.44 0.81	0.001
TEAM ¹⁶	0.68	0.56 0.82	<0.001
N-SAS BC03 ¹⁷	0.69	0.42 1.14	0.145
ITA ¹⁴	0.57	0.38 0.85	0.006
IE Study ¹²	0.76	0.66 0.88	<0.001
ARNO 95 ^{13,21}	0.66	0.44 0.99	0.047
Meta-analysis	0.70	0.63 0.77	<0.001
Overall, survival			
ABCSG 8+ ARNO-95 ¹³	0.76	0.51 1.12	0.160
TEAM ¹⁶	0.88	0.67 1.16	0.361
N-SAS BC03 ¹⁷	0.82	0.24 2.84	0.757
ITA ¹⁴	0.56	0.28 1.13	0.108
IE Study ¹²	0.85	0.71 1.02	0.079
ARNO 95 ^{13,21}	0.53	0.28 1.00	0.049
Meta-analysis	0.81	0.71 0.93	0.003
Distant metastasis			
ABCSG 8+ ARNO-95 ¹³	0.61	0.42 0.88	0.008
TEAM ¹⁶	0.66	0.52 0.83	<0.001
N-SAS BC03 ¹⁷	0.59	0.29 1.20	0.146
ITA ¹⁴	--	-- --	--
IE Study ¹²	0.83	0.70 0.98	0.031
ARNO 95 ^{13,21}	0.84	0.51 1.40	0.511
Meta-analysis	0.74	0.65 0.85	<0.001



Extended AI Therapy – All Pts

RCT ^{reference}	HR	95% CI	P
Disease-free survival			
ABCSG 6a ²⁵	0.62	0.40 0.96	0.032
MA.17 ^{22,23}	0.57	0.43 0.75	<0.001
NSABP B-33 ²⁴	0.68	0.51 0.90	0.007
Meta-analysis	0.62	0.52 0.74	<0.001
Overall, survival			
ABCSG 6a ²⁵	0.89	0.59 1.34	0.578
MA.17 ^{22,23}	0.76	0.48 1.21	0.245
NSABP B-33 ²⁴	1.15	0.55 2.38	0.709
Meta-analysis	0.87	0.66 1.16	0.342
Distant metastasis			
ABCSG 6a ²⁵	0.53	0.29 0.96	0.038
MA.17 ^{22,23}	0.64	0.45 0.91	0.013
NSABP B-33 ²⁴	0.67	0.32 1.43	0.300
Meta-analysis	0.62	0.46 0.82	0.001



RCT: randomized controlled trial; HR: hazard ratio; 95% CI: lower and upper boundaries of the 95% confidence interval; AI: aromatase inhibitor

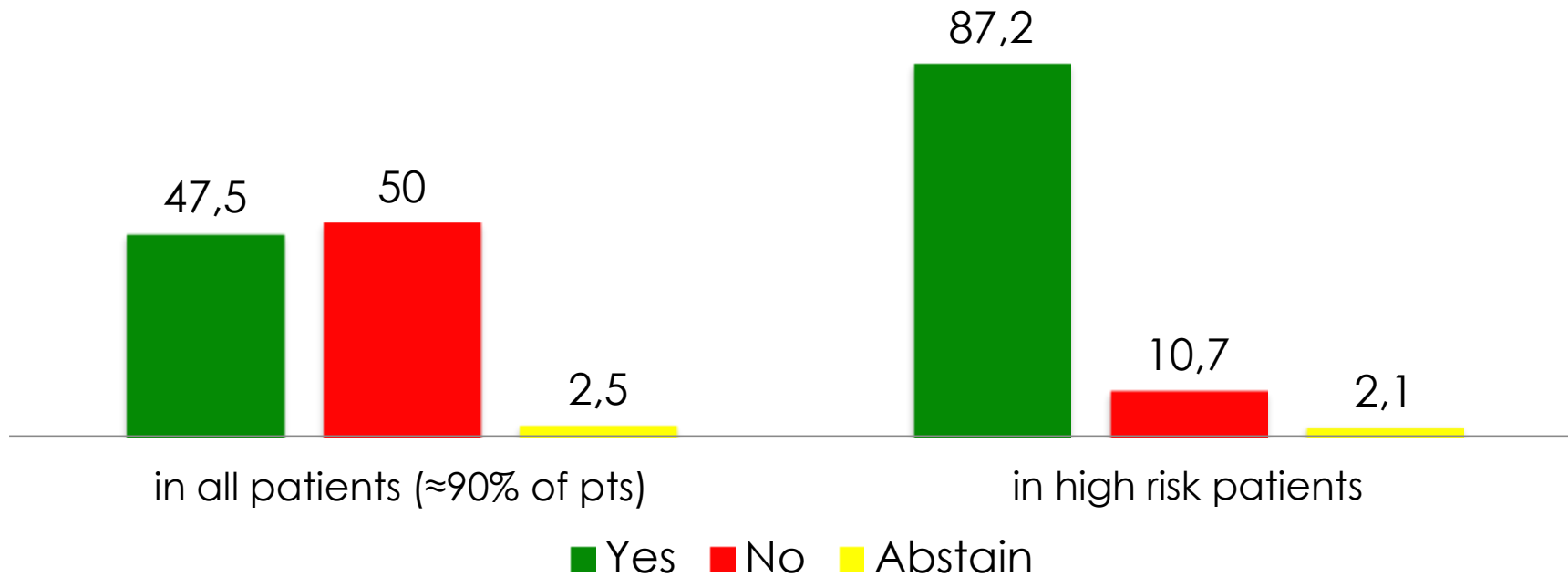
Conclusions

- DFS was significantly improved by AI monotherapy, sequenced therapy and extended therapy.
- All of the patients benefited significantly from sequenced therapy,
- Hormone receptor positive patients benefited from AI monotherapy with respect to OS
- Safety analyses
 - AI monotherapy conferred significantly lower risks for thromboembolic events and endometrial cancer compared with tamoxifen monotherapy; however, **there was a greater risk of cardiovascular events.**
 - Sequenced therapy was also superior in terms of endometrial cancer but was inferior with respect to fractures, thromboembolic and cardiovascular events.

Endocrine Therapies

Establishing Standards for Postmenopausal

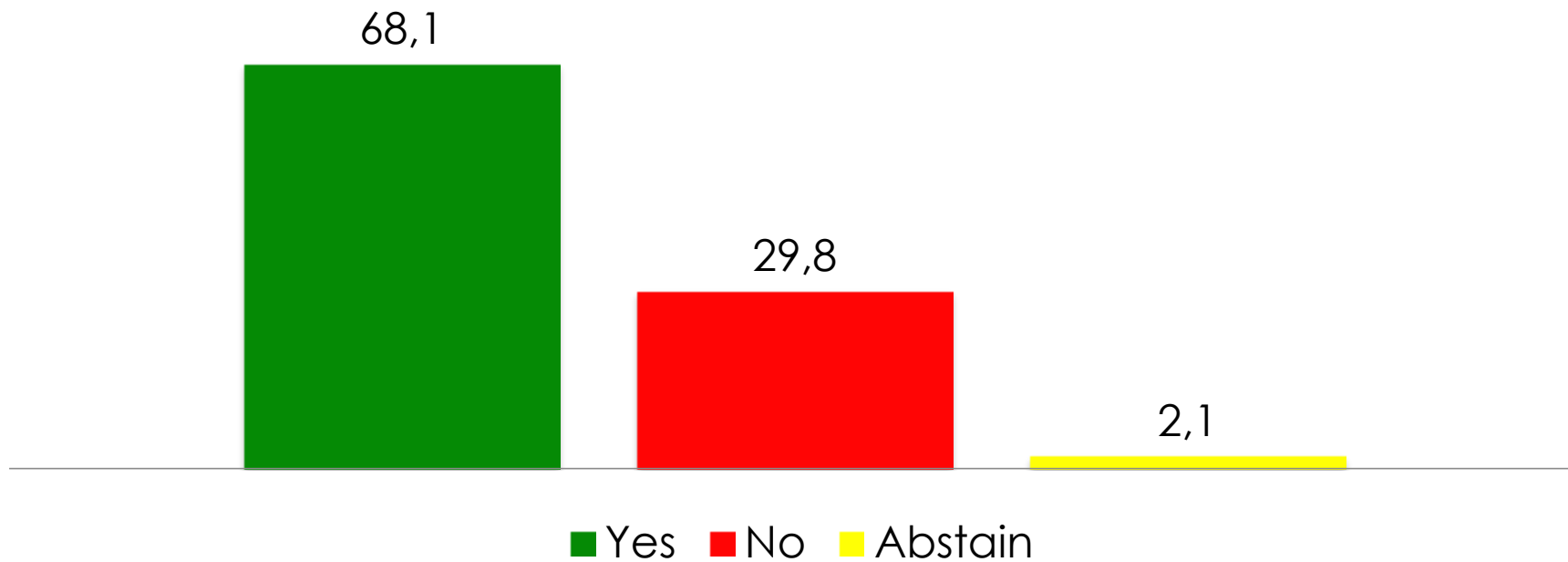
If an aromatase inhibitor, need it be started
upfront



Endocrine Therapies

Establishing Standards for Postmenopausal

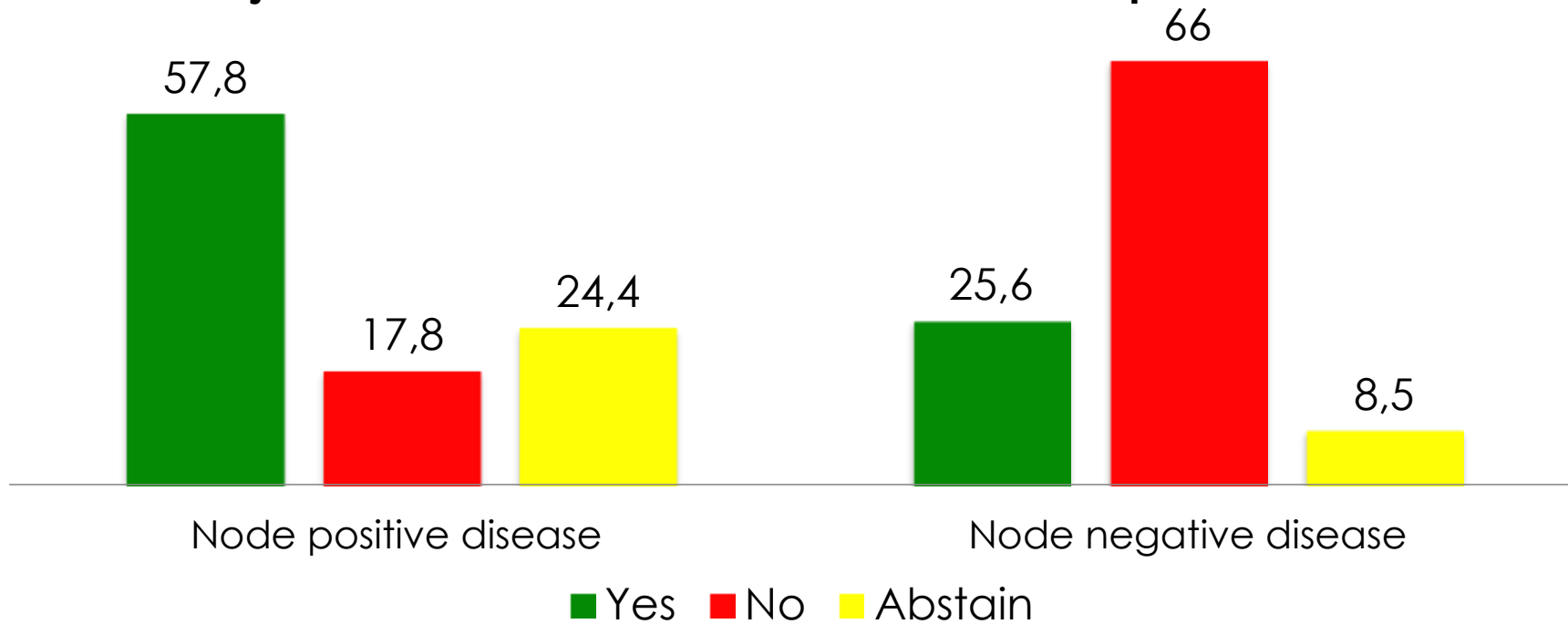
Can upfront aromatase inhibitor be replaced with tamoxifen after 2 years?



Endocrine Therapies

Establishing Standards for Postmenopausal

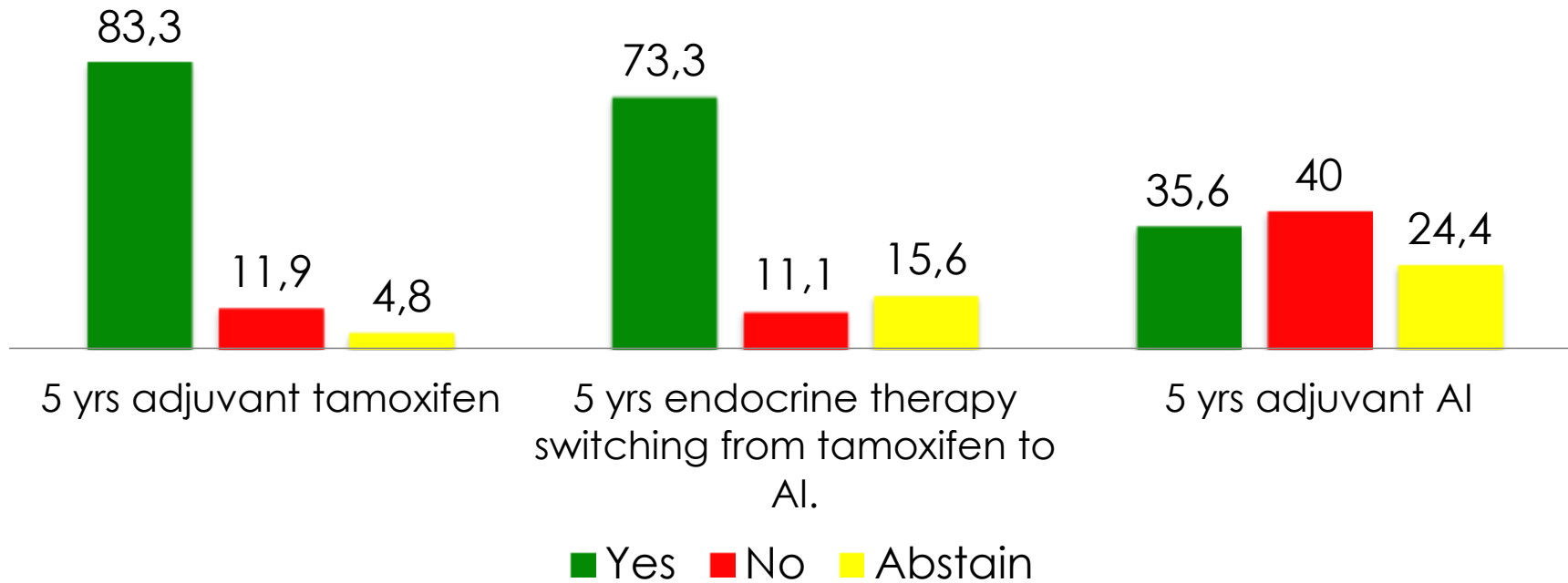
Should extended aromatase inhibitor beyond 5 years of adjuvant endocrine treatment be offered to patients with



Endocrine Therapies

Establishing Standards for Postmenopausal

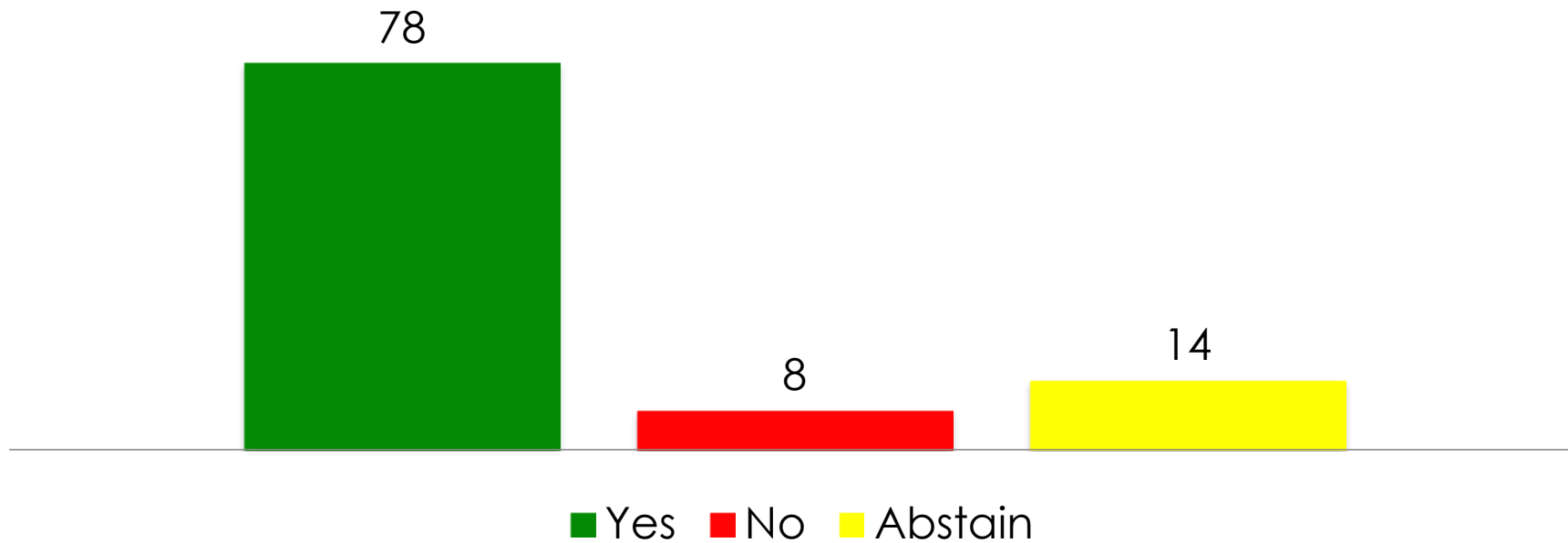
If so, does prior endocrine therapy matter? Should extend AI beyond 5 years be given after:



Endocrine Therapies

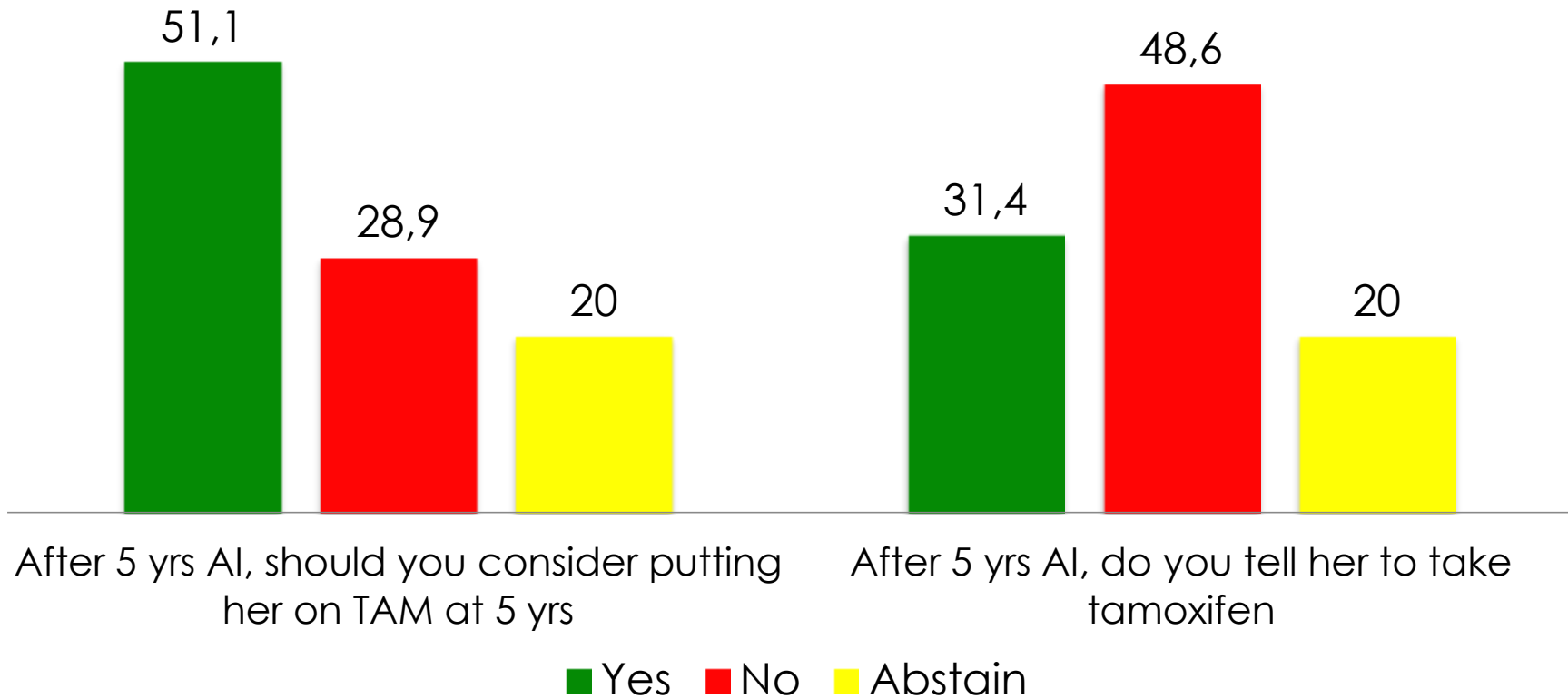
Establishing Standards for Postmenopausal

If AI is unavailable or not tolerated (to switch to tamoxifen), should tamoxifen be continued beyond 5 years.



Endocrine Therapies

Establishing Standards for Postmenopausal



consensus

ENDOCRINE THERAPIES

- Tamoxifen as default (in ER +)
- Tamoxifen duration should be extended to 10 years in some patients remaining premenopausal
- Ovarian function suppression (OFS) should not be added to tamoxifen in all patients, may be added in the young (eg < 40).
- AI+OFS is a valid option in case of contraindication to tamoxifen

consensus

ENDOCRINE THERAPIES

Postmenopausal

- Some patients can be adequately treated with tamoxifen alone.
- If an aromatase inhibitor, it needs to be started upfront in high risk patients
- Upfront aromatase inhibitor can be replaced with tamoxifen after 2 years

consensus

ENDOCRINE THERAPIES

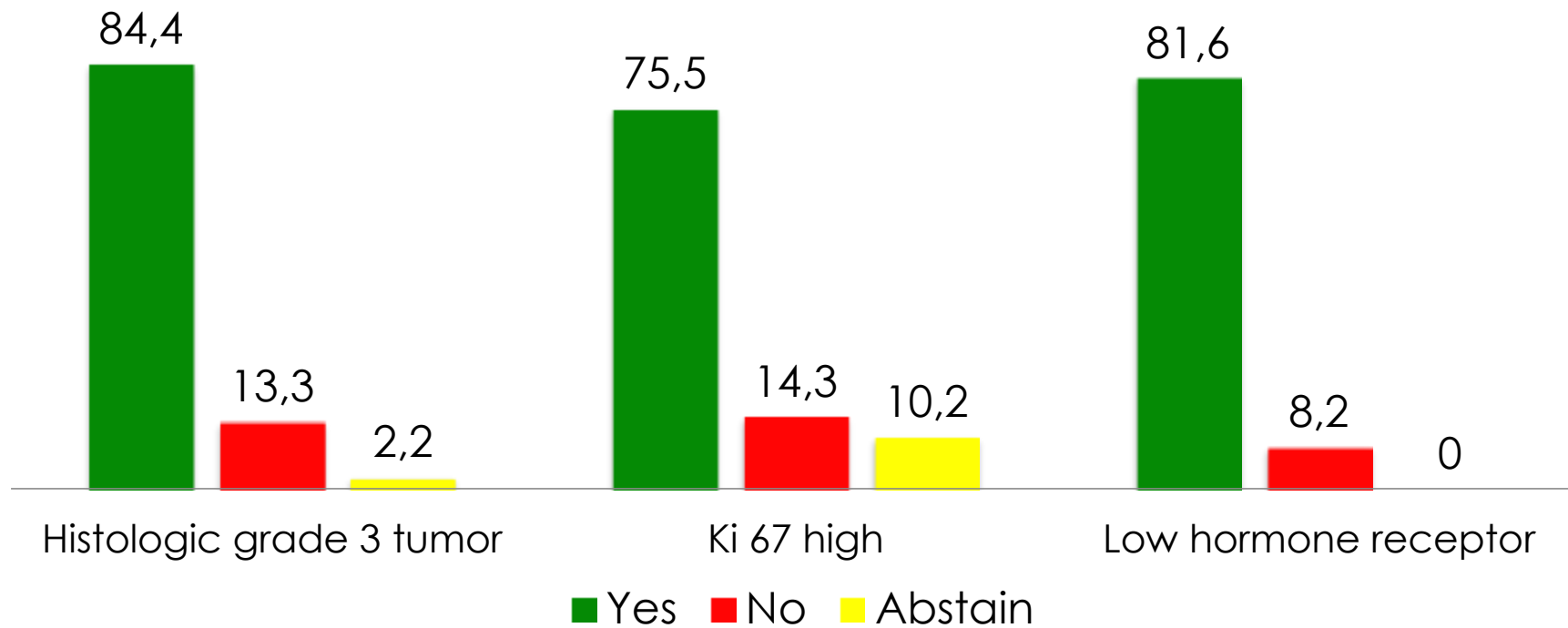
- Extended aromatase inhibitor beyond 5 years of adjuvant endocrine treatment should be offered to patients with node positive disease
- If AI is unavailable or not tolerated (to switch to tamoxifen), tamoxifen should be continued beyond 5 years
- After 5 yrs AI, tamoxifen should be considered any time

Conference Topic

Chemotherapy

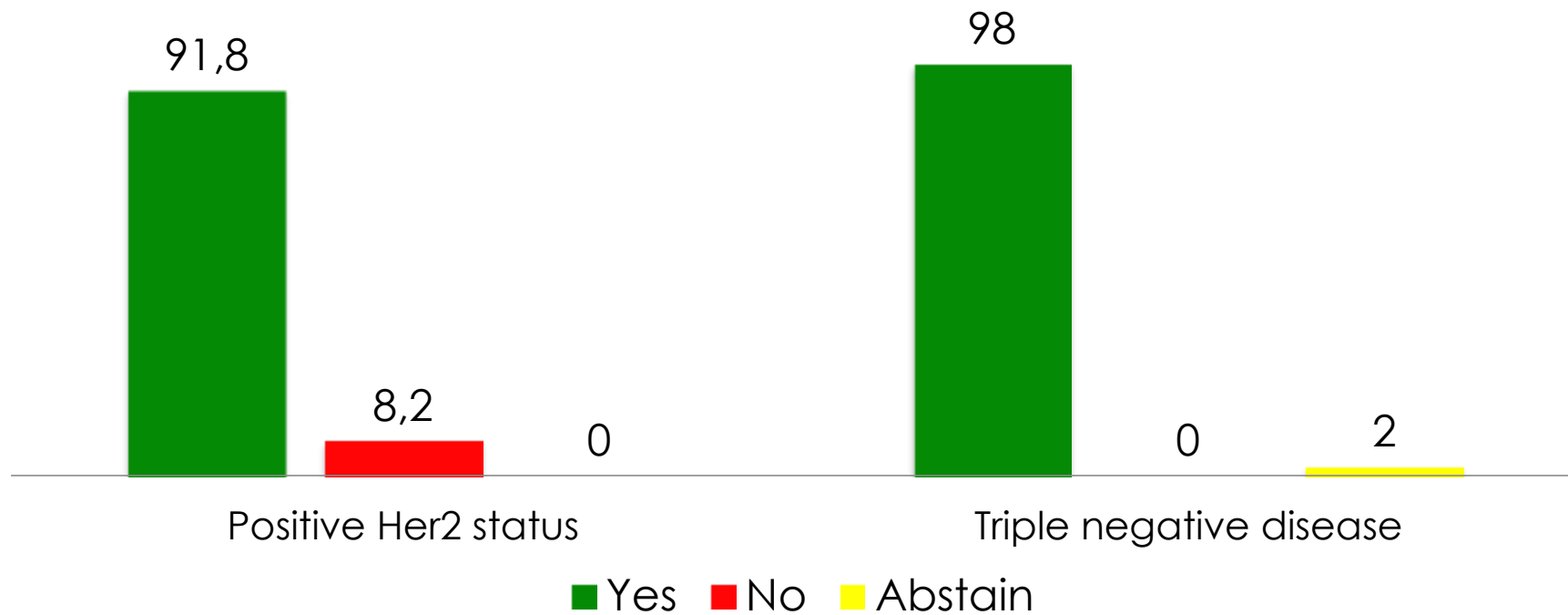
Chemotherapy

Factors arguing inclusion of chemotherapy are (basic):



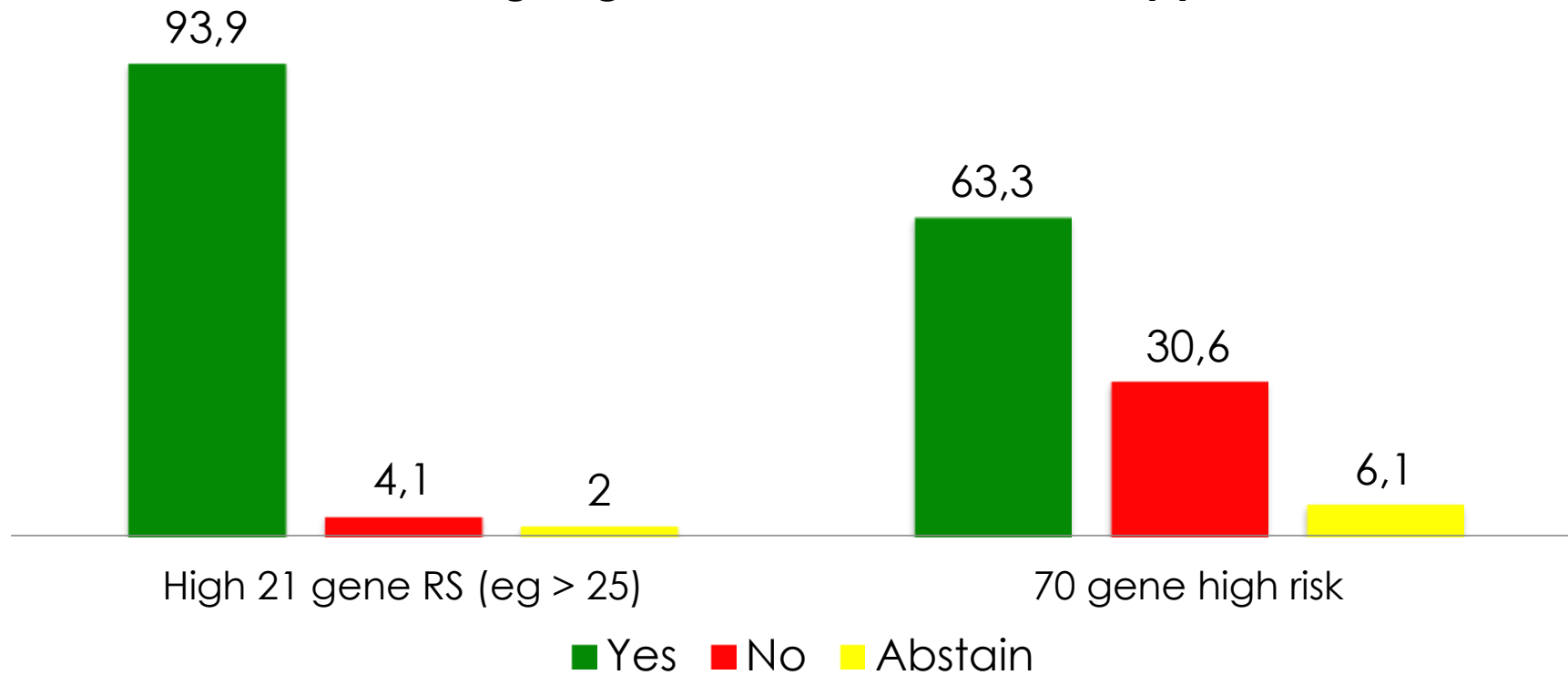
Chemotherapy

Factors arguing inclusion of chemotherapy are (basic):



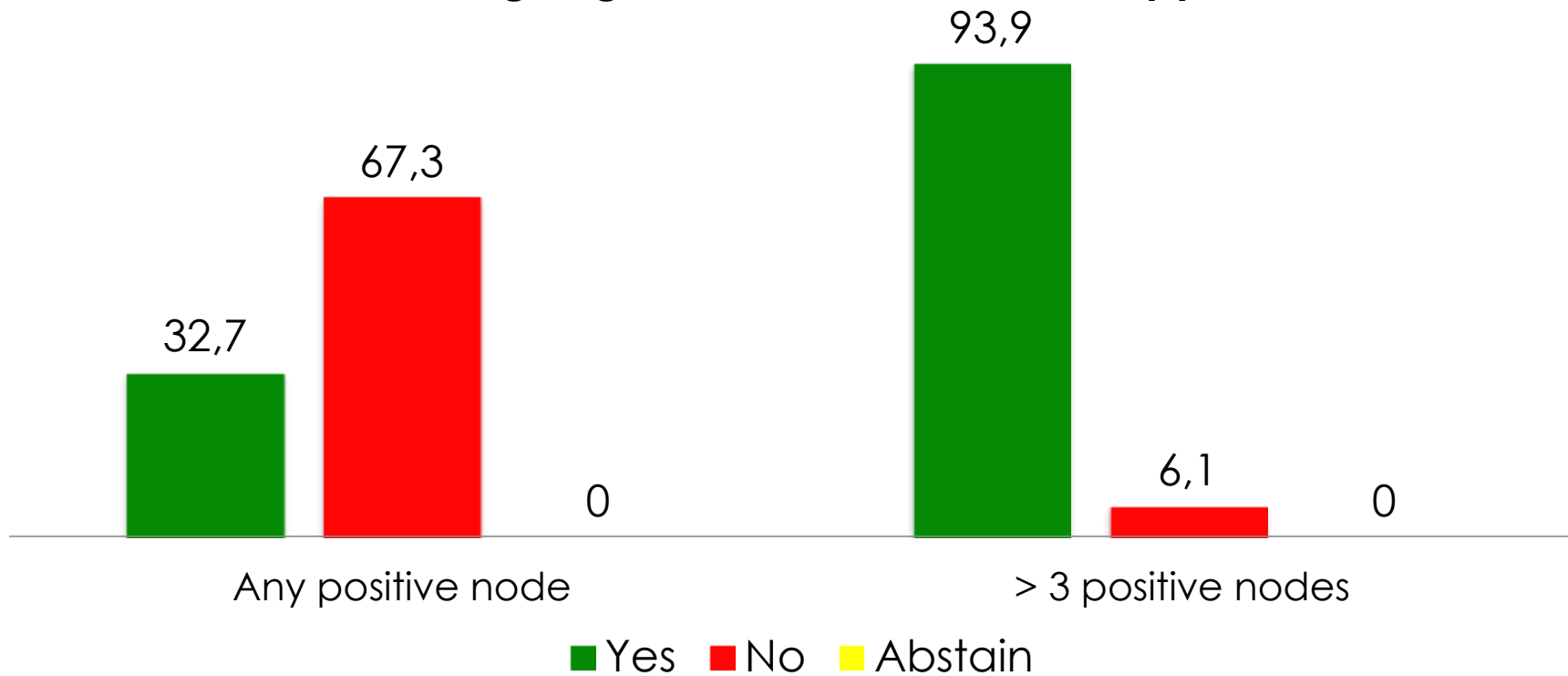
Chemotherapy

Factors arguing inclusion of chemotherapy are:



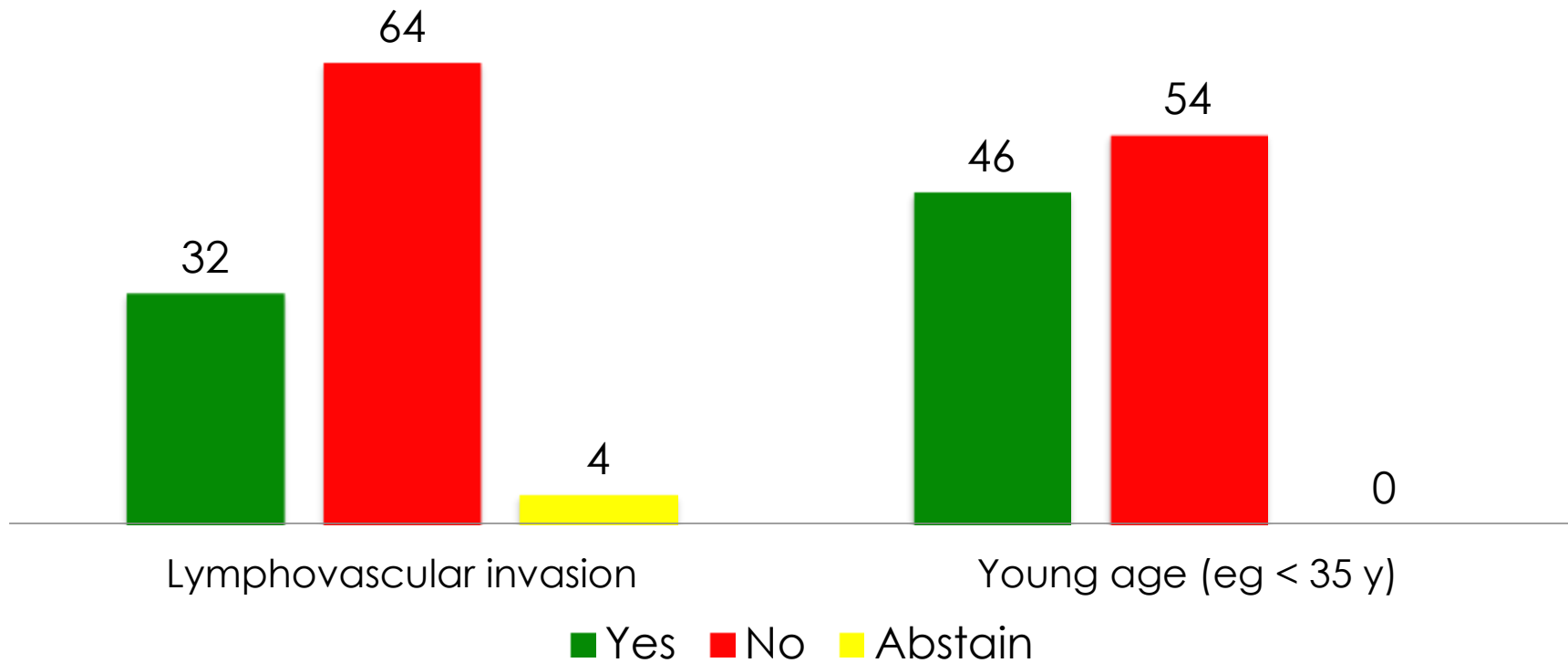
Chemotherapy

Factors arguing inclusion of chemotherapy are:



Chemotherapy

Factors arguing inclusion of chemotherapy are:



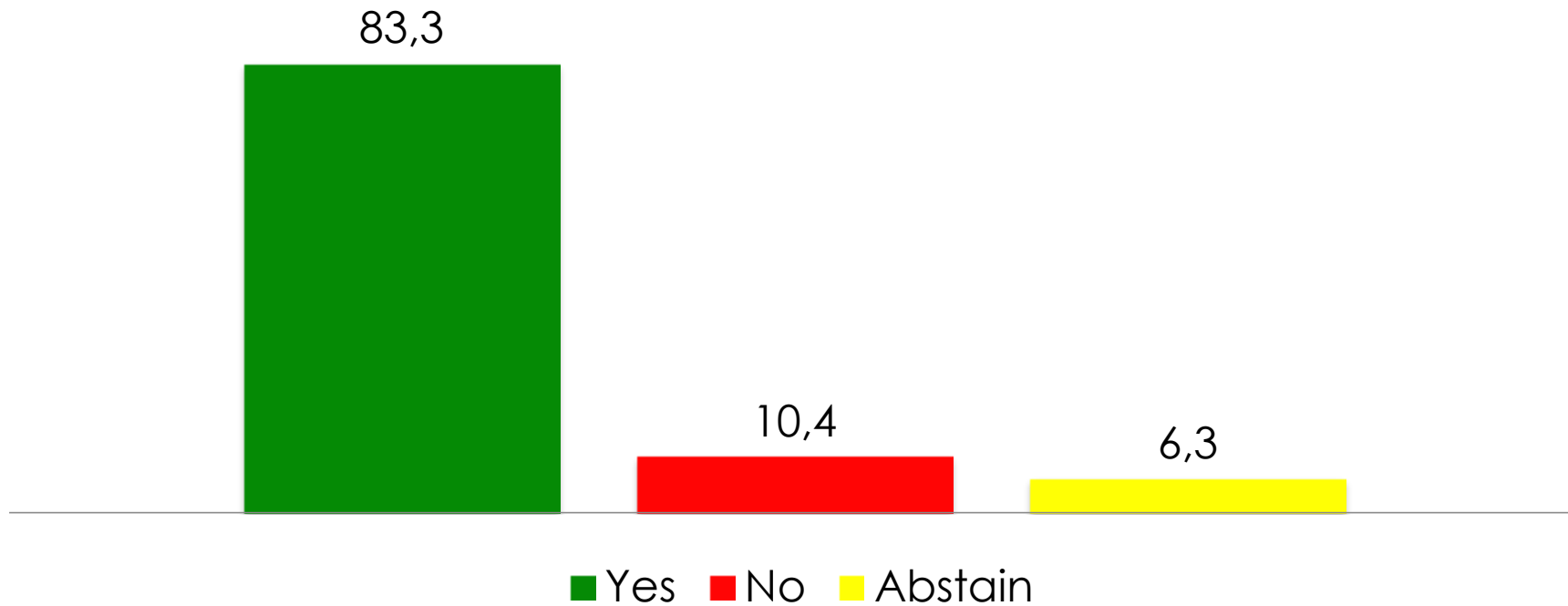
consensus

CHEMOTHERAPY

- Factors arguing inclusion of chemotherapy are:
 - histologic grade 3 tumor,
 - high Ki67,
 - low ER,
 - positive Her2 status,
 - triple negative disease,
 - high 21 gene RS (eg > 25)
 - ≥ 4 positive nodes

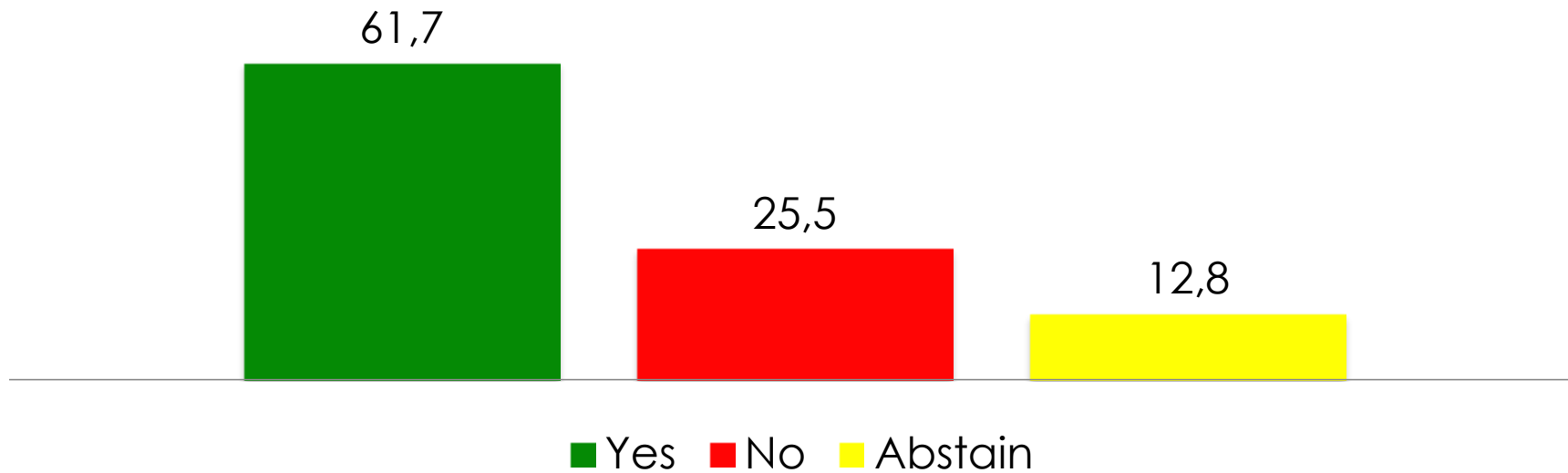
Chemotherapy

Is luminal A phenotype less responsive to CT?



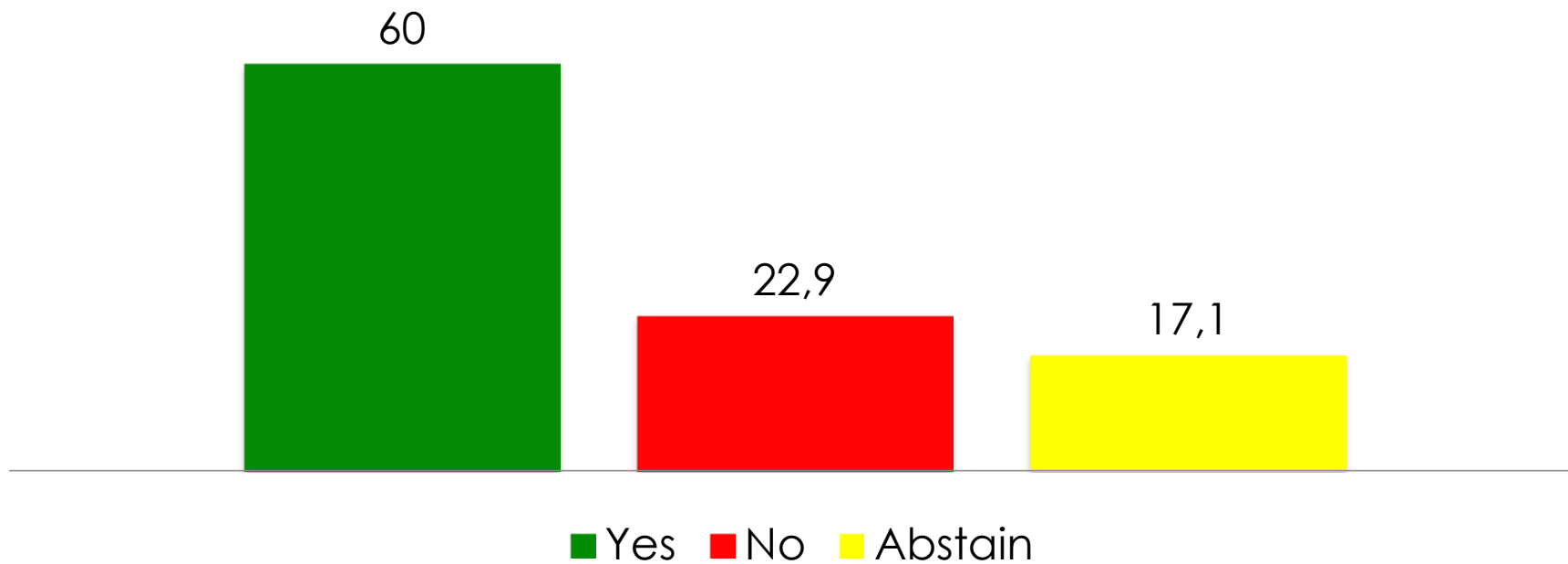
Chemotherapy

Is less intensive CT such as AC4 or CMF 6 or TC4 adequate if CT is considered in Luminal A disease?



Chemotherapy

Should CT be added for high risk based on tm volume (size, nodes)?



Systemic treatment recommendations

'Subtype'	Type of therapy	Notes
'Luminal A'	Endocrine therapy alone	Few require cytotoxics (e.g. high nodal status).
'Luminal B (HER2 negative)'	Cytotoxics + endocrine therapy	Inclusion and type of cytotoxics may depend on level of endocrine expression, perceived risk and patient preference.
'Luminal B (HER2 positive)'	Cytotoxics + anti-HER2+ endocrine therapy	No data are available to support the omission of cytotoxics in this group.
'HER2 positive (non luminal)'	Cytotoxics + anti-HER2	Patients at very low risk may be observed without treatment
'Triple negative (ductal)'	Cytotoxics	
'Special histological types'*		
A. Endocrine responsive	Endocrine therapy	
B. Endocrine non responsive	Cytotoxics	Medullary and apocrine carcinomas may not require any adjuvant cytotoxics (if node negative).

More Data for Selecting TYPE of Adjuvant Chemotherapy for ER+ “Luminal” Breast Cancer

- **Central IHC for ER, HER2 – CALGB 9344**
No benefit to paclitaxel after AC (vs AC) if ER+/HER2-
- **Central IHC for ER, HER2, Ki67 – BCIRG 001**
No benefit to TAC (vs FAC) if ER+/HER2-/Ki67 low
- **PAM50 – NCIC MA.5**
No benefit to CEF (Vs CMF) in either Luminal A or Luminal B
- **ClinPath, PAM50, PAM50 proliferation – GEICAM 9906**
Benefit to paclitaxel after FEC (vs FEC only low PAM50 proliferation)

consensus

CHEMOTHERAPY

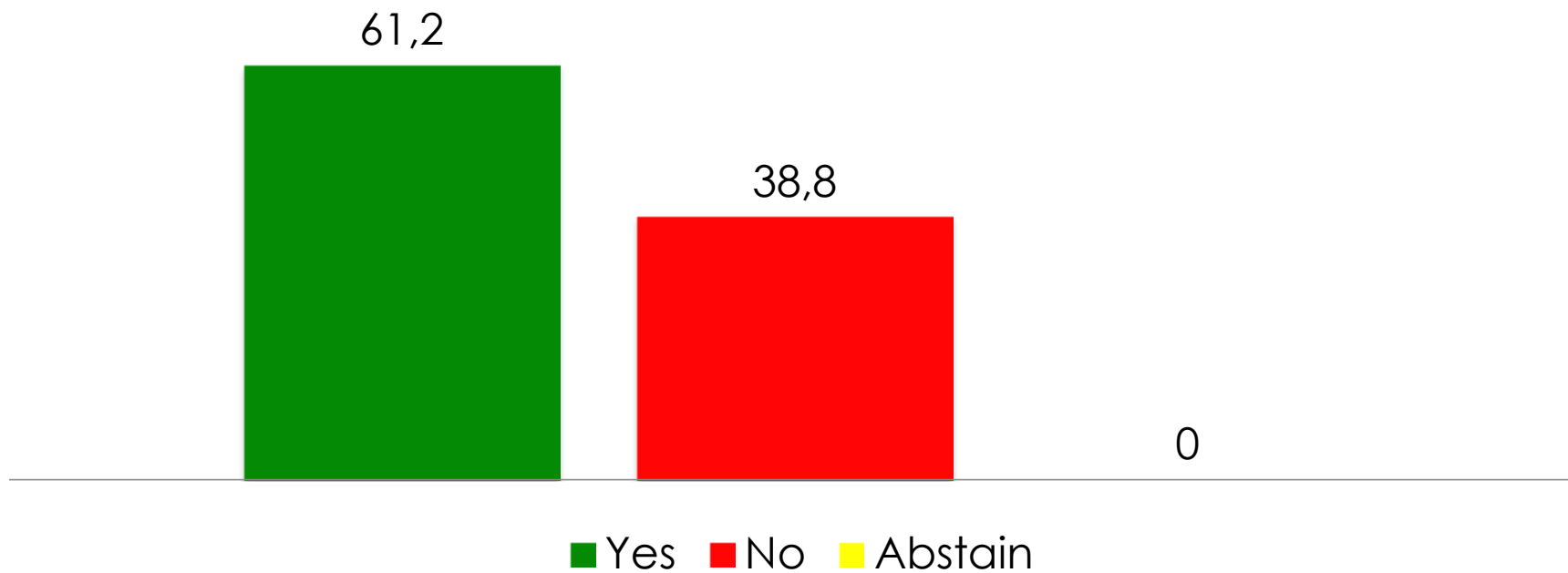
Luminal A

- Luminal A phenotype is less responsive to CT
- Less intensive CT, such as AC4 or CMF 6 or TC4 are adequate if CT is considered in Luminal A disease
- CT should be added for high risk based on tm volume (e.g. size, nodes)

Chemotherapy

Luminal B HER2 (-)

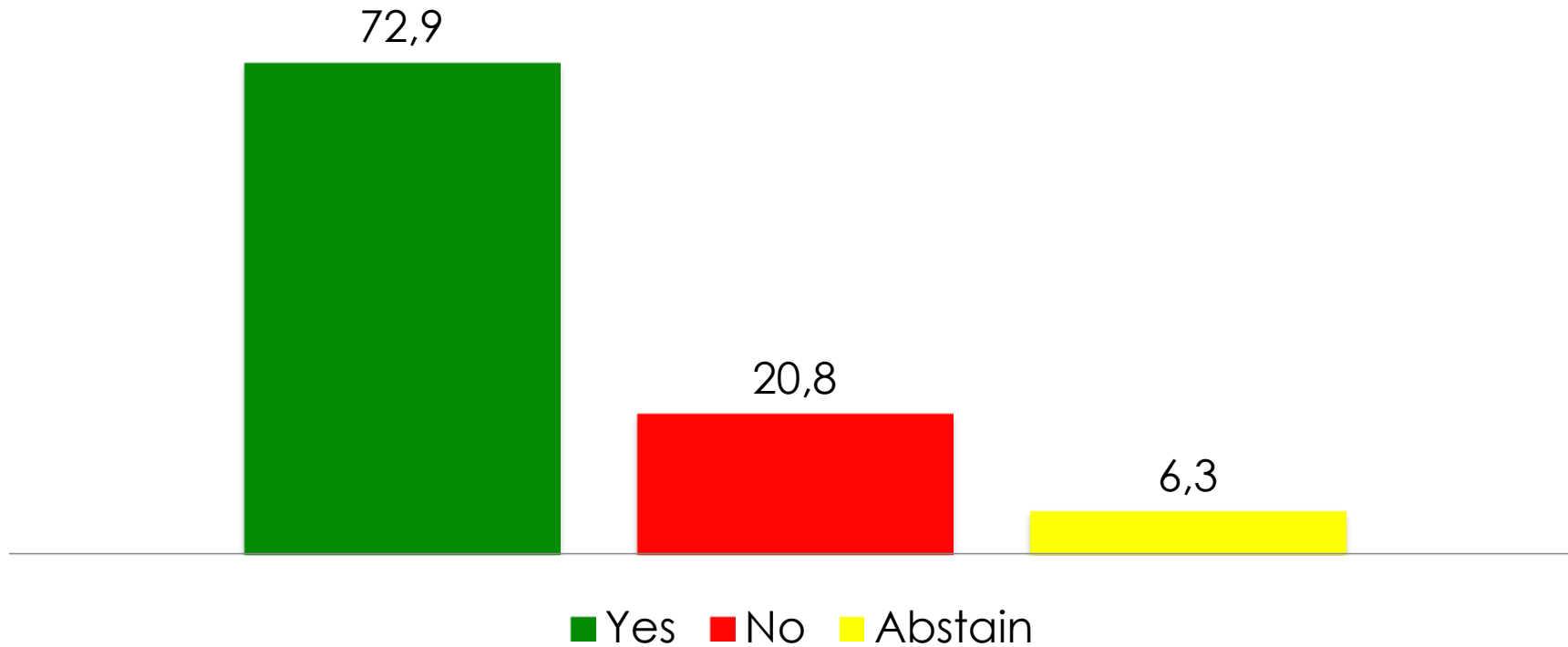
Is luminal B subtype by itself sufficient to prescribe CT?



Chemotherapy

Luminal B HER2 (-)

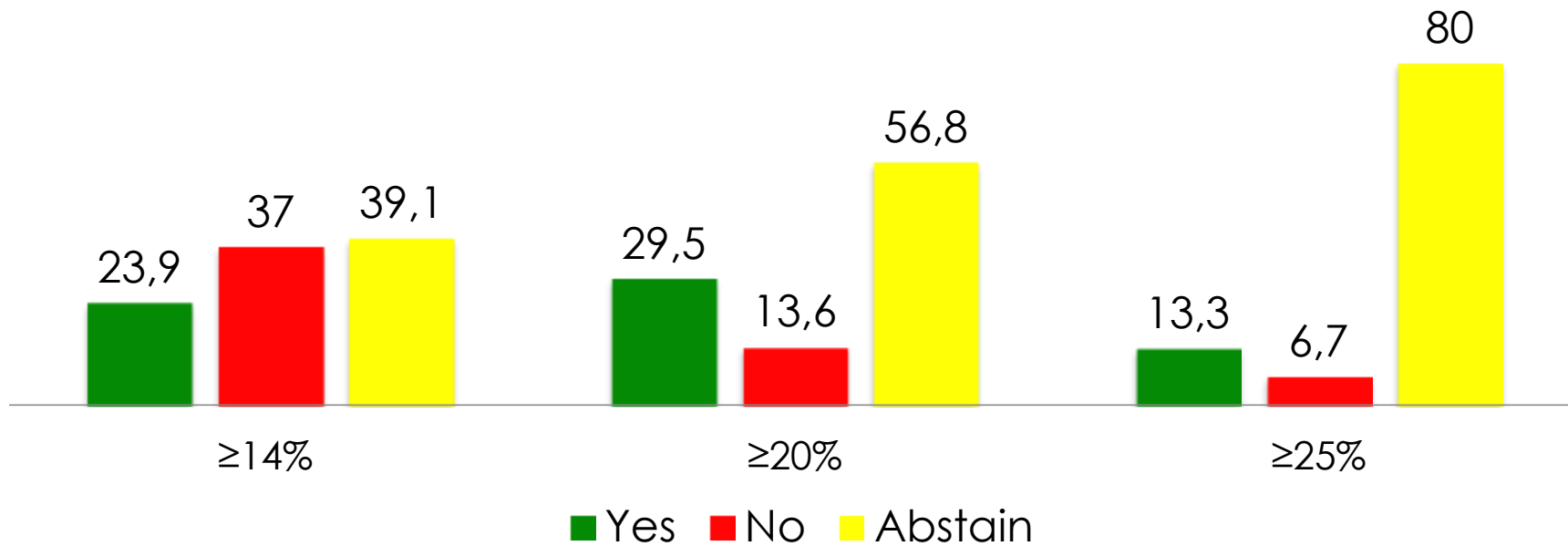
Is Ki67 useful in defining luminal B subtype?



Chemotherapy

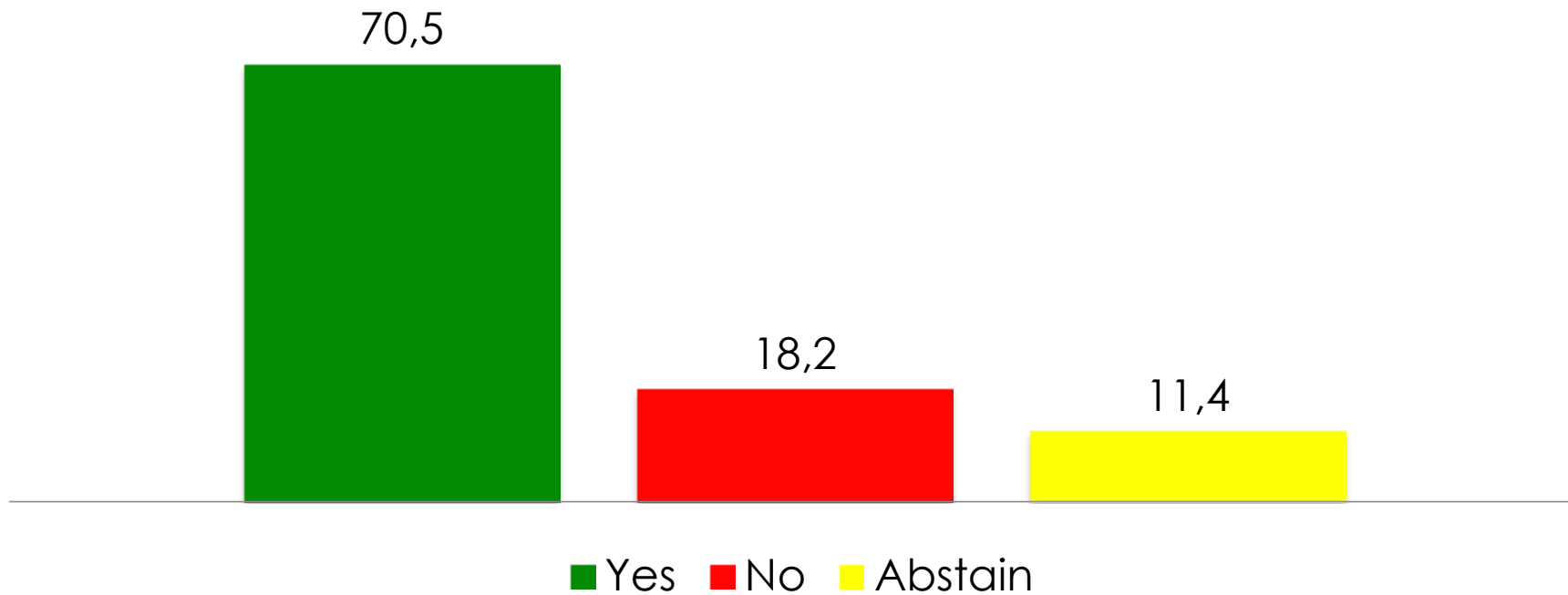
Luminal B HER2 (-)

If Ki67 is used, which threshold should be used for defining luminal B subtype (Her 2 -)?



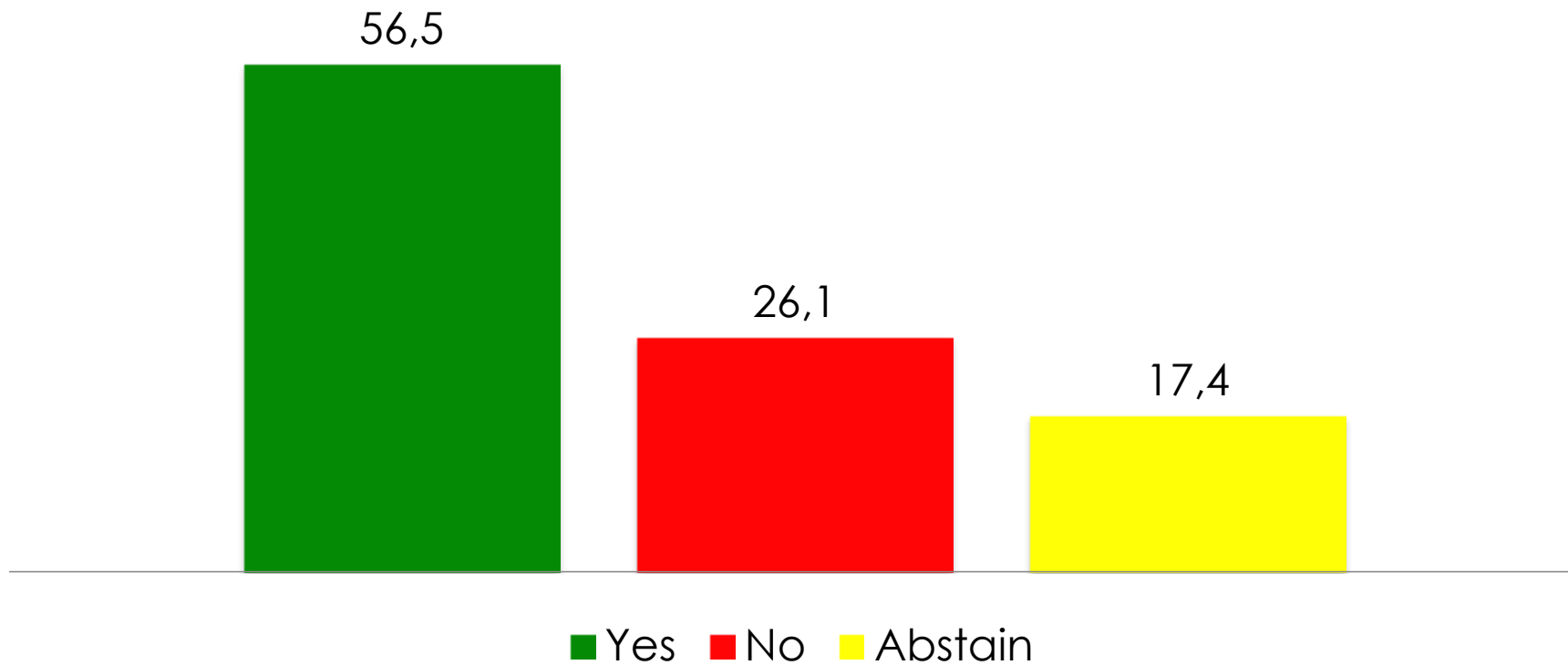
Chemotherapy Luminal B HER2 (-)

If given CT regimen should contain anthracycline rather than CMF?

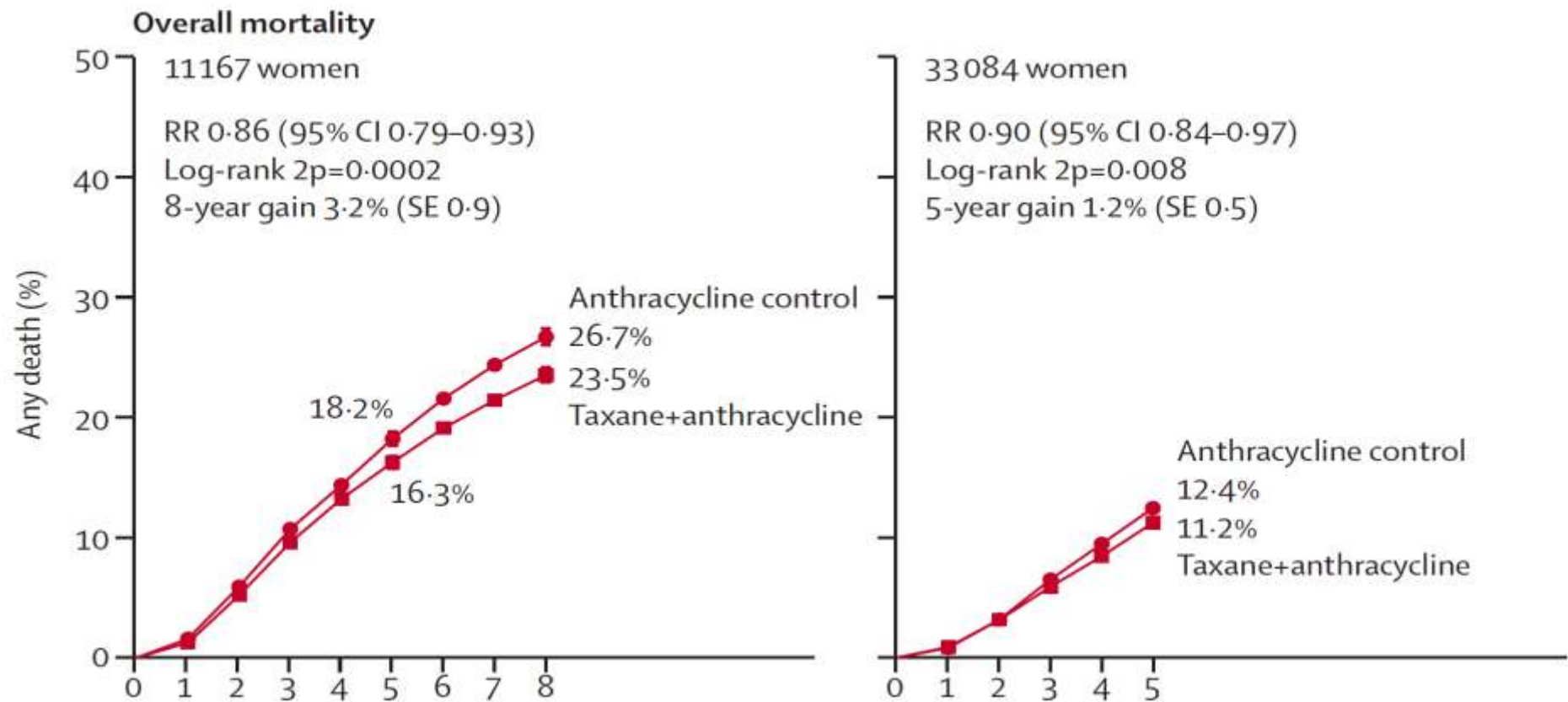


Chemotherapy Luminal B HER2 (-)

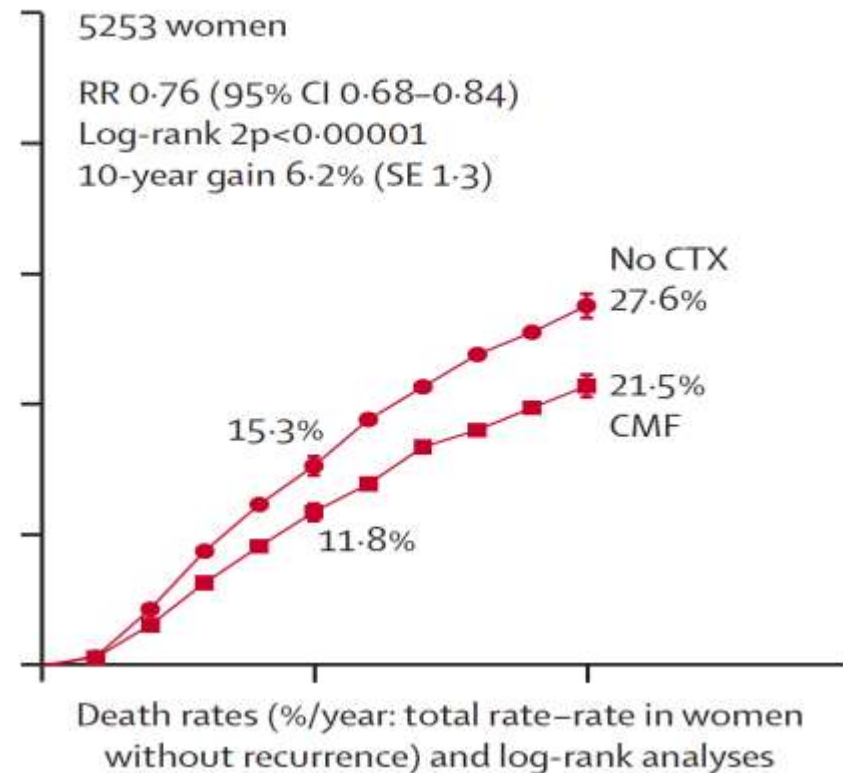
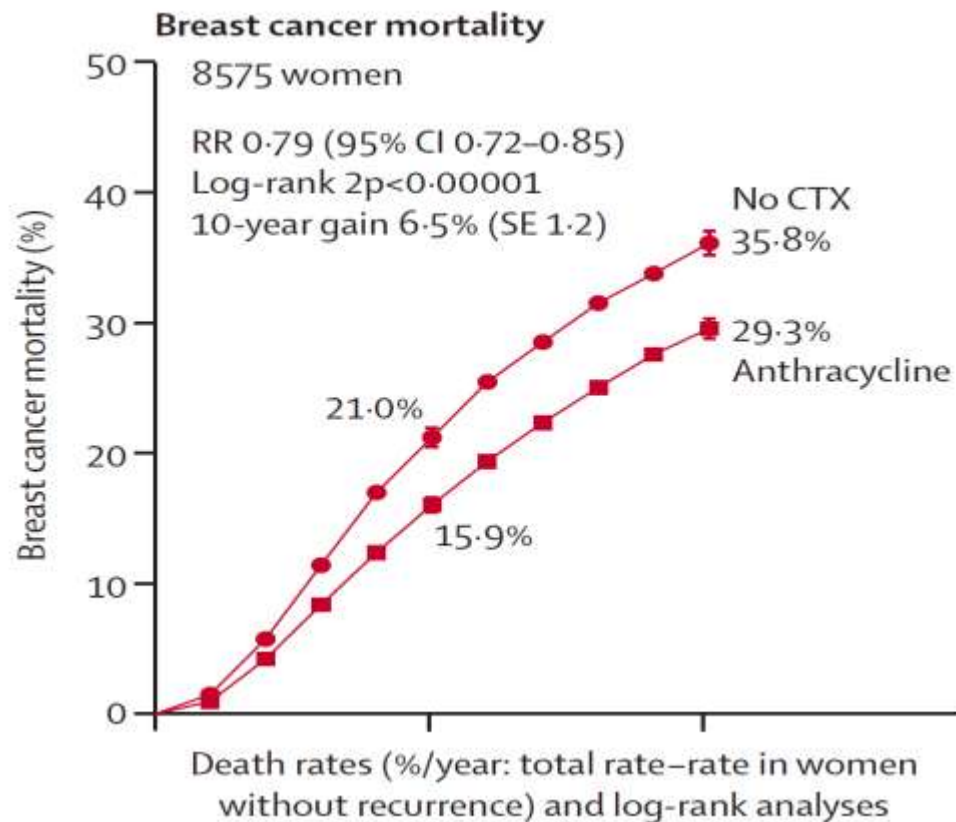
Should the regimen contains taxanes?



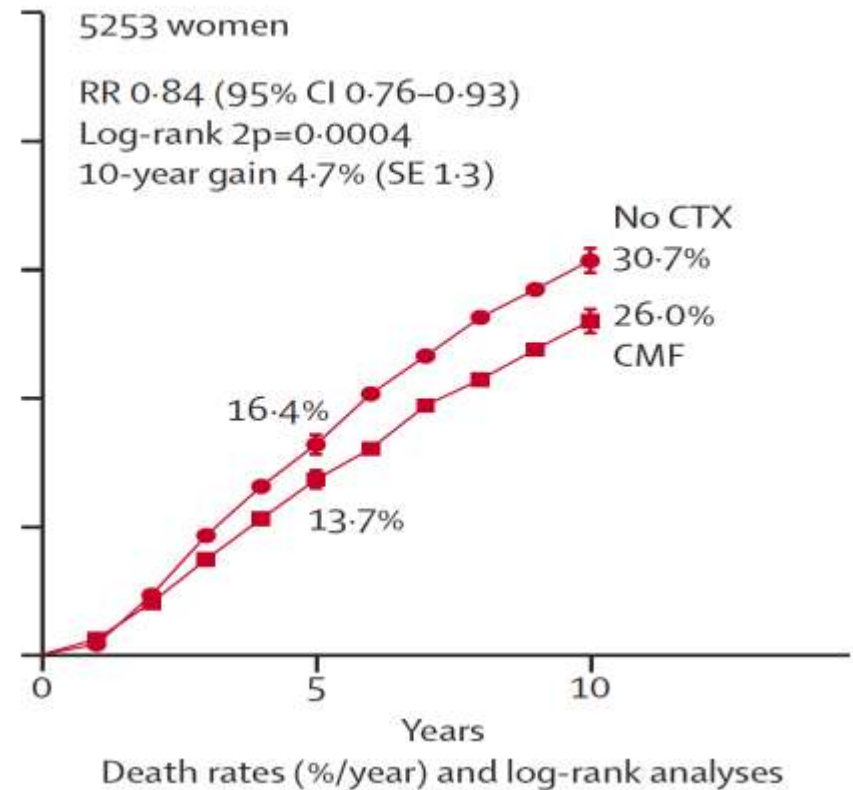
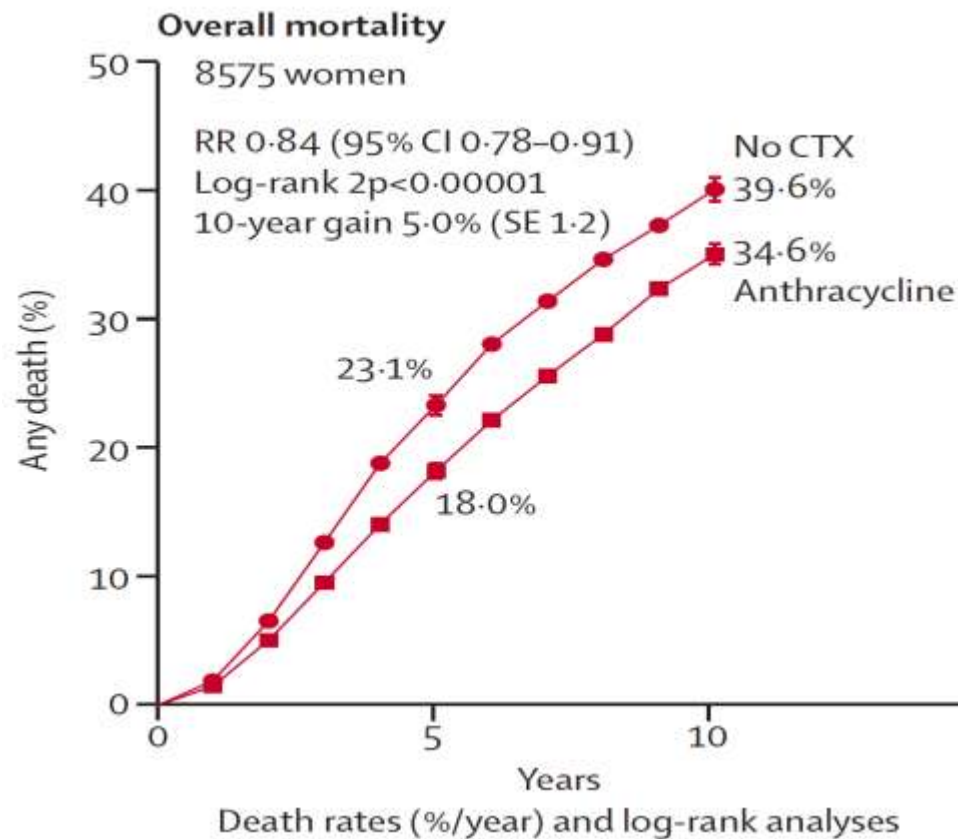
Early Breast Cancer Trialists' Collaborative Group (EBCTCG)



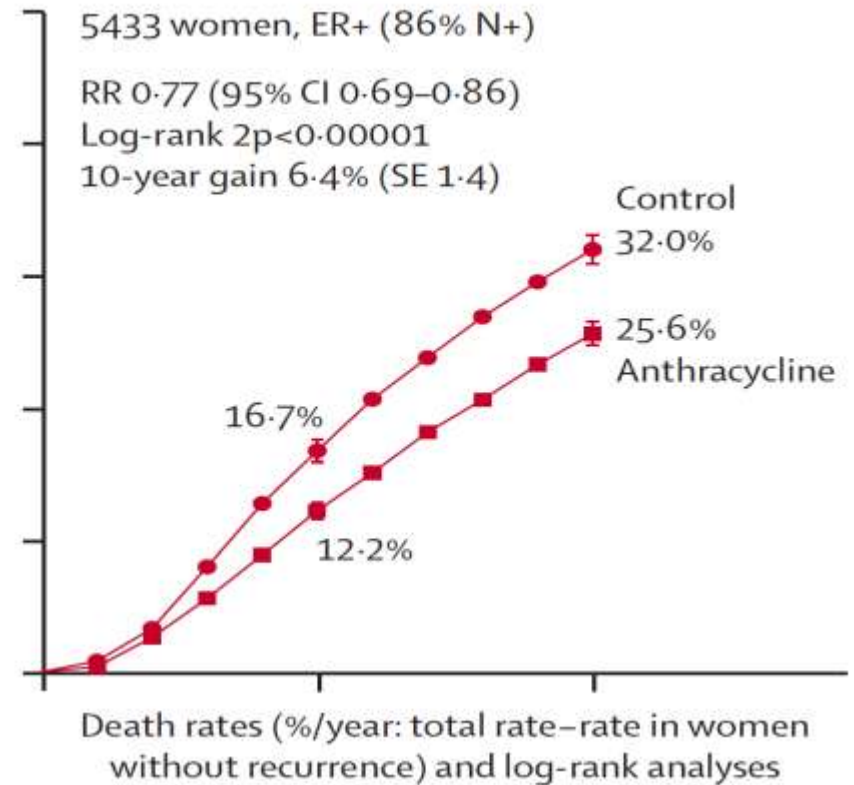
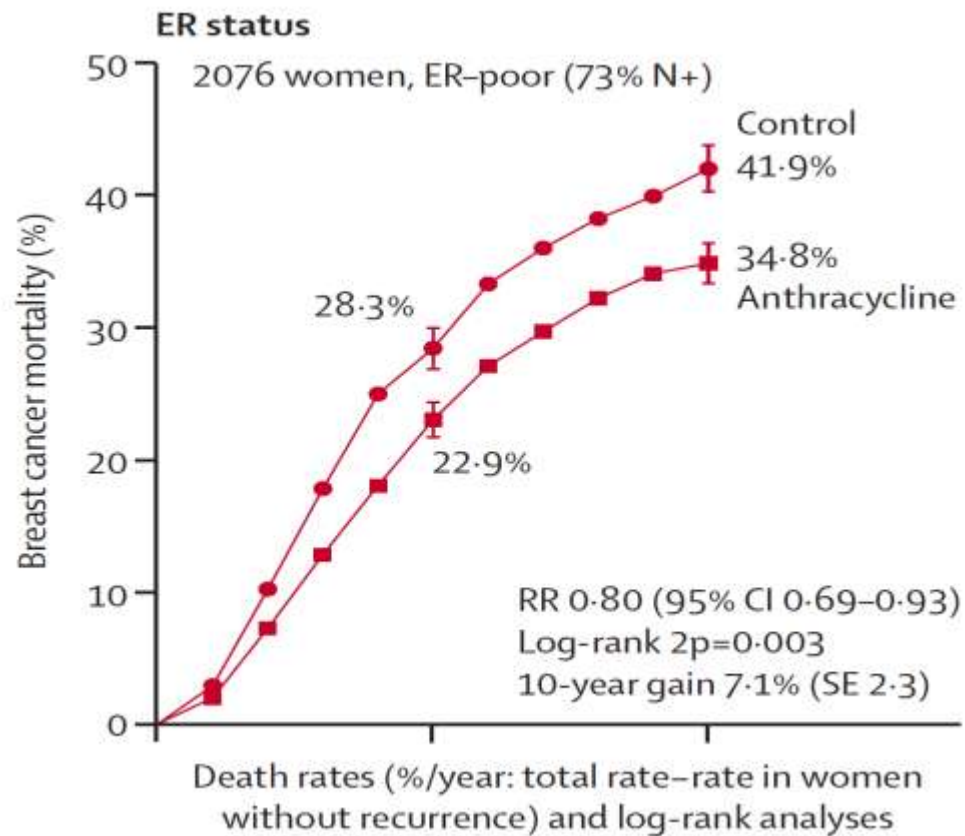
Early Breast Cancer Trialists' Collaborative Group (EBCTCG)



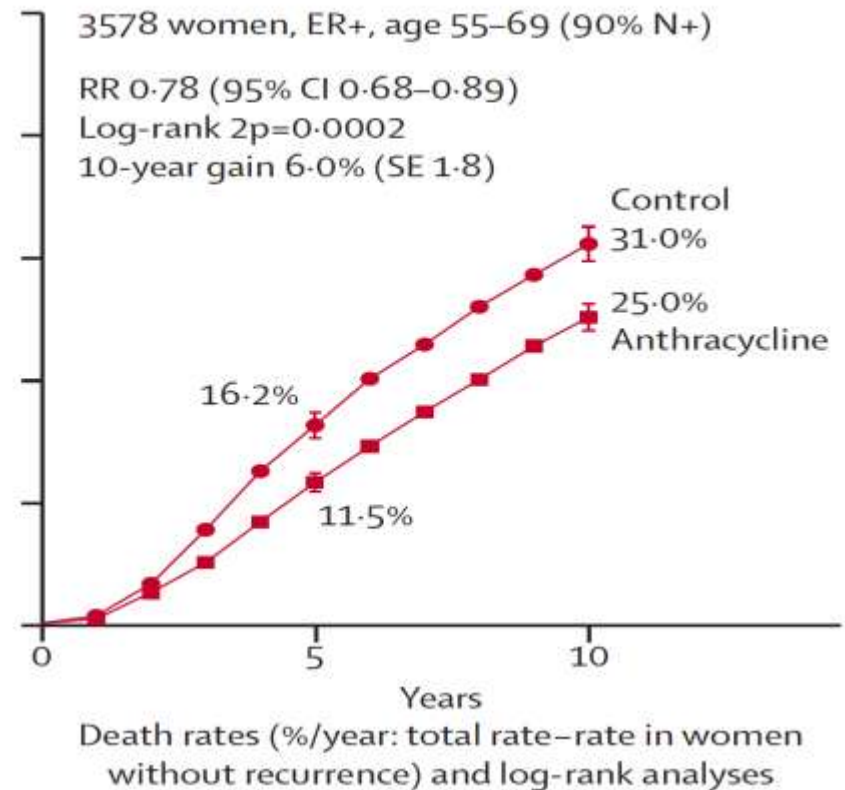
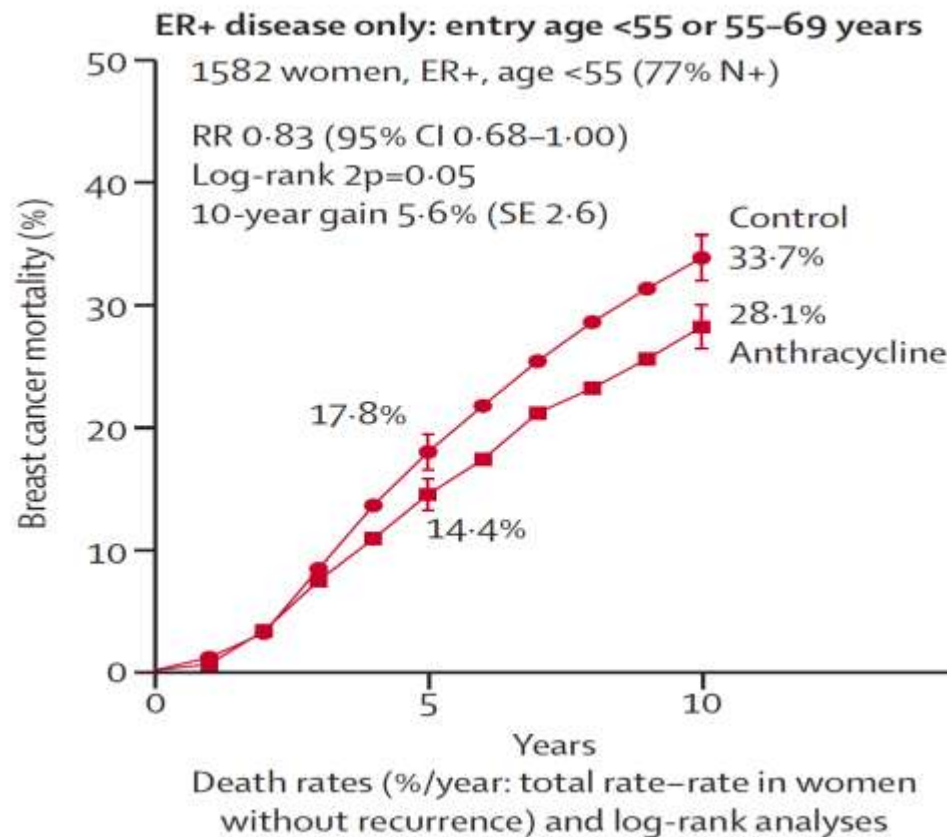
Early Breast Cancer Trialists' Collaborative Group (EBCTCG)



Early Breast Cancer Trialists' Collaborative Group (EBCTCG)

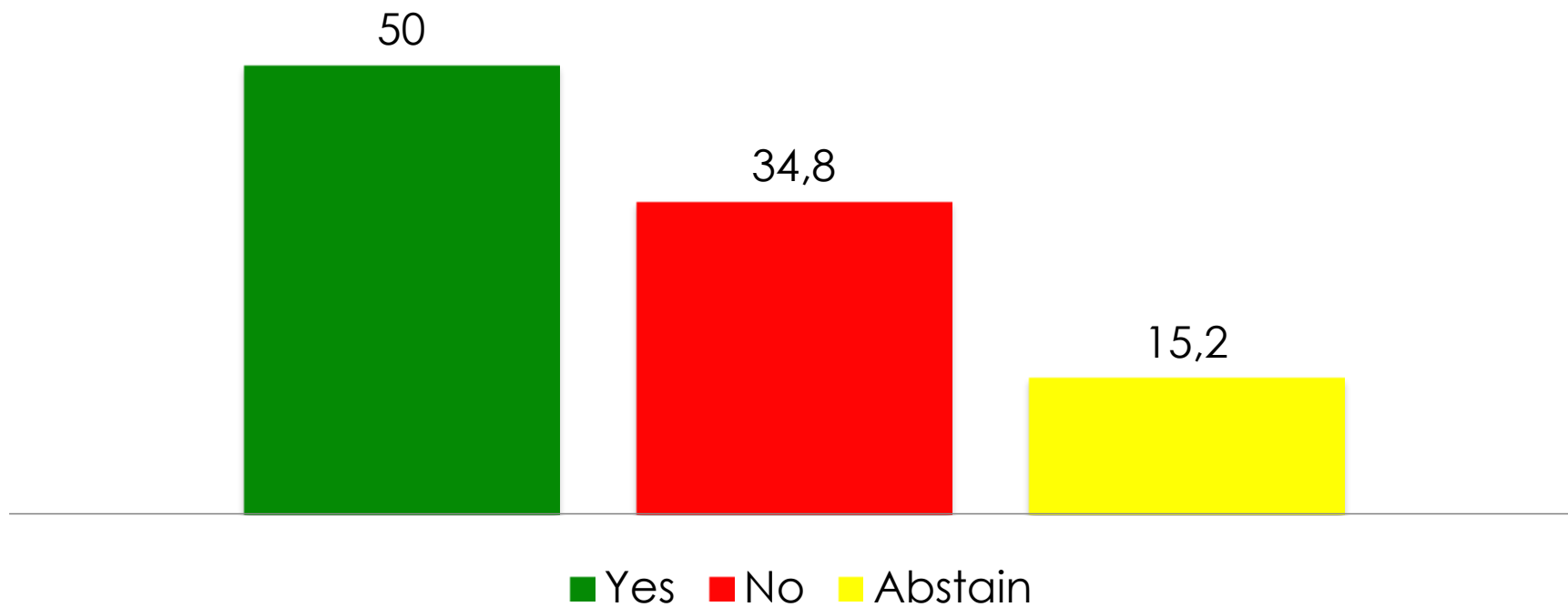


Early Breast Cancer Trialists' Collaborative Group (EBCTCG)



Chemotherapy Luminal B HER2 (-)

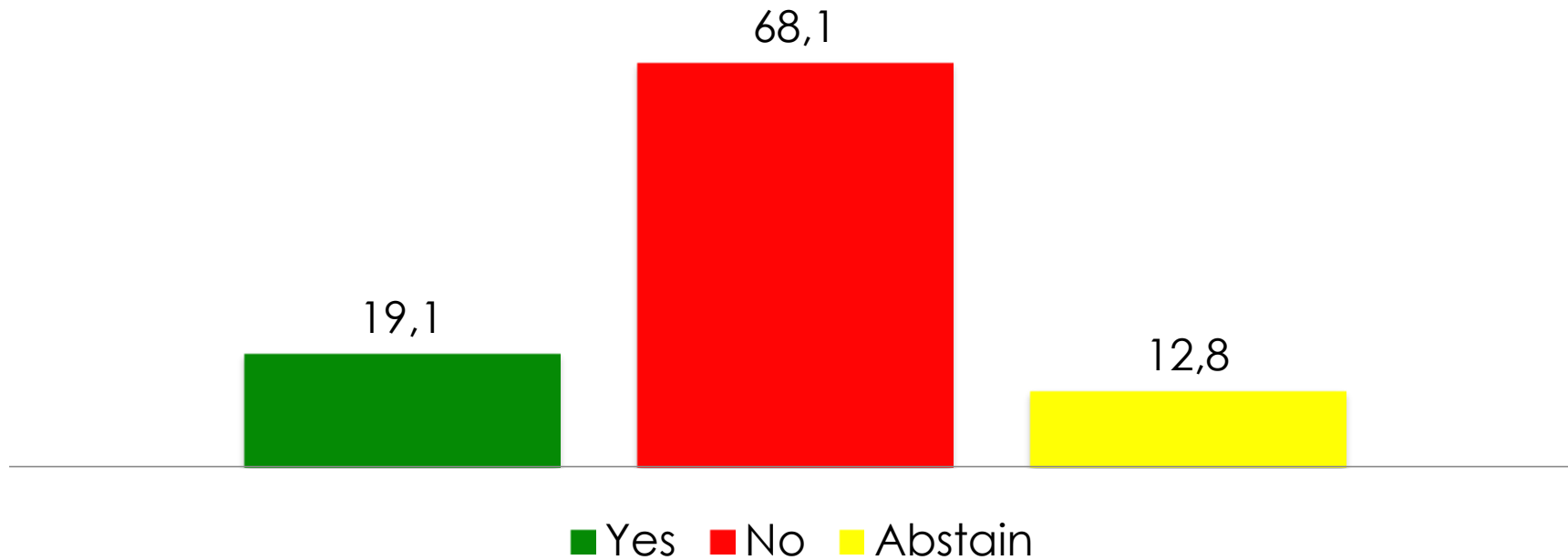
Should CT extend for at least 6 courses?



Chemotherapy

Luminal B HER2 (-)

Should dose dense CT be preferred when CT indicated?



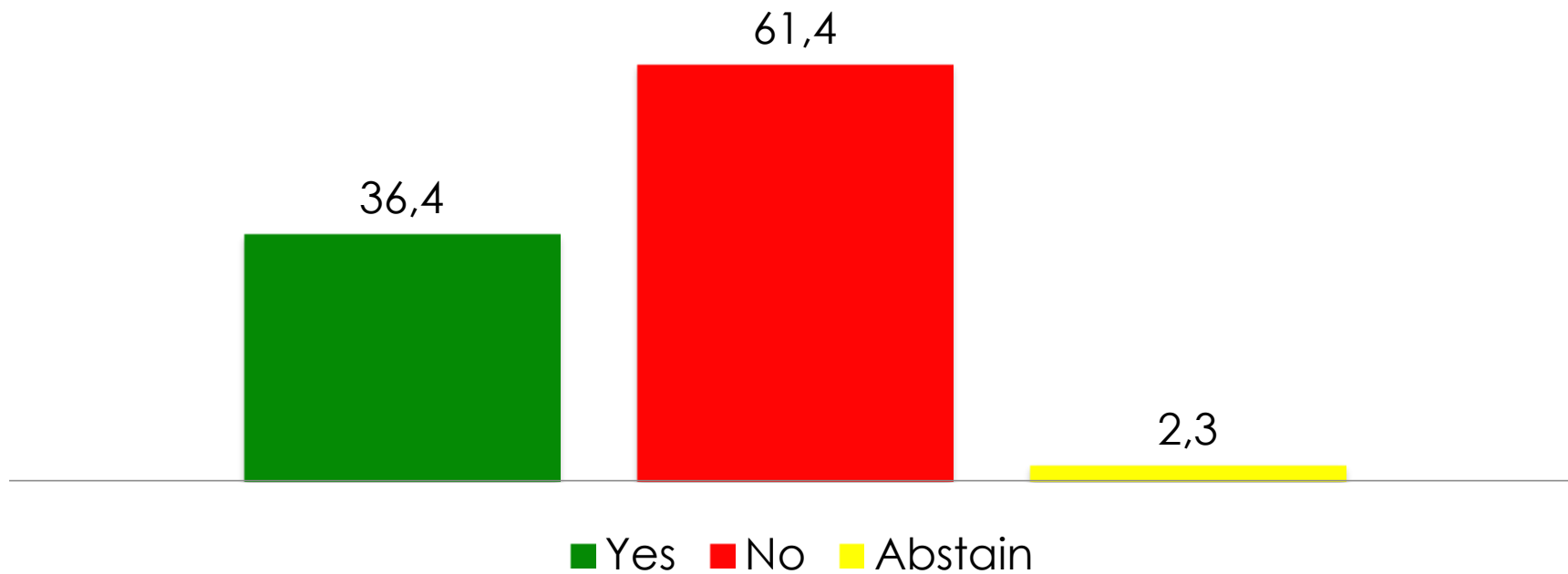
consensus

CHEMOTHERAPY LUMINAL B HER2 (-)

- Luminal B subtype by itself is sufficient to prescribe CT
- Ki67 is useful in defining luminal B subtype
- If Ki67 is used, higher than %20 should be used as threshold for defining luminal B subtype
- If given, CT regimen should contain anthracycline and taxane rather than CMF
- CT should extend for at least 6 courses

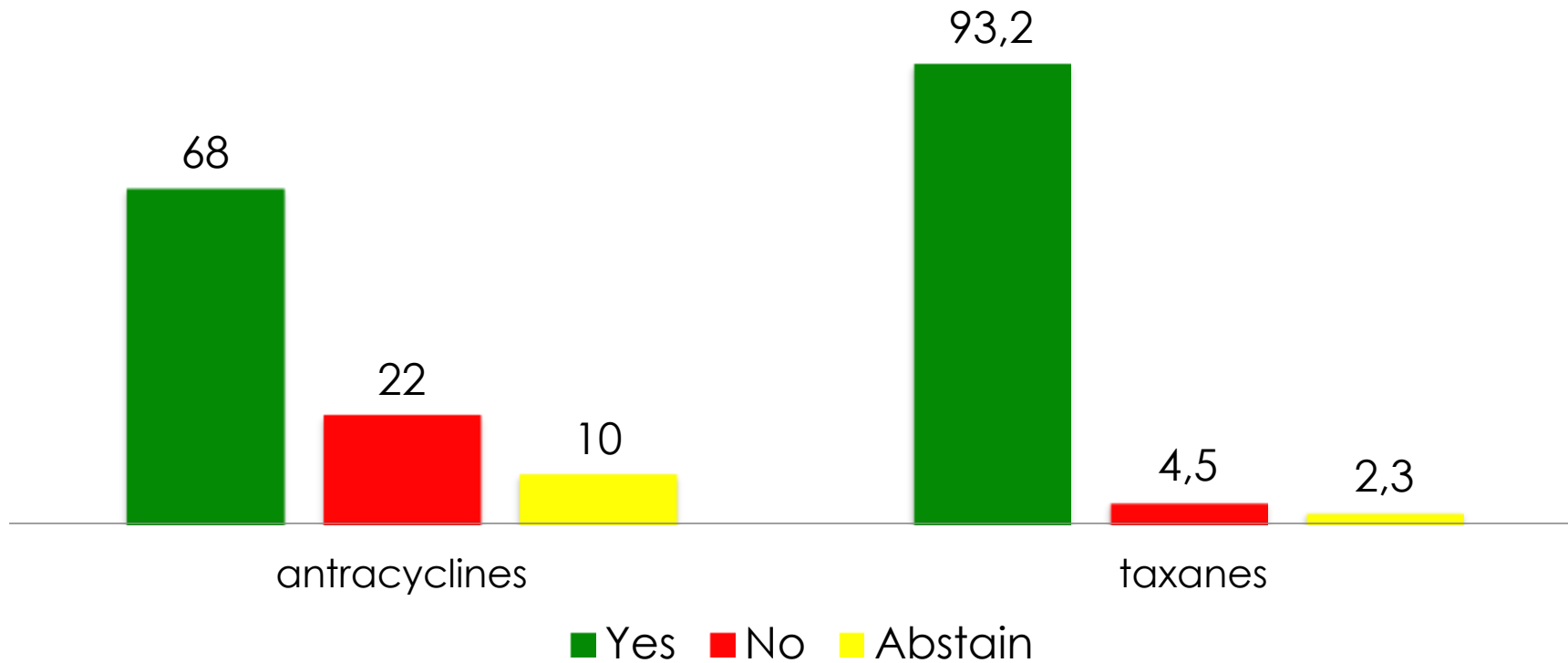
Chemotherapy Luminal B HER2 (+)

Is there a CT regimen preferred for Her2 + phenotype?



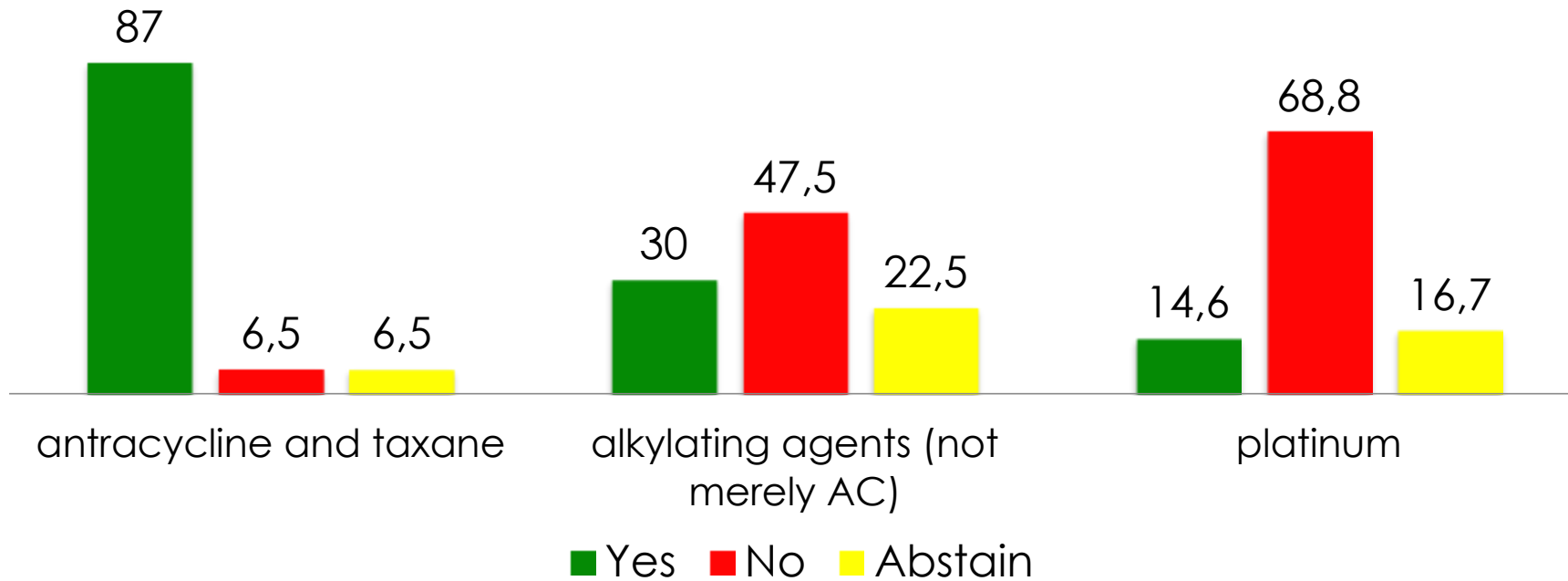
Chemotherapy HER2 (+)

CT regimen should contain:



Chemotherapy BASAL-LIKE

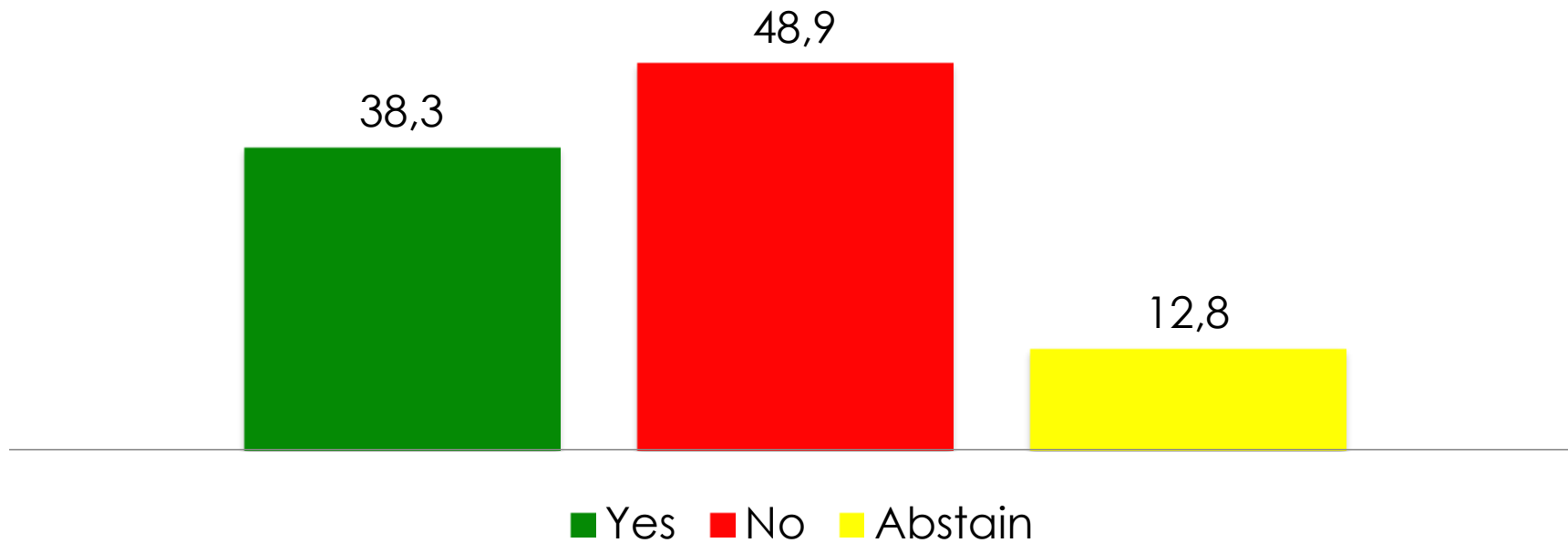
Should CT regimen for basal like (triple negative breast cancer – ductal) phenotype contains:



Chemotherapy

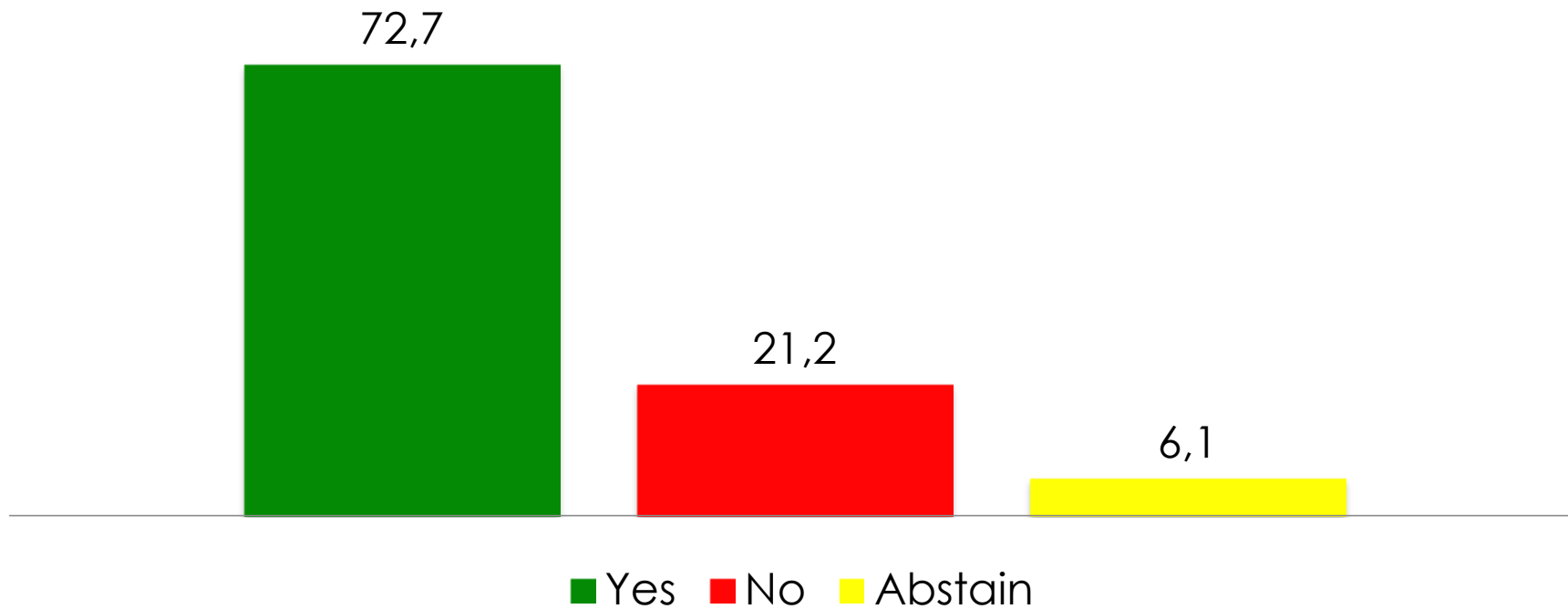
BASAL-LIKE

Should dose dense CT regimen with growth factor support be preferred?



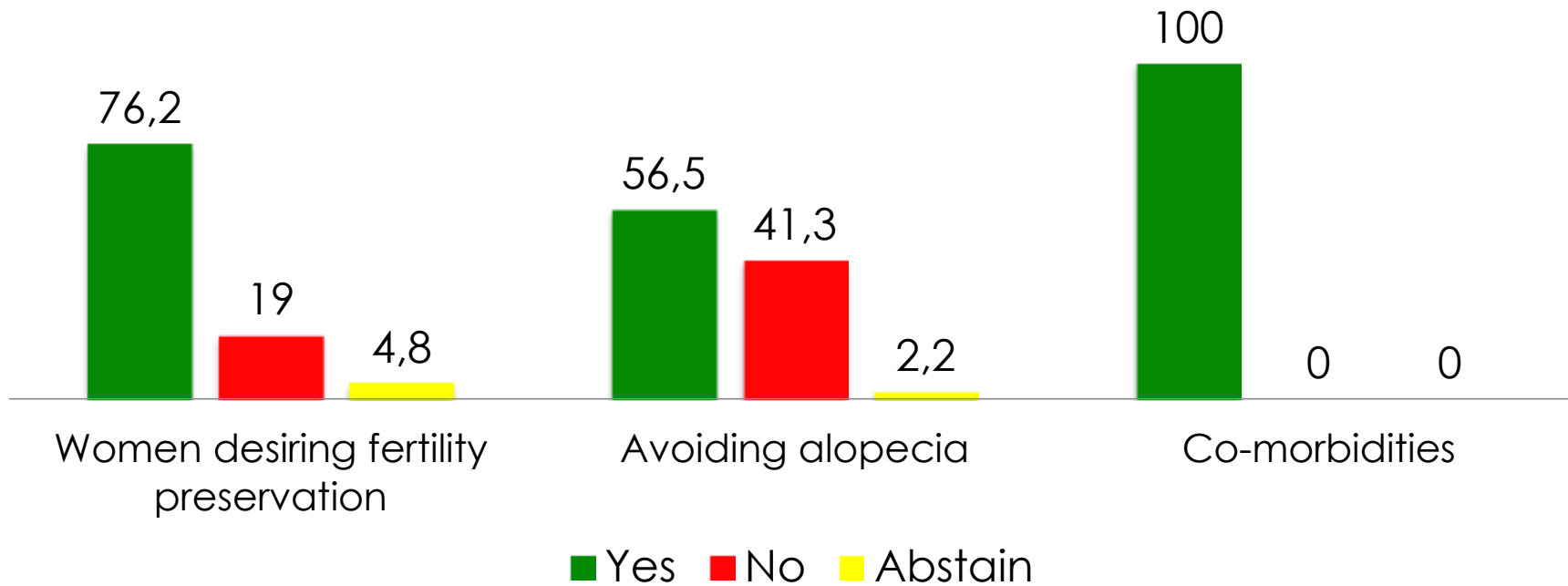
Chemotherapy Preference For Regimen

Are there reasons other than tumor characteristics to prefer specific CT regimens?



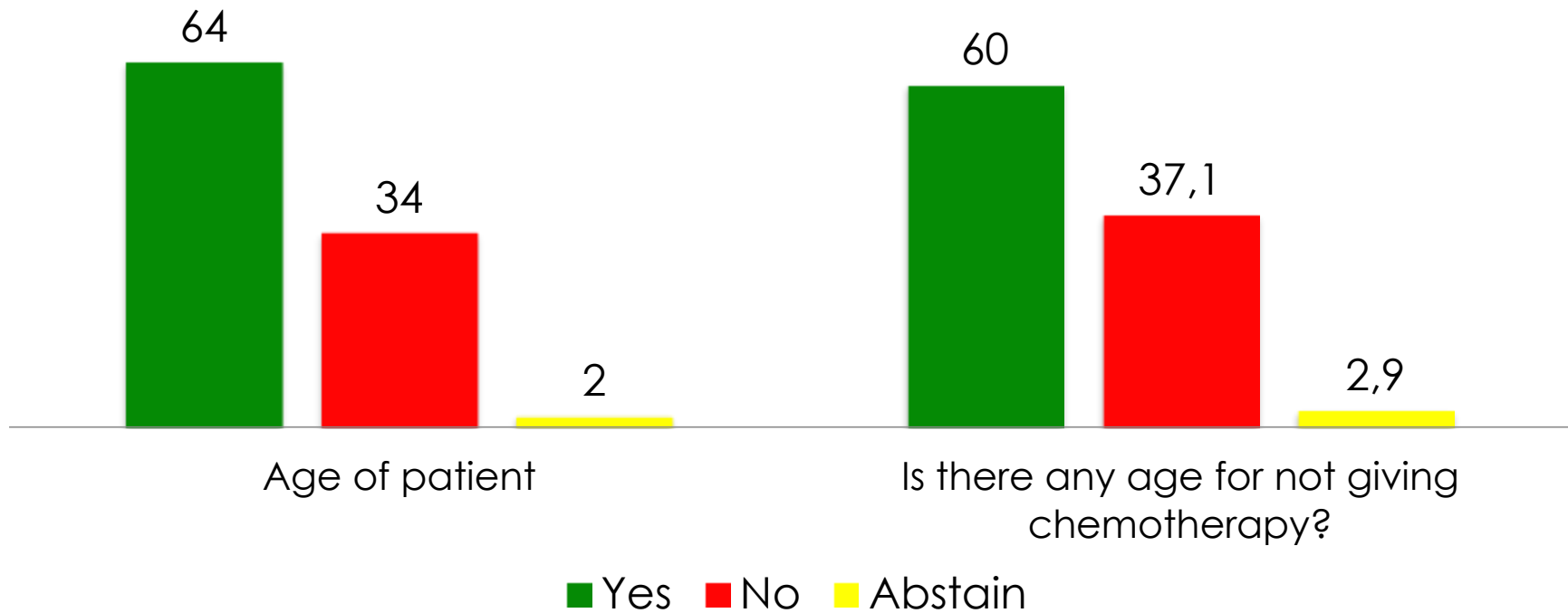
Chemotherapy Preference For Regimen

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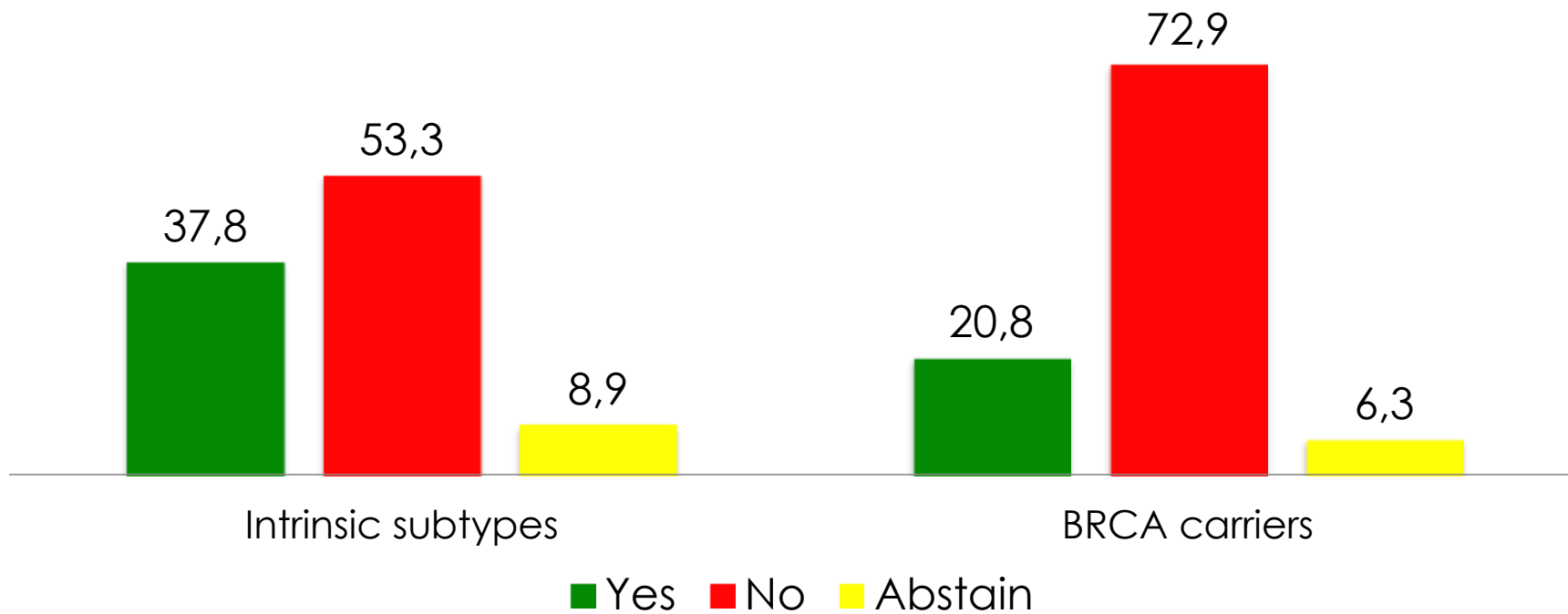
Chemotherapy Preference For Regimen

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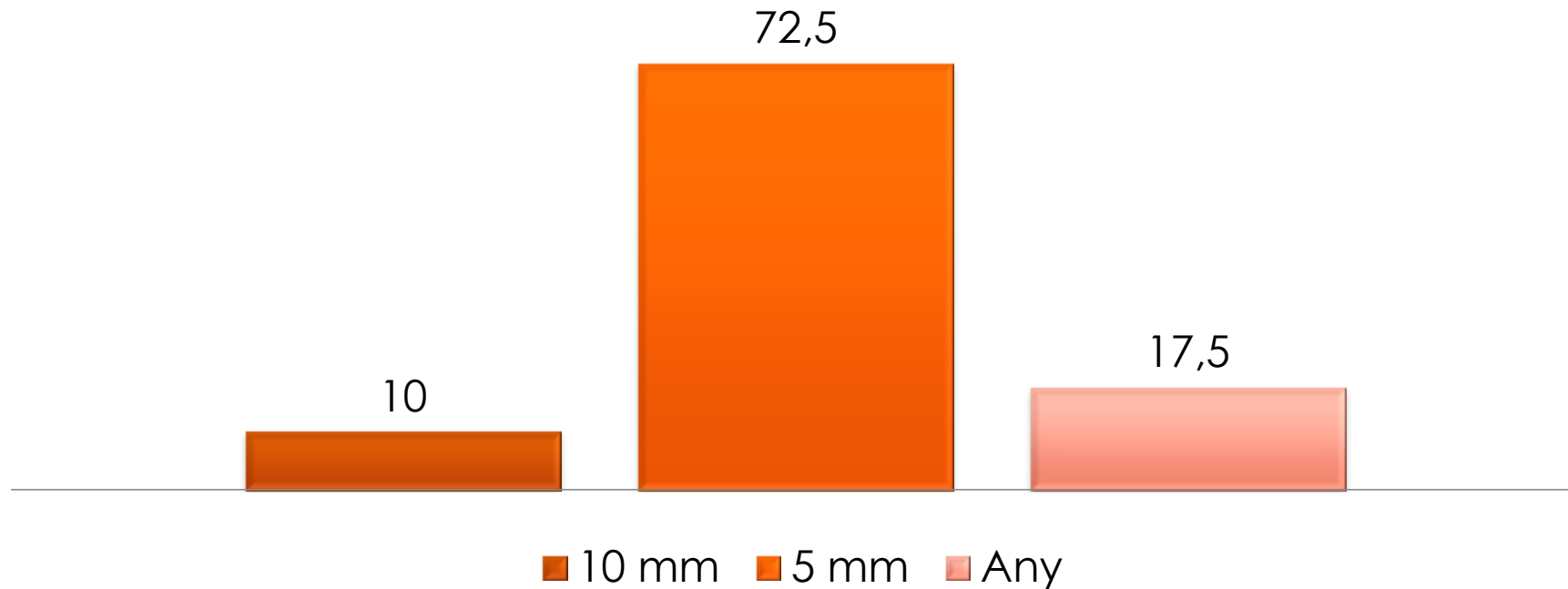
Chemotherapy Preference For Regimen

Are there reasons other than tumor characteristics to prefer specific CT regimens?



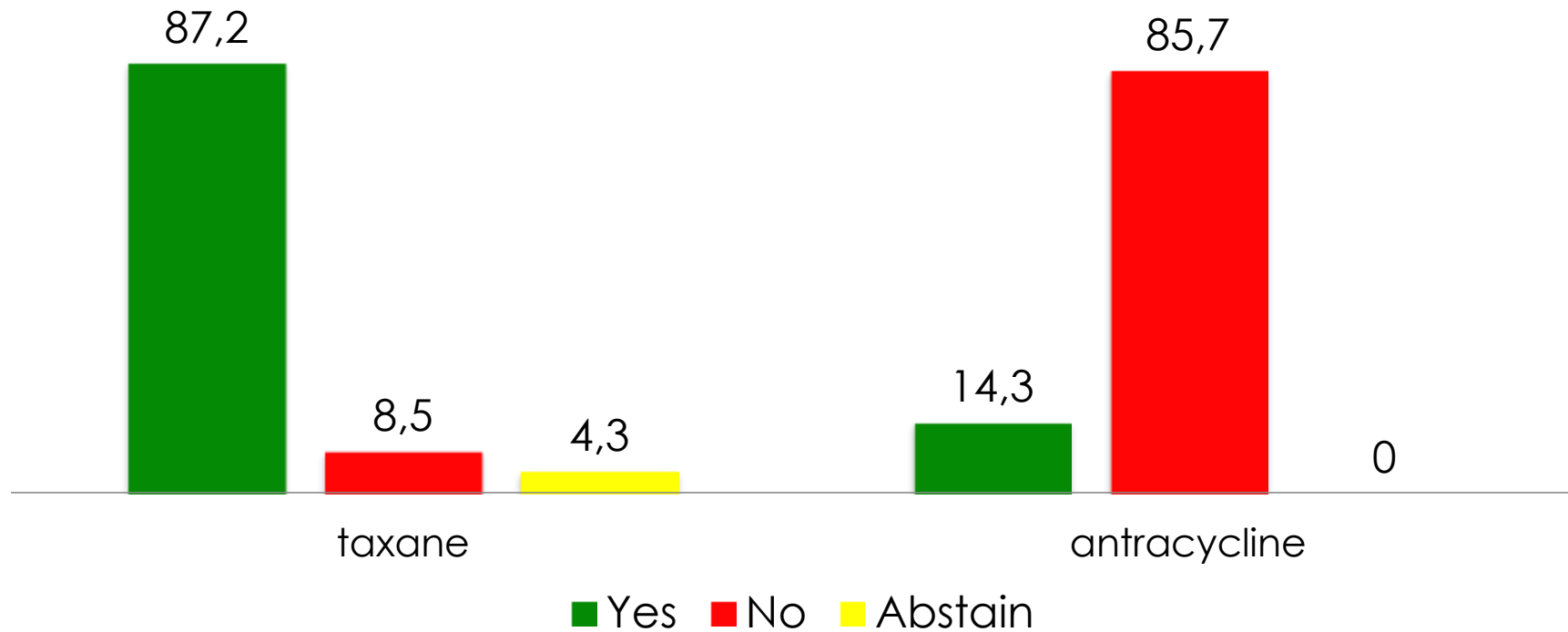
Anti HER-2 Therapy

Minimum T size (invasive diameter) requiring trastuzumab:



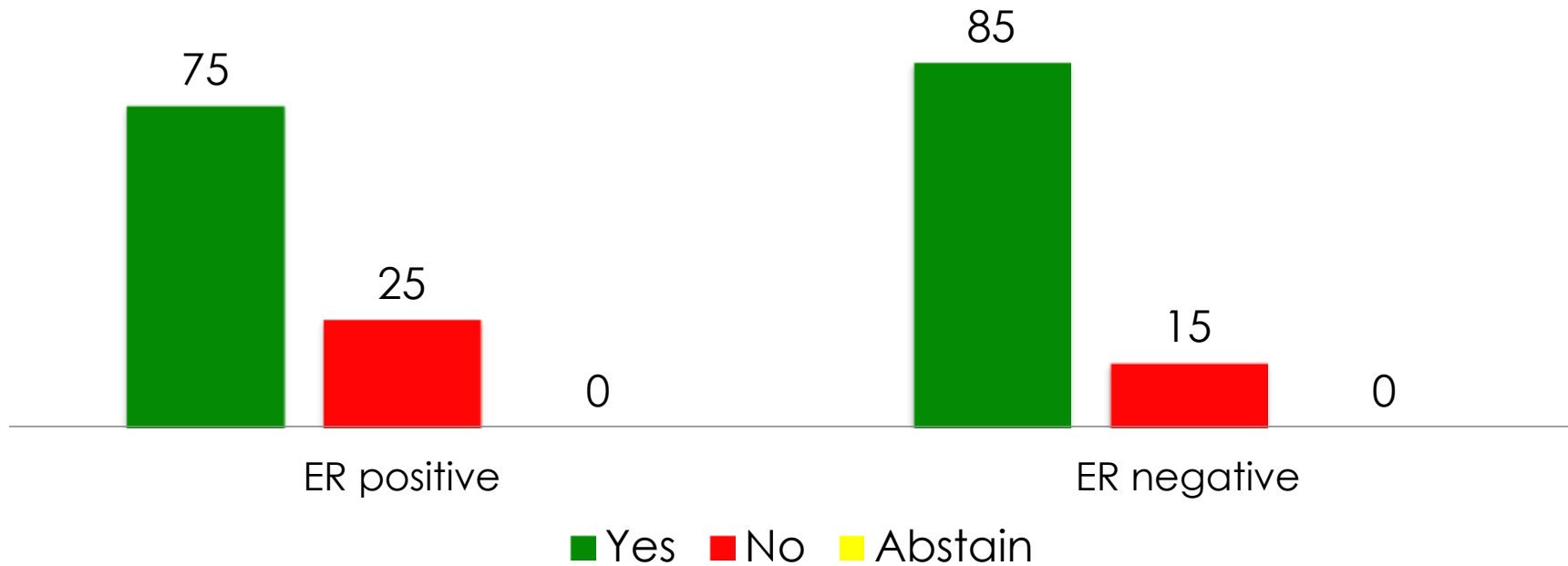
Anti HER-2 Therapy

Trastuzumab should be given concurrent with:



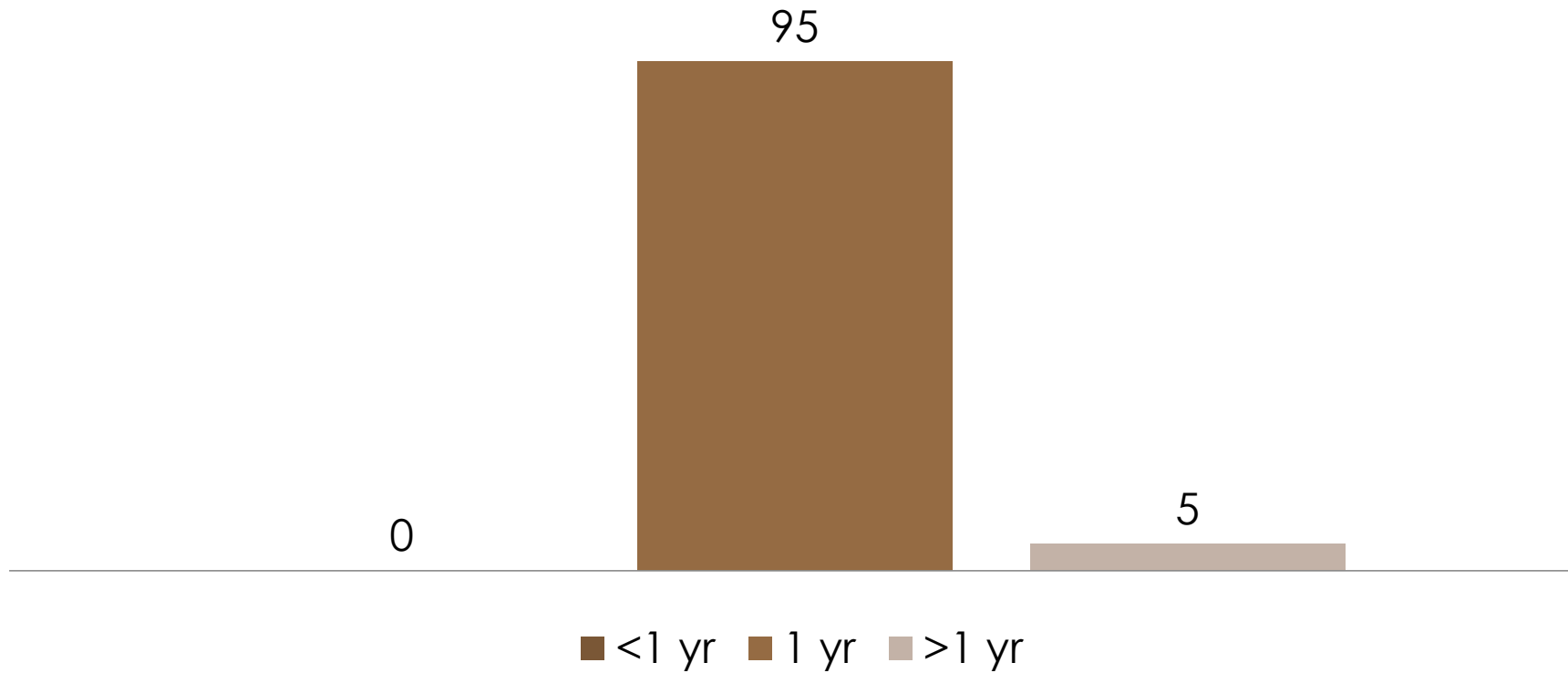
Anti HER-2 Therapy

Trastuzumab (+/- endocrine therapy) if CT contraindicated



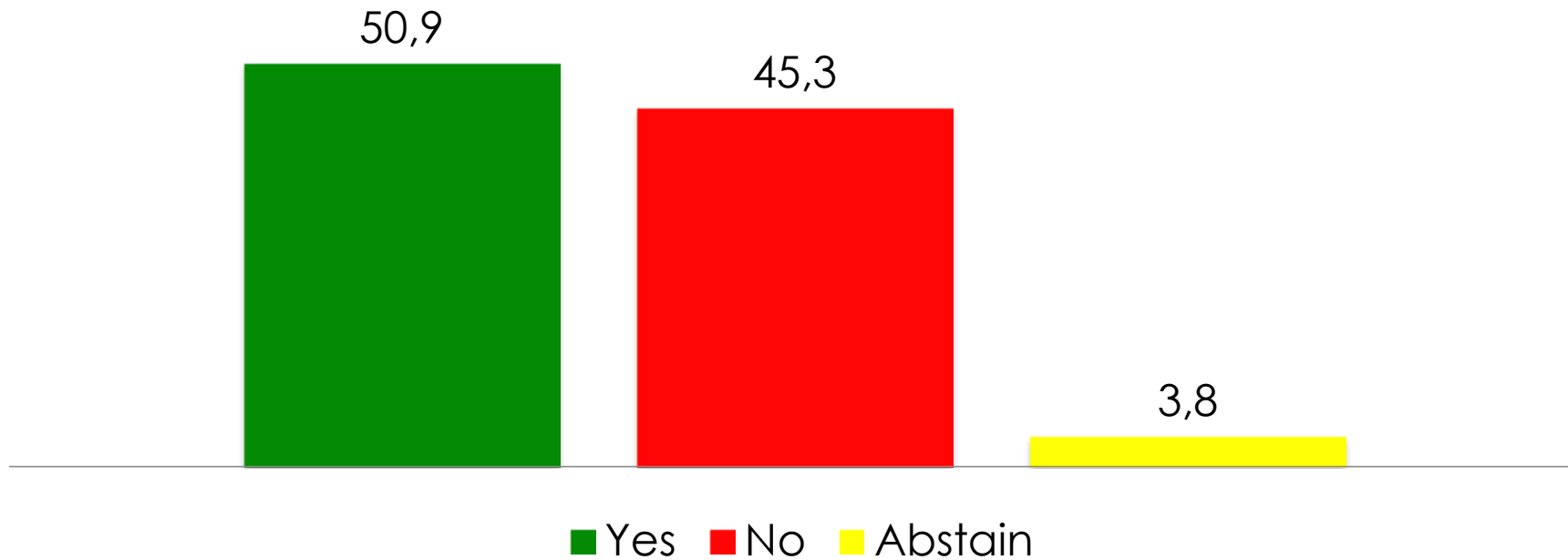
Anti HER-2 Therapy

Preferred duration of trastuzumab:



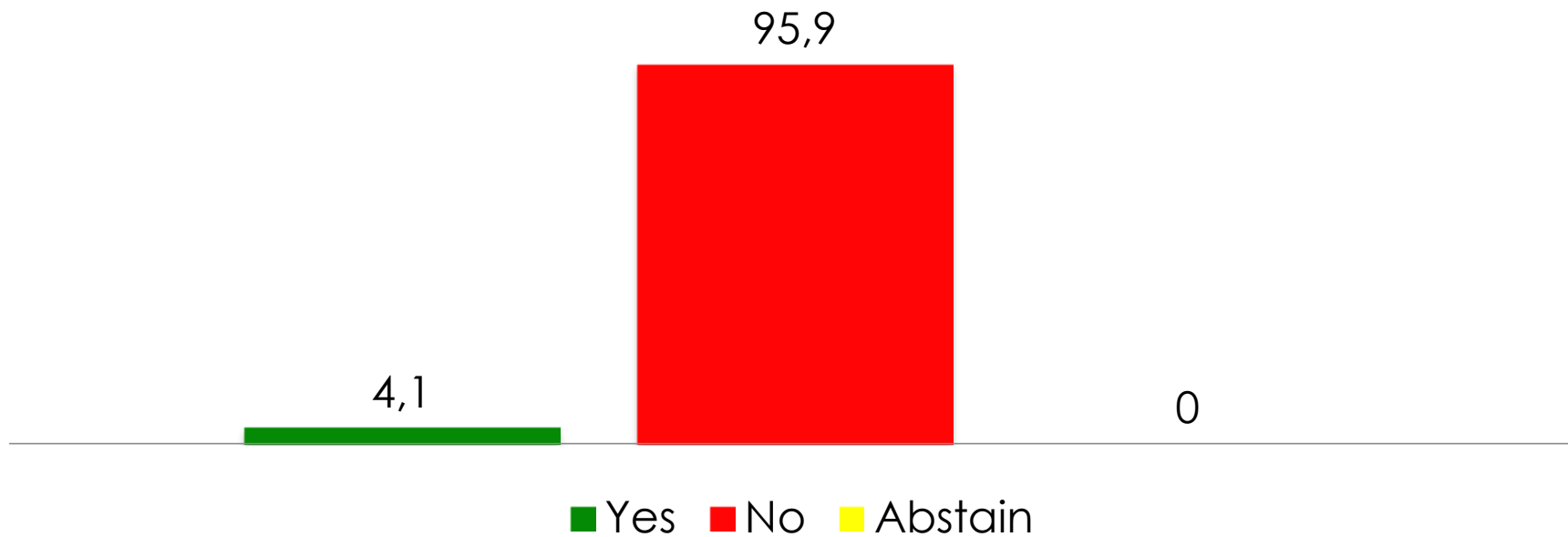
Neoadjuvant Systemic Therapy

Should the only aims of neoadjuvant CT be to facilitate subsequent local therapies?



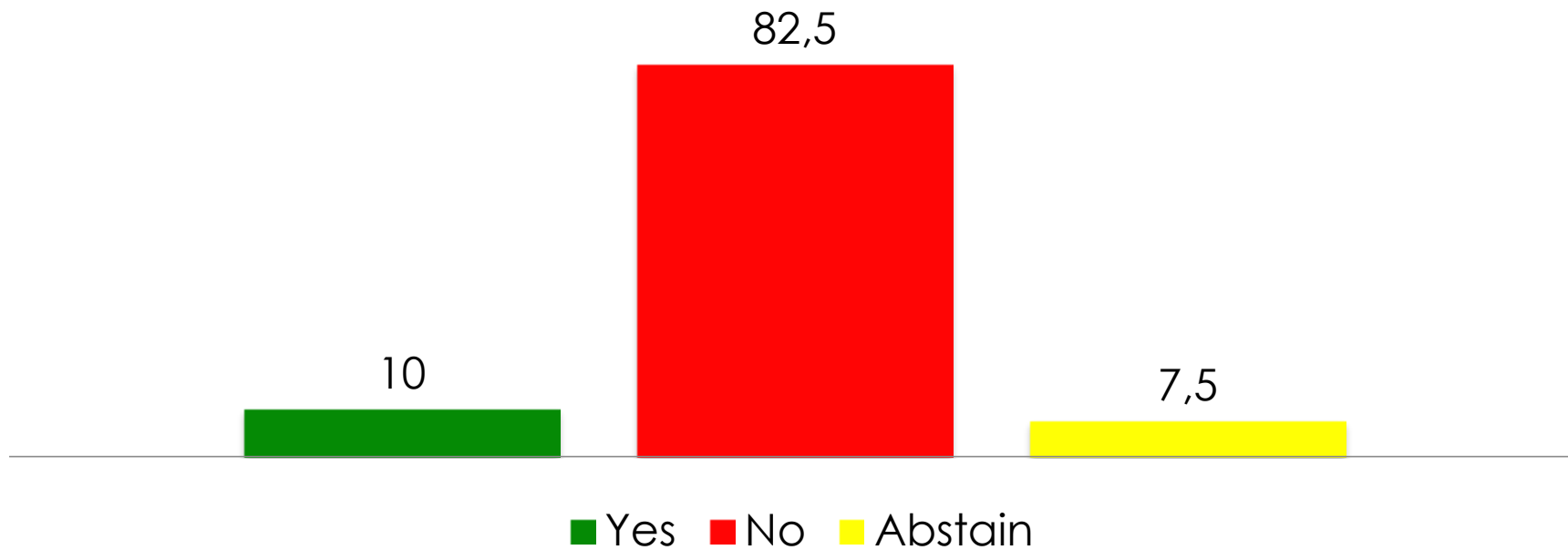
Neoadjuvant Systemic Therapy

After pCR to neoadjuvant CT subsequent adjuvant CT should be given?



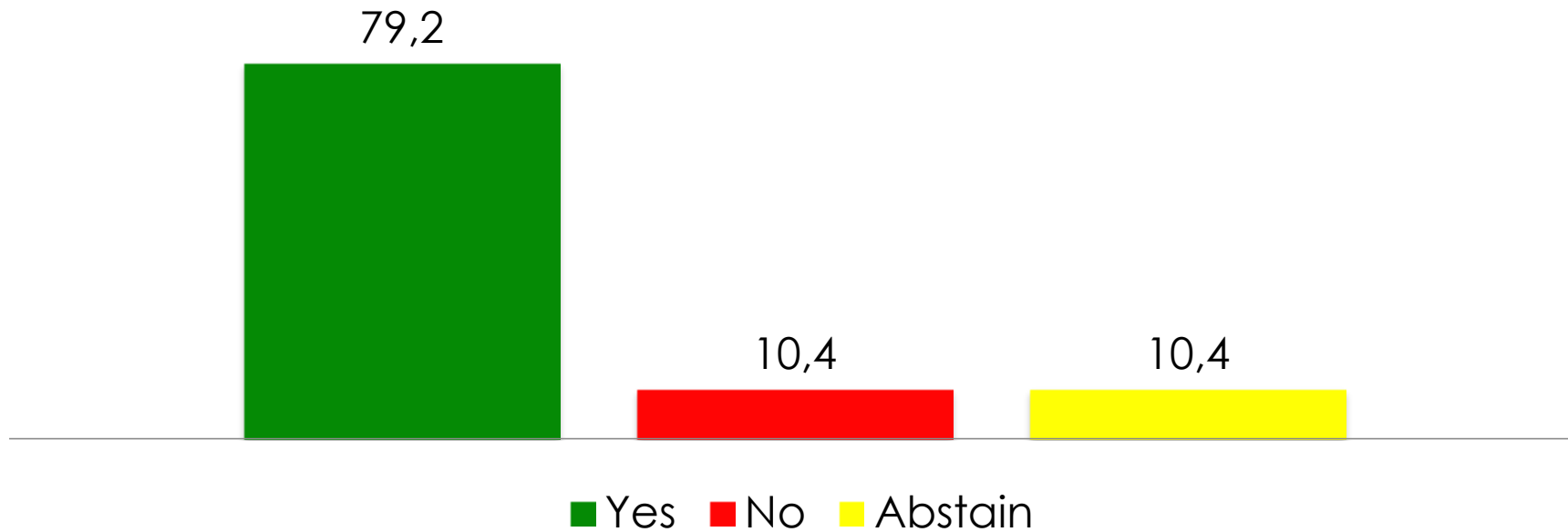
Neoadjuvant Systemic Therapy

**After failure to achieve pCR with neoadjuvant CT,
subsequent adjuvant CT should be given?**



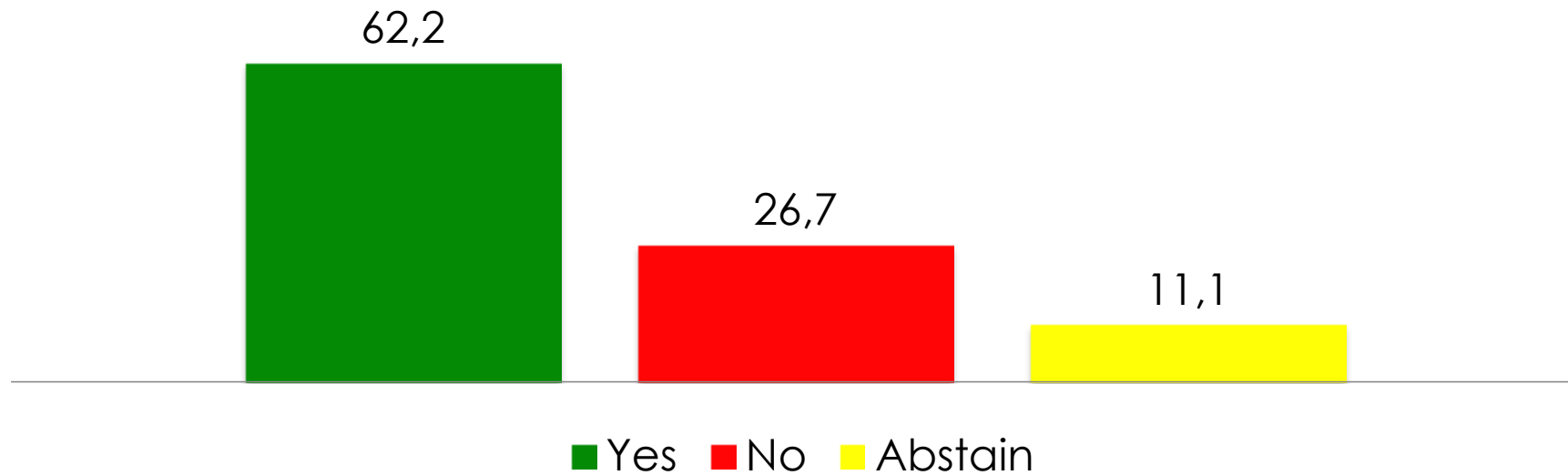
Neoadjuvant Systemic Therapy

If you are given neoadjuvant CT it is preferred to give entire CT upfront



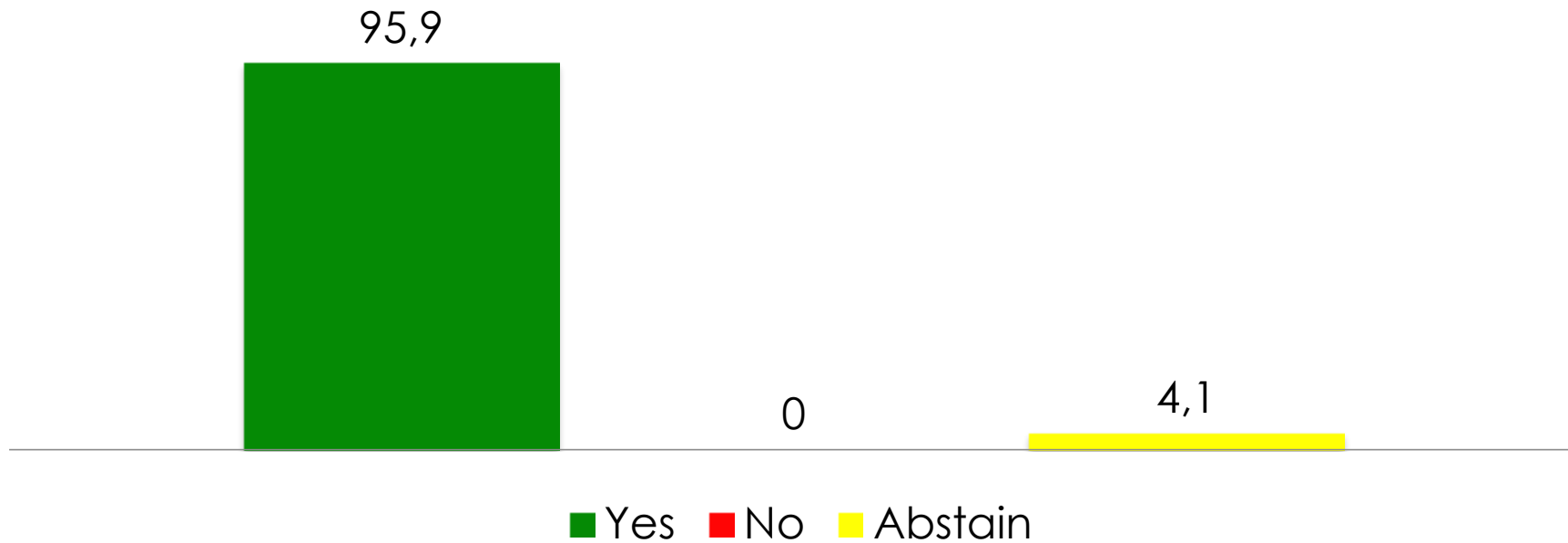
Neoadjuvant Systemic Therapy

If you have given a less than complete course of chemotherapy and the patient has a pCR, is additional chemotherapy warranted?



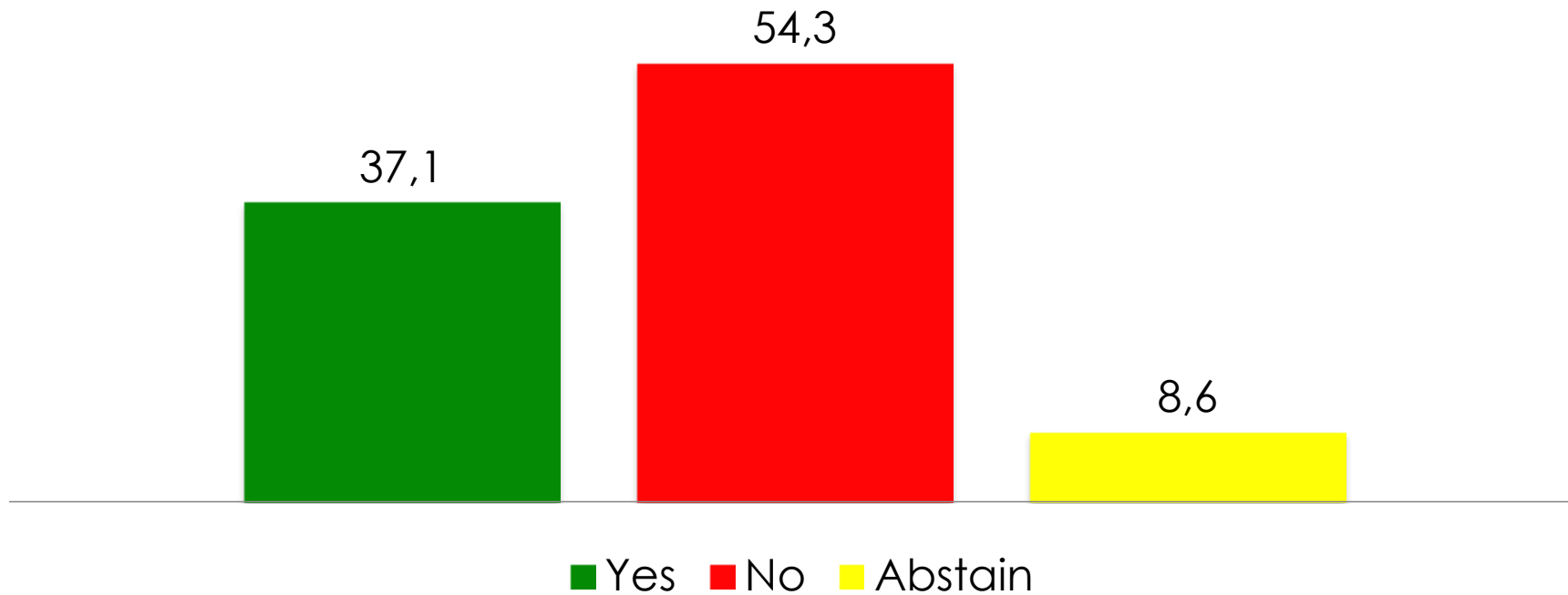
Neoadjuvant Systemic Therapy HER2 Positive Disease

Should neoadjuvant systemic therapy contain anti
Her2 drugs?



Neoadjuvant Systemic Therapy HER2 Positive Disease

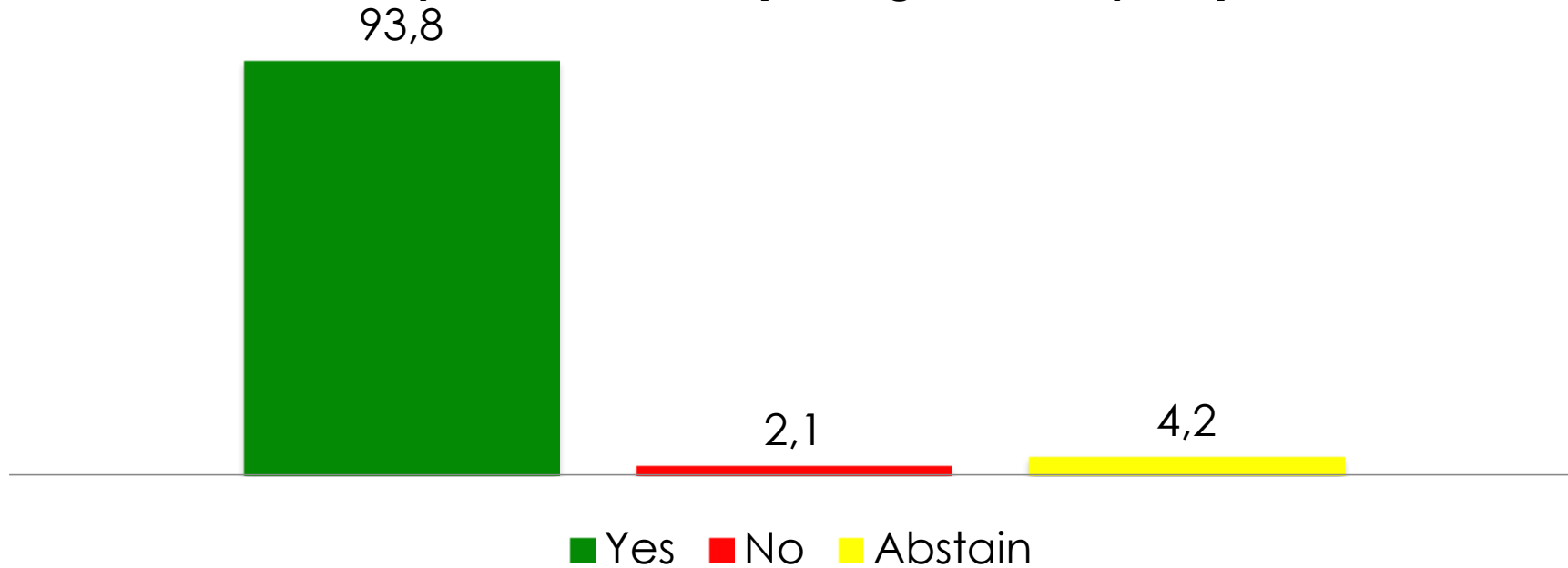
Should dual HER2-targeting be recommended in the preoperative setting for Her2-positive disease?



Neoadjuvant Systemic Therapy

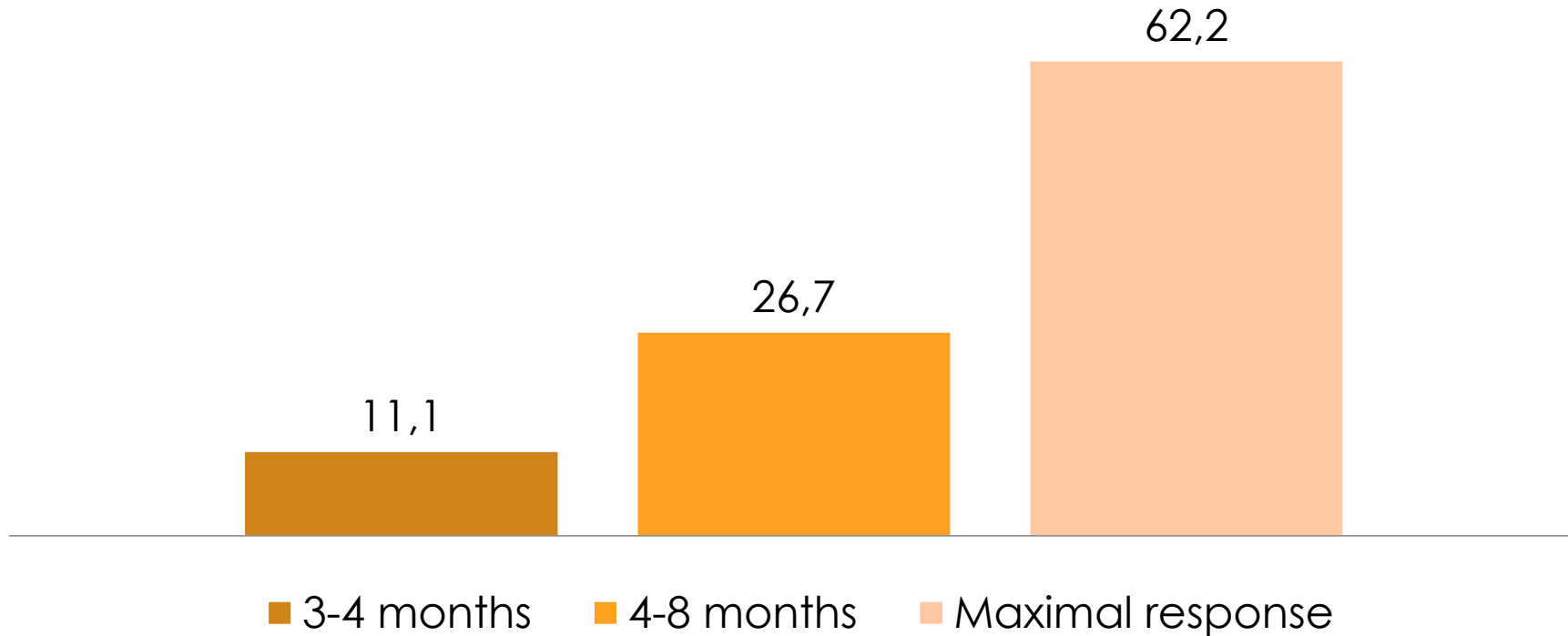
Endocrine Therapy

Is neoadjuvant endocrine therapy alone a reasonable option for postmenopausal patients with high endocrine responsive tumor? (i.e. High ER, low prolifer)



Neoadjuvant Systemic Therapy Endocrine Therapy

In which duration?

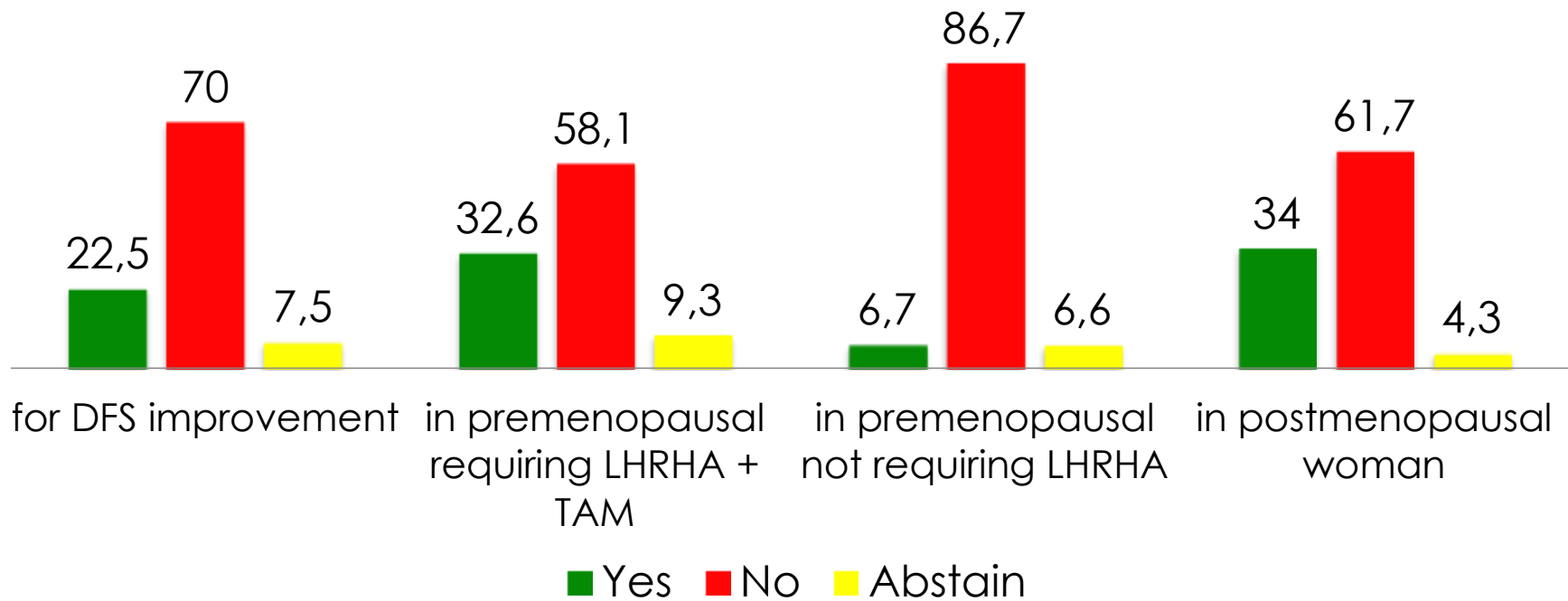


Conference Topic

Bisphosphonates

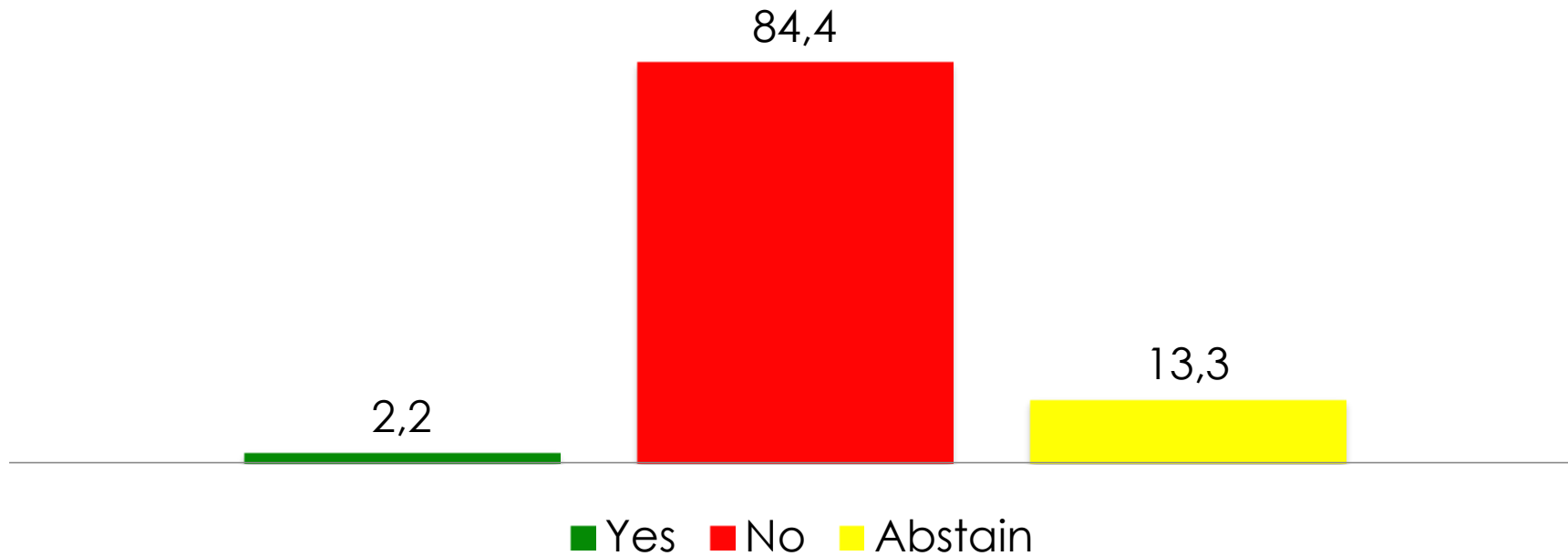
Bisphosphonates

Is zoledronic acid given every 6 months with adjuvant chemotherapy indicated?



Bisphosphonates

Should adjuvant denosumab substitute for zoledronic acid?

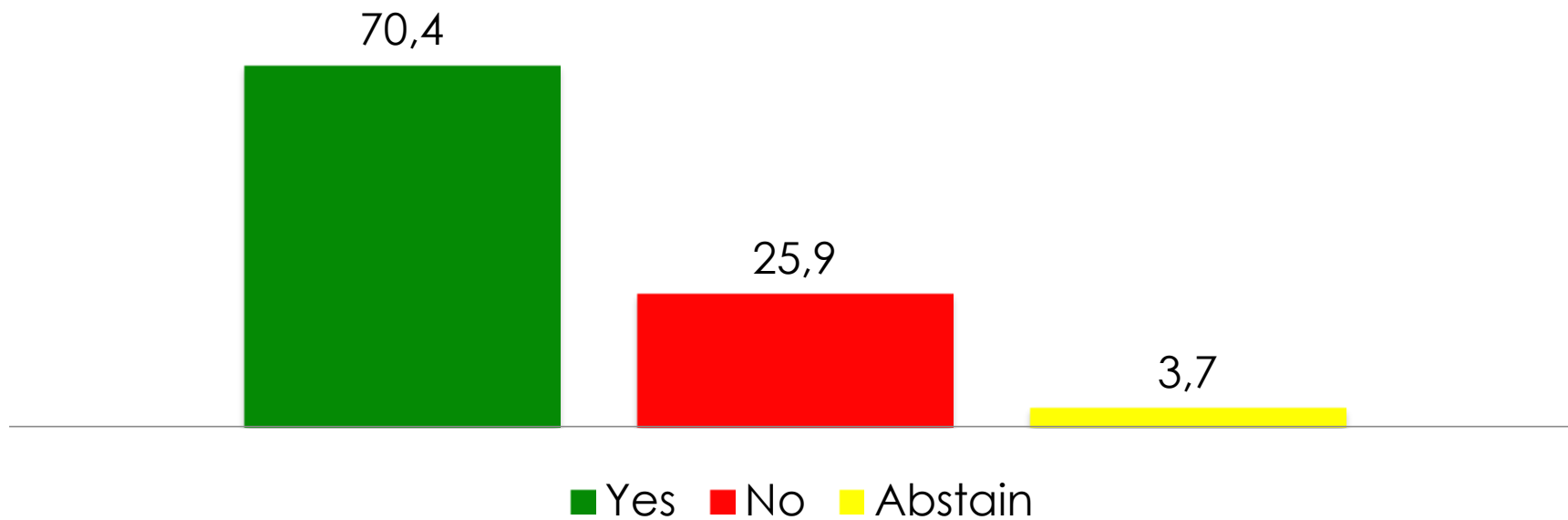


Conference Topic

Follow-up

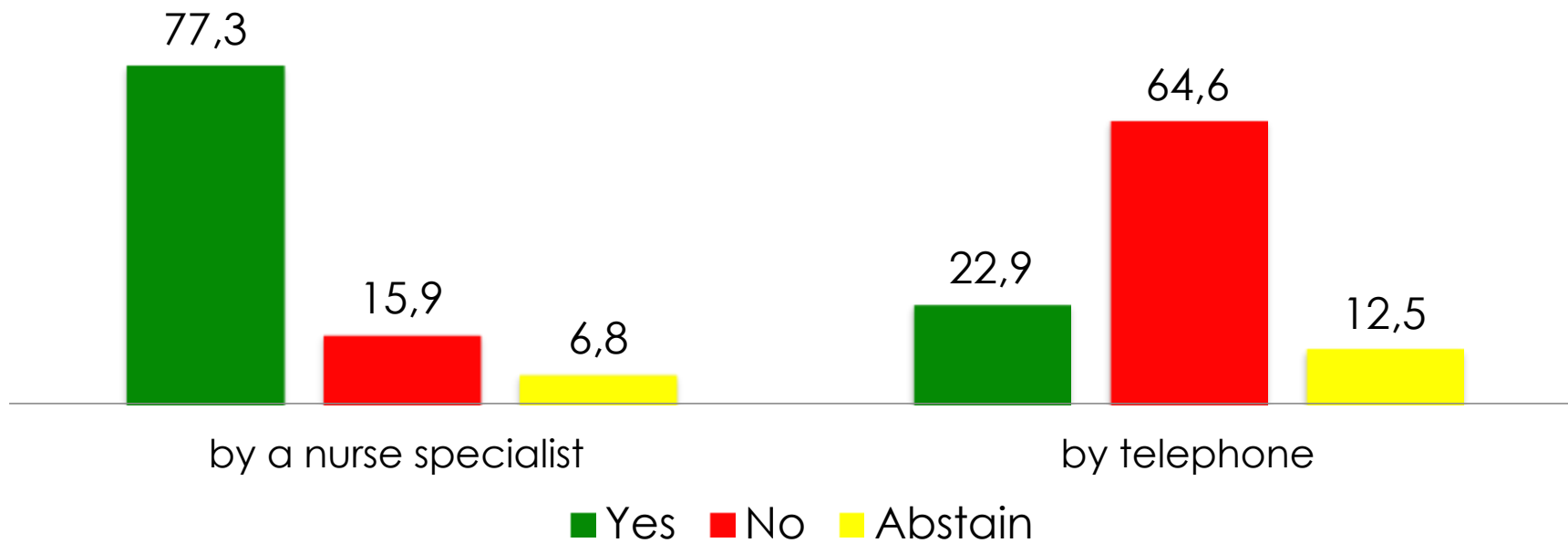
Follow-up After Early Breast Cancer

Should all patients have regular follow-up with their **surgeon/oncologist** (excluding long term endocrin therapy)?



Follow-up After Early Breast Cancer

Is regular follow-up by **a nurse specialist** or by **telephone** is an acceptable follow-up?



Follow-up After Early Breast Cancer

Should patients have any form of routine imaging apart from mammography as part of their follow-up?

